

Resources For Deep Cleaning

[Green Cleaning For Dummies](#)
[The Home Refresh Collection, from a Bowl Full of Lemons](#)
[Simple Cleaning Wisdom](#)
[Homemade Cleaners](#)
[Natural Solutions for Cleaning & Wellness](#)
[The Organically Clean Home](#)
[House Cleaning Guide](#)
[Cleaning Up the Waste at EPA](#)
[The Lost Art of](#)
[Cleaning Up the Superfund Program](#)
[Speed Cleaning](#)
[Clean House Clean Planet](#)
[The Green Home Cleaning Guide: Clean Your House the Easy and Natural Way in Less Than 30 Minutes a Day](#)
[How to Keep House While Drowning](#)
[How To Clean Your House Fast](#)
[Naturally Clean](#)
[Speed Cleaning 101](#)
[Get Your House Clean Now](#)
[Cleaning Books and Documents](#)
[Home Cleaning Tips](#)
[Human Resource Management](#)
[Green Clean](#)
[Clean House](#)
[Simply Clean](#)
[Cut the Clutter](#)
[Living Well, Spending Less](#)
[The Complete Book of Clean](#)
[Deep Cleaning For A Healthier Home](#)
[The Post-Pandemic Library Handbook](#)
[The Complete Book of Clean](#)
[Clean My Space](#)
[365 Quick & Easy Tips: Home Cleaning](#)
[The Ultimate Cleaning House Book: Clean Your Home the Right Way](#)
[Cleaning Plain & Simple](#)
[Sparkle](#)
[The Gentle Art of Swedish Death Cleaning](#)
[Green Cleaning 101](#)
[Natural Home Cleaning](#)
[Buried in Treasures](#)
[The Complete Guide to Eco-Friendly House Cleaning](#)

Resources For Deep Cleaning

Downloaded from [intra.itu.edu](#) by guest

HUFFMAN STEWART

[Green Cleaning For Dummies](#) Createspace Independent Publishing Platform
 "Health remedies and green cleaning solutions without toxins or chemicals"--Cover.
[The Home Refresh Collection, from a Bowl Full of Lemons](#) Fox Chapel Publishing
 This Good Housekeeping guide is so simple and smart it will make you WANT to clean! Get a sparkling home in a snap! Whether you're a cleaning enthusiast or a procrastinator, you're in luck, because no one knows how to keep a home fresh and tidy like the experts at Good Housekeeping. This room-by-room guide is jam-packed with time-saving advice, including information on hardworking Good Housekeeping Institute Lab-tested products. It features a must-have section on stain removal (a perennial request from the magazine's millions of readers) as well as welcome advice on cleaning up after Fido and after the kids. Hundreds of tricks and tips for taking care of everything from grease stains to kitchen odors, laundry mishaps, and carpet catastrophes will help you clean faster, declutter more easily, tackle trouble spots, simplify big jobs, and accomplish more in less time. Good Housekeeping Simple Cleaning Wisdom reveals: "Pillow talk" on choosing the right one, when to replace it, and how to protect it against allergens How to fix laundry disasters—including when colors from one garment bleed onto another Three mistakes that ruin wood Patio, porch, and deck spruce ups, plus ideas to keep your grill sizzling (hint: ditch the wire brush) How to put a stop to mold and mildew How to freshen up a guest room . . . fast—and speed clean in the house in minutes
[Simple Cleaning Wisdom](#) Storey Publishing, LLC
 Learn how to clean smarter, not harder, and you'll have more time to do the things you love. With plain and simple advice on everything from dusting and swabbing to polishing and vacuuming, best-selling author Donna Smallin shows you how to make the most of your valuable cleaning time. Hundreds of quick tips and practical solutions for every imaginable cleaning situation promise you the sparkling, healthy environment you want for your family. This publication conforms to the EPUB Accessibility specification at WCAG 2.0 Level AA.
Homemade Cleaners Hardie Grant
 Yes! you really can clean your house and everything in it using just 3 products and it will cost you about \$20 per year. I have owned a residential cleaning company since 2004 and this book actually started life as my employees' handbook. Since this book was first published not much has changed. Dirt is still dirty and whether or not you want to clean your home, it still has to be cleaned. Most people hate to clean simply because they don't know how to do it, they were never taught. Were you actually taught how to clean? Probably not, but that's not your fault. Do you want to learn how to do it, like a professional, using minimal products and saving a bucket of money on cleaning supplies? If you do, then buy my book. First, I will send you to the store with a short shopping list; I will explain why I use each product and then how to use each product or tool, which by the way isn't much. I will then explain the logic behind my method of cleaning, called The PATH and then I will literally walk you through cleaning the different rooms in your house. The beauty of The PATH is that you can start and stop a cleaning job in any room and not lose your place. Just pick up where you left off and continue until the room is clean. So go answer the phone or change the baby. I only use 3 readily available products in both my business and in my house to clean everything. No more need for window, floor, counter, toilet, sink, tub, shower and mirror cleaners. No more polishes, waxes or air fresheners. Just think about how much you spend a year on cleaning products? Go ahead, I'll wait while you look under your sinks and calculate that. More than \$20.00 per year? If you are spending more than that you need my book. Everyone that embraces my methodology has a cleaner home, extra money to spend on the important things and the time to enjoy them. I have a website; The

