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# Patients Non Fiction

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Fourteen Stories

I Wasn't Strong Like This When I Started Out: True Stories of Becoming a Nurse  
Girl, Interrupted

Awakenings

Overdosed America

Blood, Sweat and Tea

Something for the Pain: One Doctor's Account of Life and Death in the ER

Twelve Patients

Patient Care

Doctors and What They Do

You Can Stop Humming Now

Bellevue

Taking the Medicine

The Spirit Catches You and You Fall Down

What Patients Taught Me

How to Treat People: A Nurse's Notes

The Patient

Bellevue

Hospital

The Way She Feels: My Life on the Borderline in Pictures and Pieces

Every Patient Tells a Story

Five Patients

The Night Shift

Safe Patients, Smart Hospitals

All That Moves Us

Five Days at Memorial

The Hospital

The Silent Patient

Cheating Death

Patient H.M.

First Patients

First, Do No Harm

Stories from the Shadows

Weekends at Bellevue

When We Do Harm

For the Good of Mankind?

Patient.

Skid Road  
Complications

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*guest*

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## **WOODARD WALLS**

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*Fourteen Stories*  
Macmillan  
AV2 Fiction Readalong by  
Weigl brings you timeless  
tales of mystery,  
suspense, adventure, and  
the lessons learned while  
growing up. These  
celebrated children's  
stories are sure to  
entertain and educate  
while captivating even the

most reluctant readers.  
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beloved tales. Hear the  
story come to life as you  
read along in your own  
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*I Wasn't Strong Like This  
When I Started Out: True  
Stories of Becoming a  
Nurse* Vintage  
A brilliant and courageous  
doctor reveals, in gripping

accounts of true cases,  
the power and limits of  
modern medicine.  
Sometimes in medicine  
the only way to know  
what is truly going on in a  
patient is to operate, to  
look inside with one's own  
eyes. This book is  
exploratory surgery on  
medicine itself, laying  
bare a science not in its  
idealized form but as it  
actually is -- complicated,  
perplexing, and  
profoundly human. Atul  
Gawande offers an

unflinching view from the scalpel's edge, where science is ambiguous, information is limited, the stakes are high, yet decisions must be made. In dramatic and revealing stories of patients and doctors, he explores how deadly mistakes occur and why good surgeons go bad. He also shows us what happens when medicine comes up against the inexplicable: an architect with incapacitating back pain for which there is no physical cause; a young woman with nausea that

won't go away; a television newscaster whose blushing is so severe that she cannot do her job. Gawande offers a richly detailed portrait of the people and the science, even as he tackles the paradoxes and imperfections inherent in caring for human lives. At once tough-minded and humane, *Complications* is a new kind of medical writing, nuanced and lucid, unafraid to confront the conflicts and uncertainties that lie at the heart of modern medicine, yet always alive

to the possibilities of wisdom in this extraordinary endeavor. *Complications* is a 2002 National Book Award Finalist for Nonfiction. *Girl, Interrupted* Vintage  
*In The Night Shift*, Dr. Brian Goldman shares his experiences in the witching hours at Mount Sinai Hospital in downtown Toronto. We meet the kinds of patients who walk into an E.R. after midnight: late-night revellers injured on their way home after last call, teens assaulted in the streets by other teens and

a woman who punches another woman out of jealousy over a man. But Goldman also reveals the emotional, heartbreaking side of everyday E.R. visits: adult children forced to make life and death decisions about critically ill parents, victims of sexual assault, and mentally ill and homeless patients looking for understanding and a quick fix in the twenty-four-hour waiting room. Written with Goldman's trademark honesty and with surprising humour, *The Night Shift* is also a

frank look at many issues facing the medical profession today, and it offers a highly compelling inside view into an often shrouded world. *Awakenings* Celadon Books  
 Brother's Keeper -- Skid Road -- The Sisters -- Ark of Refuge -- Shacktown -- Threshold -- State of Emergency -- Epilogue.  
**Overdosed America** Simon and Schuster  
 In the summer of 1953, maverick neurosurgeon William Beecher Scoville performed a groundbreaking operation

