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# Self Aware Universe

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Mindful Universe

The Cognitive-Theoretic Model of the Universe: A

New Kind of Reality Theory

The Self-Aware Universe

The Self-organizing Universe

My Stroke of Insight

The Everything Answer Book

The Universe Is a Green Dragon

Conscious Evolution

Quantum Creativity

Quantum Mechanics

The Reflexive Universe

You Are the Universe

Spiritual Science

The Visionary Window

The Quantum Doctor

Living in a Mindful Universe

The Self-aware Universe

The Hidden Spring: A Journey to the Source of

Consciousness

Being You

Cloud Atlas (20th Anniversary Edition)

Biocentrism

The Runes of Evolution

How Consciousness Creates Reality

How to Live Safely in a Science Fictional Universe

(Enhanced Edition)

The Physics of God

The 48 Laws of Power

The Accidental Universe  
The Conscious Universe  
The Moon Is a Harsh Mistress  
Feeling & Knowing  
I Am Sorry for Everything in the Whole Entire  
Universe  
Is Consciousness the Unified Field?  
How Quantum Activism Can Save Civilization  
Physics of the Soul  
Spiritual Solutions  
The View From the Center of the Universe  
God Is Not Dead  
Our Own Private Universe  
The Cosmic Dancers  
Creative Evolution

*Self Aware  
Universe*

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## **GAIGE MILA**

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### **Mindful Universe**

CreateSpace  
Life is full of  
challenges, both big  
and small. Spirituality  
is here to offer  
solutions. Over the  
course of his career as  
physician, teacher, and  
bestselling author,  
Deepak Chopra has

received thousands of  
questions from people  
facing every kind of  
challenge. They have  
asked how to lead  
more fulfilling lives,  
how to overcome  
relationship problems  
and personal  
obstacles. What's the  
best way to deal with a  
passive-aggressive  
friend? Can a stagnant  
career be jump-  
started? In a world full  
of distractions and

stress, how does one find time for meditation? Hidden among all of these questions are answers waiting to be uncovered. In this groundbreaking book, Chopra shows you how to expand your awareness, which is the key to the confusion and conflict we all face. "The secret is that the level of the problem is never the level of the solution," he writes. By rising to the level of the solution in your own awareness, you can transform obstacles into opportunities. Chopra leads the reader to what he calls "the true self," where peace, clarity, and wisdom serve as guides in times of crisis. For Chopra, spirituality is primarily about consciousness, not

about religious dogma or relying on the conventional notion of God. "There is no greater power for success and personal growth than your own awareness." With practical insight, *Spiritual Solutions* provides the tools and strategies to enable you to meet life's challenges from within and to experience a sense of genuine fulfillment and purpose.

**The Cognitive-Theoretic Model of the Universe: A New Kind of Reality**

**Theory** Penguin

How did human beings acquire imaginations that can conjure up untrue possibilities? How did the Universe become self-aware? In *The Runes of Evolution*, Simon Conway Morris revitalizes the study of

evolution from the perspective of convergence, providing us with compelling new evidence to support the mounting scientific view that the history of life is far more predictable than once thought. A leading evolutionary biologist at the University of Cambridge, Conway Morris came into international prominence for his work on the Cambrian explosion (especially fossils of the Burgess Shale) and evolutionary convergence, which is the process whereby organisms not closely related (not monophyletic), independently evolve similar traits as a result of having to adapt to similar environments or ecological niches. In *The Runes of Evolution*,

he illustrates how the ubiquity of convergence hints at an underlying framework whereby many outcomes, not least brains and intelligence, are virtually guaranteed on any Earth-like planet. Conway Morris also emphasizes how much of the complexity of advanced biological systems is inherent in microbial forms. By casting a wider net, *The Runes of Evolution* explores many neglected evolutionary questions. Some are remarkably general. Why, for example, are convergences such as parasitism, carnivory, and nitrogen fixation in plants concentrated in particular taxonomic hot spots? Why do certain groups have a particular propensity to evolve toward

particular states? Some questions lead to unexpected evolutionary insights: If bees sleep (as they do), do they dream? Why is that insect copulating with an orchid? Why have sponges evolved a system of fiber optics? What do mantis shrimps and submarines have in common? If dinosaurs had not gone extinct what would have happened next? Will a saber-toothed cat ever re-evolve? Cona Morris observes: "Even amongst the mammals, let alone the entire tree of life, humans represent one minute twig of a vast (and largely fossilized) arborescence. Every living species is a linear descendant of an immense string of now-vanished ancestors,

but evolution itself is the very reverse of linear. Rather it is endlessly exploratory, probing the vast spaces of biological hyperspace. Indeed this book is a celebration of how our world is (and was) populated by a riot of forms, a coruscating tapestry of life." The Runes of Evolution is the most definitive synthesis of evolutionary convergence to be published to date.