Lost Art of House Cleaning.com where I have uploaded a number of videos demonstrating my methodology and posted numerous articles on cleaning particular things. I have read all the reviews posted about my book on Amazon and I found the vast majority to be very complimentary. I have also found that some of the harshest critics still recognized that my methodology works. In addition to the Amazon reviews I have personally received comments and compliments directly from the people that have bought my book. And I know that what I say in my book has helped thousands realize that cleaning their home is not all it's cracked to be if you know what you are doing. So buy my book, read it the first time for entertainment then read it a second time for inspiration and then, Enjoy the Clean! Thanks, Jan M Dougherty

Natural Solutions for Cleaning & Wellness Independently Published

Everyone wants a clean house, but few of us actually want to spend a lot of time and effort cleaning. This Cleaning House Book will show you how to rid yourself of dirt, dust, and grime forever without a great deal of work. But invariably, cleaning becomes a must, especially if guests are expected. Start with removing most of the clutter from your life so that you can see things clearly. Spend just a few minutes each day cleaning the basics to keep them from becoming large problems. Then, have a schedule for completing certain chores each week. Your house will sparkle in no time. This Cleaning House Book will also review how to best deep clean each room in the house with minimum effort and maximum result. In addition, there are larger jobs you will want to do once or twice a year. Developing certain habits will go a long way toward keeping your house naturally neat, ensuring that you will never be caught off-guard with a messy house again. Revel in the joy of a clean, germ and grime-free home by following the steps described in this Cleaning House Book.

The Organically Clean Home Ulysses Press

Here's your library's guide for reopening, reengineering and redesigning library facilities, resources, services and staff for the post-pandemic era.

[House Cleaning Guide](#) Penguin

Explains the dangers of traditional cleaners; discusses basic household chemistry and types of toxic exposure; provides tips for healthier and safer cleaning methods and products.

[Cleaning Up the Waste at EPA](#) Rowman & Littlefield

Housecleaning might be a very daunting task if you look at it in the whole entirety of it, especially if your house is quite big with many rooms to clean. Wouldn't it be better to leave it up to your housekeeper or someone else more capable of doing so? Yes, that would be possible but what if the task fell upon you to complete and there's no getting around it? Then you better suit up, cleaning clothes I mean, and read up on these tips and tricks on proper housekeeping and how to effectively clean your house in a jiffy.