on an epileptic patient named Henry Molaison. But it was a catastrophic failure, leaving Henry unable to create long-term memories. Scoville's grandson, Luke Dittrich, takes us on an astonishing journey through the history of neuroscience, from the first brain surgeries in ancient Egypt to the New England asylum where his grandfather developed a taste for human experimentation. Dittrich's investigation confronts unsettling family secrets and reveals

the dark roots of modern neuroscience, raising troubling questions that echo into the present day.

**Blood, Sweat and Tea**

Bantam Dell Publishing Group

"ER has become the most successful television series in the world since CHARLIE'S ANGELS.

Michael Crichton created the series from his own experiences as a medical doctor in the emergency rooms, operating rooms and wards of Massachusetts General Hospital. FIVE PATIENTS is Michael Crichton's true

account of the real life dramas so vividly portrayed in ER. A construction worker is seriously injured in a scaffold collapse- a middle-aged despatcher is brought in suffering from a fever that has reduced him to a delirious wreck; a young man nearly severs his hand in an accident; an airline traveller suffers chest pains; a mother of three is diagnosed with a life-threatening disease." *Something for the Pain: One Doctor's Account of Life and Death in the ER* W. W. Norton & Company

Doctors and patients alike trust the medical profession and its therapeutic powers; yet this trust has often been misplaced. Whether prescribing opium or thalidomide, aspirin or antidepressants, doctors have persistently failed to test their favourite ideas - often with catastrophic results. From revolutionary America to Nazi Germany and modern big-pharmaceuticals, this is the unexpected story of just how bad medicine has been, and of its

remarkably recent effort to improve. It is the history of well-meaning doctors misled by intuition, of the startling human cost of their mistakes and of the exceptional individuals who have helped make things better. Alarming and optimistic, *Taking the Medicine* is essential reading for anyone interested in how and why to trust the pills they swallow.

*Twelve Patients*

HarperCollins Canada

For readers of Atul

Gawande and Jerome

Groopman, a book of beautifully crafted stories about what life is like for patients kept alive by modern medical technology. Modern medicine is a world that glimmers with new technology and cutting-edge research. To the public eye, medical stories often begin with sirens and flashing lights and culminate in survival or death. But these are only the most visible narratives. As a critical care doctor treating people at their sickest, Daniela Lamas is

fascinated by a different story: what comes after for those whose lives are extended by days, months, or years as a result of our treatments and technologies? *You Can Stop Humming Now*, Lamas explores the complex answers to this question through intimate accounts of patients and their families. A grandfather whose failing heart has been replaced by a battery-operated pump; a salesman who found himself a kidney donor on social media; a college student who

survived a near fatal overdose and returned home, alive but not the same; and a young woman navigating an adulthood she never thought she'd live to see - these moving narratives paint a detailed picture of the fragile border between sickness and health. Riveting, gorgeously told, and deeply personal, *You Can Stop Humming Now* is a compassionate, uncompromising look at the choices and realities that many of us, and our families, may one day

face. "Gripping, soaring, inspiring."-Atul Gawande, author of *Being Mortal*  
**Patient Care** Anchor Five Days at Memorial  
**Doctors and What They Do** Neon Squid  
 An investigative account of the medical, sexual, and scientific questions surrounding the spread of AIDS across the country.  
*You Can Stop Humming Now* Sasquatch Books  
 "A volume brimming with humanitarian lessons in medicine and life alike."  
 —Kirkus Reviews "A generous, compassionate

book about what it is to be human and what it is to care. Paul Seward writes in language so clear and compelling you can see straight through it and into the beating heart beneath." —Kate Cole-Adams, author of *Anesthesia*  
 Drawing on a career launched in the first days of the specialty of emergency medicine, Dr. Paul Seward takes the reader with him into the ER in his riveting memoir. Told in fast-paced, stand-alone chapters that recall unforgettable medical cases, *Patient*