**The Self-Aware Universe** Penguin  
NEW YORK TIMES  
BESTSELLER • Deepak Chopra joins forces with leading physicist Menas Kafatos to explore some of the most important and baffling questions about our place in the world. "A riveting and absolutely fascinating

adventure that will blow your mind wide open!" —Dr. Rudolph E. Tanzi

What happens when modern science reaches a crucial turning point that challenges everything we know about reality? In this brilliant, timely, and practical work, Chopra and Kafatos tell us that we've reached just such a point. In the coming era, the universe will be completely redefined as a "human universe" radically unlike the cold, empty void where human life is barely a speck in the cosmos. You Are the Universe literally means what it says--each of us is a co-creator of reality extending to the vastest reaches of time and space. This seemingly impossible proposition follows from the current state

of science, where outside the public eye, some key mysteries cannot be solved, even though they are the very issues that define reality itself:

- What Came Before the Big Bang?
- Why Does the Universe Fit Together So Perfectly?
- Where Did Time Come From?
- What Is the Universe Made Of?
- Is the Quantum World Linked to Everyday Life?
- Do We Live in a Conscious Universe?
- How Did Life First Begin?

"The shift into a new paradigm is happening," the authors write. "The answers offered in this book are not our invention or eccentric flights of fancy. All of us live in a participatory universe. Once you decide that you want to participate fully with mind, body,

and soul, the paradigm shift becomes personal. The reality you inhabit will be yours either to embrace or to change." What these two great minds offer is a bold, new understanding of who we are and how we can transform the world for the better while reaching our greatest potential.

*The Self-organizing Universe* Red

Wheel/Weiser

"Quantum physics is not only the future of science but also the key to understanding consciousness, God, psychology, death, and the meaning of life," says Dr. Amit Goswami. It is an antidote to the moral sterility and mechanistic approach of scientific materialism and is the

best and clearest approach to understanding our universe. In short, quantum physics is indeed the theory of everything. In sixteen chapters, Goswami and his friends and colleagues discuss how quantum physics affects our understanding of the following: Zen, Thought, feeling and intuition, Dreams, Quantum reincarnation, Free will and creativity, The spiritualization of economics and business, politics, education, and society itself."--Back cover.

[My Stroke of Insight](#)  
Macmillan

Robert Lanza is one of the most respected scientists in the world a US News and World Report cover story called him a genius

and a renegade thinker, even likening him to Einstein. Lanza has teamed with Bob Berman, the most widely read astronomer in the world, to produce Biocentrism, a revolutionary new view of the universe. Every now and then a simple yet radical idea shakes the very foundations of knowledge. The startling discovery that the world was not flat challenged and ultimately changed the way people perceived themselves and their relationship with the world. For most humans of the 15th century, the notion of Earth as ball of rock was nonsense. The whole of Western, natural philosophy is undergoing a sea change again, increasingly being

forced upon us by the experimental findings of quantum theory, and at the same time, toward doubt and uncertainty in the physical explanations of the universes genesis and structure. Biocentrism completes this shift in worldview, turning the planet upside down again with the revolutionary view that life creates the universe instead of the other way around. In this paradigm, life is not an accidental byproduct of the laws of physics. Biocentrism takes the reader on a seemingly improbable but ultimately inescapable journey through a foreign universe our own from the viewpoints of an acclaimed biologist and a leading astronomer. Switching perspective from physics to biology

unlocks the cages in which Western science has unwittingly managed to confine itself. Biocentrism will shatter the readers ideas of life--time and space, and even death. At the same time it will release us from the dull worldview of life being merely the activity of an admixture of carbon and a few other elements; it suggests the exhilarating possibility that life is fundamentally immortal. The 21st century is predicted to be the Century of Biology, a shift from the previous century dominated by physics. It seems fitting, then, to begin the century by turning the universe outside-in and unifying the foundations of science with a simple idea discovered by one

of the leading life-scientists of our age. Biocentrism awakens in readers a new sense of possibility, and is full of so many shocking new perspectives that the reader will never see reality the same way again.