[The Lost Art of](#) Meredith Books

The best-selling eco-friendly guides to cleaning and organizing your home, from Toni Hammersley of a Bowlful of Lemons, together in one box set. Organize your house in a clutter-free, design-conscious way with practical storage solutions, secret space-saving methods, and expert strategies. The Complete Book of Home Organization includes a 15-week total home organization challenge to cover every square foot, including guest areas, baby and kids' rooms, utility spaces and garages, entryways and offices, patios and decks, closets and pet areas. The Complete Book of Clean helps you establish routines, make schedules, and DIY green cleaning solutions to help keep every area of your home neat, safe and spotless. Tackle every mess, stain, and dust-magnet—all while being friendly to the environment and keeping toxic chemicals out of your home. Step-by-step instructions, detailed illustrations, and handy checklists make cleaning and organizing your home, from the basement to the attic, easier than you ever thought possible.

Cleaning Up the Superfund Program John Wiley & Sons

A guide to conquering clutter and cleaning your home from one of America's leading housekeeping

experts. Drowning in clutter, but don't know where to begin? Feeling overwhelmed by a home that is out of control? It's time to take back your space, and Cut the Clutter can help. From how to combat and stay on top of the clutter tide to the most effective tools and methods for cleaning, expert Cynthia Townley Ewer guides you through solving the many obstacles of running an orderly home. Step-by-step instructions, household routines, and quick tips make these daunting tasks easier to tackle, and will leave you with more time and energy for the good things in life. Whether you want to organize your closet, tame your fridge, or conquer the whole house one room at a time, Cut the Clutter will inform you, entertain you, and save your sanity along the way.

Speed Cleaning Simon and Schuster

"Deep Cleaning For A Healthier Home: Your Roadmap To A Clean And Organized Life" is a comprehensive guide to creating a healthy, clean, and organized home. In this book, you'll learn the techniques and strategies you need to deep clean every room in your home, from top to bottom. That escape comes from organizing your home. Organize your home and everything else in your life will fall into place. Organize your home and watch yourself sail through your tasks more efficiently than ever before. Organize your home and say goodbye to all that time you used to waste searching your "misplaced" or "lost" items that took up way more time than it should. The book begins by explaining the benefits of deep cleaning, including improved air quality, reduced allergy and asthma symptoms, and a reduction in the risk of illness. From there, it covers the tools and supplies you'll need for deep cleaning, as well as safety tips and precautions to take.

[Clean House Clean Planet](#) CreateSpace

Clean your entire house in 42 minutes with the Clean Team's unbeatable system that makes every move count! Cleaning Expert Jeff Campbell and the Clean Team share their techniques and tips for cleaning your home fast but with consistency and quality. They also recommend environmentally sound products and technology and how to get the very best from your housecleaning service.

The Green Home Cleaning Guide: Clean Your House the Easy and Natural Way in Less Than 30 Minutes a Day HarperChristian + ORM

As seen in Real Simple, Shape Magazine, and on Oprah.com Cleaning products that save money--and the planet! Forget about chemical cleaners and pricey "green" products--all you need are a few simple kitchen staples to make your whole house sparkle! The Organically Clean Home features 150 easy-to-make recipes for cleaning products filled with all-natural ingredients you can trust (and actually pronounce!). From dishwasher detergent to antibacterial wipes, America's favorite cleaning blogger Becky Rapinchuk guides you through the steps needed to make these everyday necessities--without spending a fortune. Complete with simple instructions for packaging and storing your homemade cleaners, you'll enjoy turning each room into a beautiful and toxic-free space with fresh-scented products like: Lemon and clove hardwood floor cleaner No-bleach laundry whitener and brightener Peppermint glass and mirror wipes Lavender and lemon bathroom disinfecting spray Citrus foaming hand soap With The Organically Clean Home, you'll save hundreds of dollars every month--and have a clean, healthy home that you and your family can feel good about.