Care offers the fascination of medical mysteries, wrapped in the drama of living and dying. A snap judgment about a child nearly kills him, and a priest who may be having a heart attack refuses treatment. An asthmatic man develops air bubbles in his shoulders, and a pharmacist is haunted by a decision he makes. But the book goes beyond these stories. Each chapter explores ethical questions that remind us of the full humanity of patients, nurses, coroners, pharmacists,

and, of course, doctors. How do they care for strangers in their moments of crisis? How do they care for themselves? Dr. Seward rejects doctor-as-God narratives to write frankly about moments of failure, and champions the role of his colleagues in health care. And, for all the moral dilemmas here, there is plenty of wit and humor, too. (See the patient who punches our doctor.) Readers of Patient Care will find themselves thinking along with Dr. Seward: "What is

the right thing to do? What would I do?"

**Bellevue** Five Days at Memorial

A bestselling author and award winning journalist follows a year in the life of a big urban hospital, painting a revealing portrait of how medical care is delivered in America today Most people agree that there are complicated issues at play in the delivery of health care today, but those issues may not always be what we think they are. In 2005, Maimonides Hospital in

Brooklyn, New York, unveiled a new state-of-the-art, multimillion-dollar cancer center. Determined to understand the whole spectrum of factors that determine what kind of medical care people receive in this country, bestselling author Julie Salamon spent one year tracking the progress of the center and getting to know the characters who make the hospital run. Located in a community where sixty-seven different languages are spoken, Maimonides is a case study for the

particular kinds of concerns that arise in institutions that serve an increasingly multicultural American demographic. Granted an astonishing “warts and all” level of access by the hospital higher-ups, Salamon followed the doctors, patients, administrators, nurses, ambulance drivers, cooks, and cleaning staff. She explored not just the action on the ground—what happens between doctors and patients—but also the financial, ethical,

technological, sociological, and cultural matters that the hospital community encounters every day. Drawing on her skills as interviewer, observer, and social critic, Salamon presents the story of modern medicine, uniquely viewed from the vantage point of those who make it run. She draws out the internal and external political machinations that exist between doctors and staff as well as between hospital and community. And she grounds the science and emotion of

medical drama in the financial realities of operating a huge, private institution that must contend with issues like adapting to the specific needs of immigrant groups that make up a large and growing portion of our society. Salamon exposes struggles of both the profound and humdrum variety. There are bitter internal feuds, warm personal connections, comedy, egoism, greed, love, and loss. There are rabbinic edicts to contend with as well as imams and

herbalists and local politicians. There are system foul-ups that keep blood test results from being delivered on time, careless record keepers, shortages of everything except forms to fill, recalcitrant and greedy insurance reimbursement systems, and the surprising difficulty of getting doctors to wash their hands. This is the dynamic universe of small and large concerns and personalities that, taken together, determine the nature of our care and assume the utmost

importance. As Martin Payson—chairman of the board at Maimonides and ex-Time-Warner vice chairman—puts it: “Hospitals have a lot in common with the movie business. You’ve got your talent, entrepreneurs, ambition, ego stroking, the business versus the creative part. The big difference is that in the hospital you don’t get second takes. Movies are make-believe. This is real life.”

*Taking the Medicine* First Hawk Publishing LLC  
“Deserves a place in the

rich contemporary canon of medical memoirs.”

—Guardian Weaving together medical history, art, memoir, and science, *How to Treat People* is a poignant memoir that beautifully explores the intricacies of the human condition. As a trainee nurse, Molly Case learns to care for her patients, sharing not only their pain, but also life-affirming moments of hope. In doing so, she offers a compelling account of the processes that keep them alive, from respiratory

examinations to surgical prep, and of the extraordinary moments of human connection that sustain both nurse and patient.

