

Trainingsbuch Gewaltfreie Kommunikation Abwechslu

Basispaket Gewaltfreie Kommunikation - Grundlagen + Training

Raising Children Compassionately

Practical Spirituality

Life-Enriching Education

Trainingsbuch Gewaltfreie Kommunikation.

Getting Past the Pain Between Us

Kinder einführend ins Leben begleiten

I Hate You-- Don't Leave Me

Speak Peace in a World of Conflict

Trainingsbuch Gewaltfreie Kommunikation

The Surprising Purpose of Anger

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AUGUST CHRISTINE

Basispaket Gewaltfreie Kommunikation - Grundlagen + Training PuddleDancer Press

The Nonviolent Communication (NVC) is a powerful process for inspiring compassionate connection and action. Training in NVC can help facilitate communication and prevent conflict by helping everyone get their needs met.

Raising Children Compassionately PuddleDancer Press

The tenets of Nonviolent Communication are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application. Skills for resolving conflicts, healing old wounds, and reconciling strained relationships reveal the healing power of listening and speaking from the heart. Because unmet needs lie at that root of all emotional pain, the skills imparted in this manual teach how to transform depression, shame, and conflict into empowering human connections.

Practical Spirituality PuddleDancer Press

Revised and updated, the classic guide to understanding borderline personality disorder includes the latest research on the neurobiological, genetic and developmental roots of the disorder as well as connections with substance abuse, PTSD, ADHD and eating disorders. Original.

Life-Enriching Education Junfermann Verlag GmbH

In every interaction, every conversation and in every thought, you have a choice &- to promote peace or perpetuate violence. International peacemaker, mediator and healer, Dr. Marshall B. Rosenberg shows you how the language you use is the key to enriching life. Take the first step to reduce violence, heal pain, resolve conflicts and spread peace on our planet &- by developing an internal consciousness of peace rooted in the language you use each day. Speak Peace is filled with inspiring stories, lessons and ideas drawn from over 40 years of mediating conflicts and healing relationships in some of the most war torn, impoverished, and violent corners of the world. Speak Peace offers insight, practical skills, and powerful tools that will profoundly change your relationships and the course of your life for the better. Bestselling author of the internationally acclaimed, Nonviolent Communication: A Language of Life. Discover how you can create an internal consciousness of peace as the first step toward effective personal, professional, and social change. Find complete chapters on the mechanics of Nonviolent Communication, effective conflict resolution, transforming business culture, transforming enemy images, addressing terrorism, transforming authoritarian structures, expressing and receiving gratitude, and social change.

Trainingsbuch Gewaltfreie Kommunikation. Trainingsbuch Gewaltfreie Kommunikation.

Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation and discovery. Brief, unscripted reflections on the spiritual underpinnings of non-violent communication inspire readers to connect with the divine in themselves and others in order to create social

relationships based on empathy.

Getting Past the Pain Between Us Penguin

The tenets of Nonviolent Communication are applied to a variety of settings, including the classroom and the home, in these booklets on how to resolve conflict peacefully. Illustrative exercises, sample stories, and role-playing activities offer the opportunity for self-evaluation, discovery, and application. The skills and perspectives of the Nonviolent Communication (NVC) process are applied to parenting in this resource for parents and teachers. NVC stresses the importance of putting compassionate connection first to create a mutually respectful, enriching family dynamic filled with clear, heartfelt communication.

Kinder einführend ins Leben begleiten PuddleDancer Press

Trainingsbuch Gewaltfreie Kommunikation. Junfermann Verlag GmbH

I Hate You-- Don't Leave Me Junfermann Verlag GmbH

When Students Love to Learn and Teachers Love to Teach In this revolutionary book, Marshall Rosenberg empowers educators to transform schools into life-serving, learning-rich environments that maximize the potential of each student. Filled with insight, adaptable exercises and role-plays, Life-Enriching Education gives educators practical skills to generate mutually respectful classroom relationships. Discover how our language and organizational structures directly impact student potential, trust, self-esteem and student enjoyment in their learning. Rediscover the joy of teaching in a classroom where each person's needs are respected! Learn Practical Skills to: - Maximize student potential - Strengthen your classroom community - Resolve and prevent conflicts peacefully - Improve the quality of classroom and school relationships

Speak Peace in a World of Conflict PuddleDancer Press

Ein Buch aus der Praxis für die Praxis, das mit humorvollen Beispielen die Gewaltfreie Kommunikation nach Marshall B. Rosenberg für den ganz normalen Alltag brauchbar macht: Selbstlerner/innen können in leicht nachvollziehbaren Übungen auf gehirnfreundliche Art das Handwerkszeug der Gewaltfreien Kommunikation trainieren, wie z.B.: - Störungen aktiv und aufrichtig mit den vier Schritten ansprechen; - klare Bitten äußern statt Forderungen aufstellen; - mit Kritik, Vorwürfen und Schuldzuweisungen produktiv umgehen; - empathisch auf die Menschen hinter dem Konflikt hören, ohne die andere Meinung zu übernehmen; - Ärger vollständig ausdrücken, statt ihn heimlich wirken zu lassen; - Dankbarkeit ausdrücken ohne sich selbst oder andere zu verpflichten; - lähmende innere Konflikte in lebendige Perspektiven umwandeln. In einer speziellen Übung kann das Gelernte auf unsere alltäglichen Herausforderungen angewendet werden. Trainer/innen und Übungsgruppen finden in diesem Buch eine Fülle an motivierenden, kommunikativen Übungen zu den wesentlichen Kommunikationsprozessen und -modellen der Gewaltfreien Kommunikation. Das Arbeitsbuch orientiert sich inhaltlich an dem Buch von Marshall Rosenberg "Gewaltfreie Kommunikation", d.h. es hat die gleiche thematische Kapitelaufteilung, und Sie finden immer wieder Fragen zu dem Text im GFK-Buch, die die Übungen vertiefend begleiten.

PuddleDancer Press

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The Surprising Purpose of Anger

Best Sellers - Books :

• [Never Lie: An Addictive Psychological Thriller By Freida Mcfadden](#)

• [Tucker](#)

• [How To Win Friends & Influence People \(dale Carnegie Books\)](#)

• [Daisy Jones & The Six: A Novel By Taylor Jenkins Reid](#)

• [I Will Teach You To Be Rich: No Guilt. No Excuses. Just A 6-week Program That Works \(second Edition\)](#)

• [Little Blue Truck's Valentine](#)

• [The Collector: A Novel](#)

• [Think And Grow Rich: The Landmark Bestseller Now Revised And Updated For The 21st Century \(think And Grow Rich Series\)](#)

• [Ugly Love: A Novel By Colleen Hoover](#)

• [Verity By Colleen Hoover](#)