[How to Keep House While Drowning](#) Simon and Schuster

While most people find it relatively easy to manage their possessions, some find it extremely difficult. If you have a problem resisting the urge to acquire and you find your home cluttered and filled to capacity with items many people would find useless and unnecessary, you may suffer from a condition known as hoarding disorder. Hoarding is a behavioral problem consisting of clutter, difficulty discarding items, and excessive buying or acquiring. Hoarding is often associated with significant reduction in quality of life, and in extreme cases, it can pose serious health risks. If you or a loved one has hoarding disorder, this book can help. This fully updated Second Edition of Buried in Treasures outlines a scientifically based, effective program for helping those with hoarding disorder dig their way out of the clutter and chaos of their homes. Written by scientists and practitioners who are leaders in studying and treating hoarding disorder, this book outlines a program of skill-building, learning to think about possessions in a different way, and gradual challenges to help people manage their clutter and their lives. It also provides useful information for family and friends of people who hoard, as they struggle to understand and help. Discover the reasons for your problems with acquiring, saving, and hoarding, and learn new ways of thinking about your possessions so you can decide what you really need and what you can do without. Learn to identify the "bad guys" that cause and maintain your hoarding behavior and meet the "good guys" who can help motivate you and put you on the path to change. Useful self-assessments will help you determine the severity of your problem. Training exercises, case examples, organizing tips, and motivation boosters help change the way you think and behave toward your possessions. This book provides easy-to-understand strategies and techniques that anyone can use.

[How To Clean Your House Fast](#) Sustainable Stevie

A clean home is within your reach... Just in time for Spring Cleaning! You can become an expert at cleaning your home. All you need are the right tools and supplies, a little motivation, and the method that Beth McGee has perfected over 20 years as a home cleaning professional. Beth shares the products, process, and encouragement you need to make this seemingly daunting task manageable. Get Your House Clean Now: The Home Cleaning Method Anyone Can Master, is filled with unique information beyond the recycled cleaning tips you've seen on the Internet. This is not a seven day or 30 day course on getting your home clean. This book will prepare you to get your house clean as soon as you're ready to get started, no matter how dirty it is. You will learn how to clean, declutter, and organize your home as a simple and rewarding habit, not a chore. Whether you just want your home to sparkle, start your own cleaning business, prepare your home to rent or flip, or help your house cleaner work most effectively for you, this book will help you do it. Beth will instill in you knowledge to last a lifetime, so you can experience the joy and benefit of a clean and tidy home.

Naturally Clean Speedy Publishing LLC

Best Sellers - Books :

- [A Soul Of Ash And Blood: A Blood And Ash Novel \(blood And Ash Series\)](#)
- [The Wonderful Things You Will Be](#)
- [Stone Maidens By Lloyd Devereux Richards](#)
- [Icebreaker: A Novel \(the Maple Hills Series\) By Hannah Grace](#)
- [My First Library : Boxset Of 10 Board Books For Kids](#)
- [To Kill A Mockingbird](#)
- [Fahrenheit 451](#)
- [November 9: A Novel](#)
- [The Collector: A Novel By Daniel Silva](#)
- [Girl In Pieces](#)

For many years throughout the 20th Century, the conveniences of household cleaning items was such that no one asked where they came from or what they contained. Today, the consciousness of many consumers has started to advance due to ongoing environmental and economic concerns. For that reason, dozens of new products have developed on the market from Simple Green to Seventh Generation. In addition to these green conscious products though, there are hundreds of ways you can change your house cleaning and maintenance to be eco-friendly, even making your own cleaning materials out of everyday items that have zero environmental impact. This book will guide you through the process of both recognizing and utilizing the most advanced eco-friendly house cleaning technology around, as well as tried and true cleaning methods that have been around for centuries. You will learn all the necessities of green cleaning basics, starting with what your current cleaning products do to the environment, your home, and even your health. You will learn the necessary steps you need to take to transition your kitchen to green products as well as your bathroom, laundry, bedroom, and even the lights you use around your home. Learn how you can start using products that have been around for centuries and have since been forgotten in favor of dangerous chemicals. Learn what you can do to clean up after your pets efficiently and how to keep your children safe from chemicals. Learn which mixtures work, which ones are unsafe, and what resources you can check for additional details you may need. Dozens of experts on green cleaning have been interviewed for this book, providing everything needed by any individual who wants to start changing how they clean their home for good. Atlantic Publishing is a small, independent publishing company based in Ocala, Florida. Founded over twenty years ago in the company president's garage, Atlantic Publishing has grown to become a renowned resource for non-fiction books. Today, over 450 titles are in print covering subjects such as small business, healthy living, management, finance, careers, and real estate. Atlantic Publishing prides itself on producing award winning, high-quality manuals that give readers up-to-date, pertinent information, real-world examples, and case studies with expert advice. Every book has resources, contact information, and web sites of the products or companies discussed.