*The Spirit Catches You and You Fall Down* W. W. Norton & Company  
*The Silent Patient* by way of Stephen King: Parker, a young, overconfident psychiatrist new to his job at a mental asylum, miscalculates catastrophically when he undertakes curing a mysterious and profoundly dangerous patient. In a series of

online posts, Parker H., a young psychiatrist, chronicles the harrowing account of his time working at a dreary mental hospital in New England. Through this internet message board, Parker hopes to communicate with the world his effort to cure one bewildering patient. We learn, as Parker did on his first day at the hospital, of the facility's most difficult, profoundly dangerous case--a forty-year-old man who was originally admitted to the hospital at age six. This

patient has no known diagnosis. His symptoms seem to evolve over time. Every person who has attempted to treat him has been driven to madness or suicide. Desperate and fearful, the hospital's directors keep him strictly confined and allow minimal contact with staff for their own safety, convinced that releasing him would unleash catastrophe on the outside world. Parker, brilliant and overconfident, takes it upon himself to discover what ails this mystery

patient and finally cure him. But from his first encounter with the mystery patient, things spiral out of control, and, facing a possibility beyond his wildest imaginings, Parker is forced to question everything he thought he knew. Fans of Sarah Pinborough's *Behind Her Eyes* and Paul Tremblay's *The Cabin at the End of the World* will be riveted by Jasper DeWitt's astonishing debut. *What Patients Taught Me*  
Tin House Books  
This collection of true

narratives reflects the dynamism and diversity of nurses, who provide the first vital line of patient care. Here, nurses remember their first "sticks," first births, and first deaths, and reflect on what gets them through long, demanding shifts, and keeps them in the profession. The stories reveal many voices from nurses at different stages of their careers: One nurse-in-training longs to be trusted with more "important" procedures, while another questions her ability to care for

nursing home residents. An efficient young emergency room nurse finds his life and career irrevocably changed by a car accident. A nurse practitioner wonders whether she has violated professional boundaries in her care for a homeless man with AIDS, and a home care case manager is the sole attendee at a funeral for one of her patients. What connects these stories is the passion and strength of the writers, who struggle against burnout and bureaucracy to serve their

patients with skill, empathy, and strength. **How to Treat People: A Nurse's Notes** Houghton Mifflin  
The classic account of survivors of the sleeping-sickness during the great epidemic just after World War I—and their return to the world after decades of “sleep.” • “One of the most beautifully composed and moving works of our time” (The Washington Post) from the distinguished neurologist and the national bestselling author of *The Man Who*

*Mistook His Wife for a Hat*. Awakenings—which inspired the major motion picture starring Robert DeNiro and Robin Williams—is the remarkable story of a group of patients who contracted sleeping-sickness during the great epidemic just after World War I. Frozen for decades in a trance-like state, these men and women were given up as hopeless until 1969, when Dr. Oliver Sacks gave them the then-new drug L-DOPA, which had an astonishing, explosive,

"awakening" effect. Dr. Sacks recounts the moving case histories of his patients, their lives, and the extraordinary transformations which went with their reintroduction to a changed world. The Patient Beacon Press "Crammed with provocative insights, raw emotion, and heartbreaking dilemmas," (The New York Times) First, Do No Harm is a powerful examination of how life and death decisions are made at a major metropolitan

hospital in Houston, as told through the stories of doctors, patients, families, and hospital administrators facing unthinkable choices. What is life worth? And when is a life worth living? Journalist Lisa Belkin examines how these questions are asked and answered over one dramatic summer at Hermann Hospital in Houston, Texas. In an account that is fascinating, revealing, and almost novelistic in its immediacy, Belkin takes us inside a major hospital

and introduces us to the people who must make life and death decisions every day. As we walk through the hallways of the hospital we meet a young pediatrician who must decide whether to perform a risky last-ditch surgery on a teenager who has spent most of his fifteen years in a hospital; we watch as new parents battle with doctors over whether to disconnect their fragile, premature twins from the machine that keeps them breathing; we are in the operating room as a poor