*The Everything Answer Book* New World Library

Ideal for a one-semester, senior-level or first-year graduate-level course, *Quantum Mechanics*, by Amit Goswami, presents the fundamental aspects of the field in a well-written and up-to-date manner.

### **The Universe Is a Green Dragon**

Harmony

In this strikingly original book, a world-renowned cosmologist and an innovative writer of the history and philosophy of

science uncover an astonishing truth: Humans actually are central to the universe. What does this mean for our culture and our personal lives? The answer is revolutionary: a science-based cosmology that allows us to understand the universe as a whole and our extraordinary place in it.

*Conscious Evolution*  
Templeton Foundation  
Press

In this stimulating and timely book, Amit Goswami, PhD, shatters the widely popular belief held by Western science that matter is the primary "stuff" of creation and proposes instead that consciousness is the true foundation of all we know and perceive. His explanation of quantum physics for

lay readers, called "a model of clarity" by Kirkus Reviews, sets the stage for a voyage of discovery through the common ground of science and religion, the entwined nature of mind and body, and our interconnectedness with all of creation.

*Quantum Creativity* W.  
W. Norton & Company

This is the abridged version of the book of the same title, written out of the desire to examine the structure of our reality from a standpoint unbiased by established teachings, be they academic-scientific, popular-esoteric, or religious in nature. Claus Janew begins with seemingly simple interactions in our daily lives, examines how they originate on a deeper level, comes to understand the

essentials of consciousness, and finally recognizes that we create our reality in its entirety. In the course of this quest, the reader will uncover little-headed paths to accessing the subconscious, other individuals, and that which can be understood by the term "God". And the solution to the classical problem of free will constitutes the gist of the concepts thus revealed. You do not need to bring previous philosophical knowledge to the reading of this text, but simply an interest in fundamental interconnections, a certain openness and the willingness to think along. This is a treatise which explains the most fundamental results of the authors

research and their respective central argument, and which can serve as a stimulus for a more extensive examination of reality.

May it bring you thoughtful pleasure and subtle delight.

Quantum Mechanics

Quest Books

#1 INTERNATIONAL  
BESTSELLER • A

timeless, structure-bending classic that explores how actions of individual lives impact the past, present and future—from a postmodern visionary and one of the leading voices in fiction

Featuring a new afterword by David Mitchell and a new introduction by Gabrielle Zevin, author of *Tomorrow*, and *Tomorrow One* of the *New York Times's* 100 Best Books of the 21st

Century • Shortlisted for the International Booker Prize *Cloud Atlas* begins in 1850 with Adam Ewing, an American notary voyaging from the Chatham Isles to his home in California. Ewing is befriended by a physician, Dr. Goose, who begins to treat him for a rare species of brain parasite. The novel careens, with dazzling virtuosity, to Belgium in 1931, to the West Coast in the 1970s, to an inglorious present-day England, to a Korean superstate of the near future where neocapitalism has run amok, and, finally, to a postapocalyptic Iron Age Hawaii in the last days of history. But the story doesn't end even there. The novel boomerangs back through centuries and

space, returning by the same route, in reverse, to its starting point. Along the way, David Mitchell reveals how his disparate characters connect, how their fates intertwine, and how their souls drift across time like clouds across the sky. As wild as a video game, as mysterious as a Zen koan, *Cloud Atlas* is an unforgettable tour de force that, like its incomparable author, has transcended its cult classic status to become a worldwide phenomenon. [The Reflexive Universe](#)  
Hampton Roads Publishing  
From one of the world's leading neuroscientists: a succinct, illuminating, wholly engaging investigation of how biology, neuroscience,

psychology, and artificial intelligence have given us the tools to unlock the mysteries of human consciousness “One thrilling insight after another ... Damasio has succeeded brilliantly in narrowing the gap between body and mind.” —The New York Times Book Review In recent decades, many philosophers and cognitive scientists have declared the problem of consciousness unsolvable, but Antonio Damasio is convinced that recent findings across multiple scientific disciplines have given us a way to understand consciousness and its significance for human life. In the forty-eight brief chapters of *Feeling & Knowing*, and

in writing that remains faithful to our intuitive sense of what feeling and experiencing are about, Damasio helps us understand why being conscious is not the same as sensing, why nervous systems are essential for the development of feelings, and why feeling opens the way to consciousness writ large. He combines the latest discoveries in various sciences with philosophy and discusses his original research, which has transformed our understanding of the brain and human behavior. Here is an indispensable guide to understanding how we experience the world within and around us and find our place in the universe.