[Speed Cleaning 101](#) Pearson UK

"The follow-up to the bestselling Complete Book of Home Organization, the Complete Book of Clean is a foolproof, eco-friendly guide to cleaning your home ... Learn the best seasons to tackle home projects, storage solutions to simplify the process and teach even the messiest kids to clean up after themselves. This book will help you tackle every mess, stain and dust-magnet, and keep things from getting out of hand in the future--all while being friendly to the environment and keeping toxic chemicals out of your home. Whether you're a neat freak or new to the world of homekeeping, let Toni Hammersley be your guide to establishing routines, learning techniques and mastering the best home cleaning hacks out there."--

[Get Your House Clean Now](#) Simon and Schuster

Are you becoming more conscious of the ingredients you use to clean your home? Are you fed up with using strong chemicals and aware these could be having a detrimental effect on your health? In this book, you will find over 110 recipes for practically any cleaning dilemma, from natural disinfectant to safe and effective stain removal. Each chapter covers every room in your home with simple recipes to make your house sparkly clean, as well as being good to the environment and your health. From bathroom battles to kitchen messes, this book solves every cleaning problem that you might come up with at home. Learn how to make everyday products, such as an all-purpose cleaner and laundry detergent, but also the best way to clean things, such as pillows or carpet that you don't clean every day. You can also find out how to scent your homemade products with essential oils to make your home smell how you want it to. Homemade cleaning products can just as powerful as store-bought, and Natural Home Cleaning shows you how.

Cleaning Books and Documents Independently Published

No matter how big your home or busy your schedule, Rapinchuk believes that in just ten minutes a day you can keep your house clean and decluttered. She shares her system to turn cleaning from a chore into an effortless habit, and also shares recipes for organic, environmentally conscious cleaning supplies.

[Home Cleaning Tips](#) Penguin

There are main basic food items that we already have in our home that can be used as DIY natural cleaning solutions or what's termed as green cleaning. You just have to know which of them can be used to clean what. This includes vinegar, baking soda, salt, olive oil, and other items that are discussed in "Green Cleaning 101 - DIY Natural Cleaning Solutions with Vinegar and Other Frugal Resources That You Already Have". White vinegar is the most dominant ingredient throughout. You might not even need to go out and buy anything extra. But if you're frugal like more of us are becoming these days, it'll cost less than commercial brands and will still get the job done for you in an eco-friendly way which is expanded upon. Are you sensitive or allergic to toxic chemical cleaning solutions? When you open or twist off the cap, does your head throb? Do your eyes start watering? Does it become hard to breathe while you're in a room trying to clean it? Well, a DIY book on green cleaning is the way to go and it's really not difficult to do. You just have to be willing to measure and mix easy solutions. Make a large enough amount that will last you for a few cleanings and then you won't need to do it again for a while. Simply double or triple what it says to do and that's all there is to it. Numerous recipes are shared for cleaning floors, toilets, bathtubs, walls, windows, countertops, sinks, mirrors, carpet, clothing, removing rust, etc. There's also a special natural deodorizing solution that not too many know about. NOTE: This particular book mentions some additional items that aren't necessarily food-based but definitely should be included in the mix, so to speak. It even gives suggestions on what cleaning tools you should use to clean specific things with. (You'll see what I mean.) Put "Green Cleaning 101 - DIY Natural Cleaning Solutions with Vinegar and Other Frugal Resources That You Already Have" into action for a healthier environment for you and your family. You'll be glad you did!