**You Are the Universe** Rodale

## Books

Fifteen-year-old Aki Simon has a theory. And it's mostly about sex. No, it isn't that kind of theory. Aki already knows she's bisexual—even if, until now, it's mostly been in the hypothetical sense. Aki has dated only guys so far, and her best friend, Lori, is the only person who knows she likes girls, too. Actually, Aki's theory is that she's got only one shot at living an interesting life—and that means she's got to stop sitting around and thinking so much. It's time for her to actually do something. Or at least try. So when Aki and Lori set off on a church youth-group trip to a small Mexican town for the summer and Aki meets Christa—slightly older, far more

experienced—it seems her theory is prime for the testing. But it's not going to be easy. For one thing, how exactly do two girls have sex, anyway? And more important, how can you tell if you're in love? It's going to be a summer of testing theories—and the result may just be love. *Spiritual Science* Mega Foundation Press Amoral, cunning, ruthless, and instructive, this multi-million-copy New York Times bestseller is the definitive manual for anyone interested in gaining, observing, or defending against ultimate control - from the author of *The Laws of Human Nature*. In the book that *People* magazine proclaimed “beguiling” and “fascinating,” Robert Greene and Joost

Elffers have distilled three thousand years of the history of power into 48 essential laws by drawing from the philosophies of Machiavelli, Sun Tzu, and Carl Von Clausewitz and also from the lives of figures ranging from Henry Kissinger to P.T. Barnum. Some laws teach the need for prudence ("Law 1: Never Outshine the Master"), others teach the value of confidence ("Law 28: Enter Action with Boldness"), and many recommend absolute self-preservation ("Law 15: Crush Your Enemy Totally"). Every law, though, has one thing in common: an interest in total domination. In a bold and arresting two-color package, *The 48 Laws of Power* is ideal whether your aim

is conquest, self-defense, or simply to understand the rules of the game.

### **The Visionary**

#### **Window** Penguin

"Transformative...[Taylor's] experience...will shatter [your] own perception of the world."—ABC News  
The astonishing New York Times bestseller that chronicles how a brain scientist's own stroke led to enlightenment  
On December 10, 1996, Jill Bolte Taylor, a thirty-seven-year-old Harvard-trained brain scientist experienced a massive stroke in the left hemisphere of her brain. As she observed her mind deteriorate to the point that she could not walk, talk, read, write, or recall any of her life—all within four hours—Taylor alternated between the euphoria of the

intuitive and kinesthetic right brain, in which she felt a sense of complete well-being and peace, and the logical, sequential left brain, which recognized she was having a stroke and enabled her to seek help before she was completely lost. It would take her eight years to fully recover. For Taylor, her stroke was a blessing and a revelation. It taught her that by "stepping to the right" of our left brains, we can uncover feelings of well-being that are often sidelined by "brain chatter." Reaching wide audiences through her talk at the Technology, Entertainment, Design (TED) conference and her appearance on Oprah's online Soul Series, Taylor provides a valuable recovery

guide for those touched by brain injury and an inspiring testimony that inner peace is accessible to anyone.

The Quantum Doctor  
WCB/McGraw-Hill

By denying evolution altogether, says quantum physicist Amit Goswani, intelligent design believers fly in the face of scientific data. But the idea of intelligent design does contain substance that neo-Darwinists cannot ignore. Goswani posits that consciousness, not matter, is the primary force in the universe. Biology must come to terms with feeling, meaning, and the purposefulness of life, as well as with the idea of a designer. What's more, reconciling the question of life's purposefulness and the existence of the

designer with neo-Darwinism also answers many other difficult questions. The result is a paradigm shift for biology and the vision of a coherent whole that Goswami calls "science within consciousness." In this timely, important book, the author offers clear arguments supported by the findings of quantum physics that represent a major step in resolving controversies between science and religion.

**Living in a Mindful Universe** Watkins

Media Limited  
The book, with its emphasis on the interaction of microstructures with the entire biosphere, ecosystems etc., and on how micro- and macrocosmos mutually create the conditions for their further

evolution, provides a comprehensive framework for a deeper understanding of human creativity in a time of transition.

**The Self-aware Universe** Penguin

"Kyle Flak is like Doc Brown from Back to the Future because he actually believes that by arranging all of his holy junk and ugly love into the right shape and allowing lightning to strike he can create the magic that will one day heal his heart. In other words, if you cut this book open, a rabbit will fall out." Ben Kopel, author of *Victory The Hidden Spring: A Journey to the Source of Consciousness* Springer Science & Business Media

"Dr. Amit Goswami is one of the most brilliant minds in the world of science. His

insights into the relationship between physics and consciousness have deeply influenced by understanding, and I am deeply grateful to him. Physics of the Soul is both challenging and brilliant." —Deepak Chopra *Quantum Physics and Spirituality Made Simple* At last, science and the soul shake hands. Writing in a style that is both lucid and charming, mischievous and profound, Dr. Amit Goswami uses the language and concepts of quantum physics to explore and scientifically prove metaphysical theories of reincarnation and immortality. In *Physics of the Soul*, Goswami helps readers understand the perplexities of the

quantum physics model of reality and the perennial beliefs of spiritual and religious traditions. He shows how they are not only compatible but also provide essential support for each other. The result is a deeply broadened, exciting, and enriched worldview that integrates mind and spirit into science. *Being You* Hampton Roads Publishing A "pioneering" physicist "shows how quantum reasoning may resolve deep mysteries, including the nature of God [and] evolution" (Beverly Rubik, PhD, Biophysicist, Institute for Frontier Science, Adjunct Professor, Saybrook). Move over, Richard Dawkins and Christopher Hitchens—a highly

regarded nuclear physicist enters the debate about the existence of God—and comes down on the side of the angels. Goswami's hypothesis is that quantum physics holds the key to all the unsolved mysteries of biology—the nature and origin of life, fossil gaps of evolution, why evolution proceeds from simple to complex, and why biological beings have feeling and consciousness. In *God is Not Dead*, Goswami moves beyond theory and shows how a God-based science puts ethics and values where it belongs: at the center of our lives and societies. He provides a scientific model that steers between scientific materialism and

religious fundamentalism; a model that has implications for how we live both individually and collectively. *God is Not Dead* is a fascinating tour of quantum physics, consciousness, and the existence and experience of God. *Cloud Atlas (20th Anniversary Edition)* Hay House, Inc  
Dr. Eben Alexander, author of international phenomenon *Proof of Heaven*, shares the next phase of his journey to understand the true nature of consciousness and how to cultivate a state of harmony with the universe and our higher purpose. In 2008, Dr. Eben Alexander's brain was severely damaged by a devastating case of bacterial meningitis,

and he lapsed into a weeklong coma. It was almost certainly a death sentence, but he miraculously survived and brought back with him an astounding story. During those 7 days in coma, he was plunged into the deepest realms of consciousness and came to understand profound truths about the universe we inhabit. What he learned changed everything he knew about the brain, mind, and consciousness and drove him to ask a question confounding the entire scientific community: How do you explain the origins of consciousness if it is not a byproduct of the brain? His challenge relates to a revolutionary shift now underway within our modern scientific

understanding. Ultimately, direct experience is key to fully understanding how we are all connected through the binding force of unconditional love and its unlimited power to heal. In *Living in a Mindful Universe*, the New York Times bestselling author of *Proof of Heaven* and *The Map of Heaven* shares his insights into the true nature of consciousness. Embracing his radically new worldview, he began a committed program of personal exploration into nonlocal consciousness. Along the way, he met Karen Newell, who had spent most of her lifetime living the worldview he had only just discovered was possible. Her personal

knowledge came from testing various techniques and theories as part of her daily routine. With Living in a Mindful Universe, they teach you how to tap into your greater mind and the power of the heart to facilitate enhancement of

healing, relationships, creativity, guidance, and more. Using various modalities related to meditation and mindfulness, you will gain the power to access that infinite source of knowing so vital to us all, ultimately enriching every facet of your life.

Best Sellers - Books :

- [Heart Bones: A Novel](#)
- [November 9: A Novel By Colleen Hoover](#)
- [The Mountain Is You: Transforming Self-sabotage Into Self-mastery](#)
- [Stop Overthinking: 23 Techniques To Relieve Stress, Stop Negative Spirals, Declutter Your Mind, And Focus On The Present \(the](#)
- [The Complete Summer I Turned Pretty Trilogy \(boxed Set\): The Summer I Turned Pretty; It's Not Summer Without You; We'll Always Have Summer By Jenny Han](#)
- [The Untethered Soul: The Journey Beyond Yourself](#)
- [Happy Place By Emily Henry](#)
- [The Housemaid](#)
- [Icebreaker: A Novel \(the Maple Hills Series\)](#)
- [You Will Own Nothing: Your War With A New Financial World Order And How To Fight Back](#)