immigrant, paralyzed from a gunshot in the neck, is asked by doctors whether or not he wishes to stay alive; we witness the worry of a kidney specialist as he decides whether or not to transfer an uninsured baby to the county hospital down the road. We experience critical moments in the lives of these real people as Belkin explores challenging issues and questions involving medical ethics, human suffering, modern technology, legal liability, and financial reality. As

medical technology advances, the choices grow more complicated. How far should we go to save a life? Who decides? And who pays? Bellevue Penguin Using the examples of Vioxx, Celebrex, cholesterol-lowering statin drugs, and anti-depressants, Overdo\$ed America shows that at the heart of the current crisis in American medicine lies the commercialization of medical knowledge itself. Drawing on his background in statistics, epidemiology, and health

policy, John Abramson, M.D., an award-winning family doctor on the clinical faculty at Harvard Medical School, reveals the ways in which the drug companies have misrepresented statistical evidence, misled doctors, and compromised our health. The good news is that the best scientific evidence shows that reclaiming responsibility for your own health is often far more effective than taking the latest blockbuster drug. You -- and your doctor -- will be stunned by this



unflinching exposé of American medicine.

**Hospital** Crown  
Finalist for the 2022  
Lammy Award for  
Bisexual & the 2022  
Heartland Booksellers  
Award A Book Riot Best  
Book of the Year  
“Audaciously human and  
raw. *The Way She Feels* is  
a rainbow during the  
rain.” —Mara Altman A  
witty and one-of-a-kind  
debut graphic memoir  
detailing and drawing the  
life of a girl with  
borderline personality  
disorder finding her  
way—and herself—one

day at a time. What does  
it feel like to fall in love  
too hard and too fast, to  
hate yourself in equal and  
opposite measure? To live  
in such fear of rejection  
that you drive friends and  
lovers away? Welcome to  
my world. I’m Courtney,  
and I have borderline  
personality disorder  
(BPD), along with over  
four million other people  
in the United States.  
Though I’ve shown every  
classic symptom of the  
disorder since childhood, I  
wasn’t properly diagnosed  
until nearly a decade  
later, because the

prevailing theory is that  
most people simply “grow  
out of it.” Not me. In my  
illustrated memoir, *The  
Way She Feels: My Life on  
the Borderline in Pictures  
and Pieces*, I share what  
it’s been like to live and  
love with this disorder.  
Not just the  
hospitalizations,  
treatments, and  
residential therapy, but  
the moments I found  
comfort in cereal, the  
color pink, or mini  
corndogs; the days I  
couldn’t style my hair  
because I thought the  
blow-dryer was going to

hurt me; the peace I found when someone I love held me. This is a book about vulnerability, honesty, acceptance, and how to speak openly—not only with doctors, co-patients, friends, family, or partners, but also with ourselves.

*The Way She Feels: My Life on the Borderline in Pictures and Pieces* JHU Press

The inspiring story of how a leading innovator in patient safety found a simple way to save countless lives. First, do no harm—doctors, nurses

and clinicians swear by this code of conduct. Yet in hospitals and doctors' offices across the country, errors are made every single day - avoidable, simple mistakes that often cost lives. Inspired by two medical mistakes that not only ended in unnecessary deaths but hit close to home, Dr. Peter Pronovost made it his personal mission to improve patient safety and make preventable deaths a thing of the past, one hospital at a time. Dr. Pronovost began with simple improvements to a

common procedure in the ER and ICU units at Johns Hopkins Hospital. Creating an easy five-step checklist based on the most up-to-date research for his fellow doctors and nurses to follow, he hoped that streamlining the procedure itself could slow the rate of infections patients often died from. But what Dr. Pronovost discovered was that doctors and nurses needed more than a checklist: the day-to-day environment needed to be more patient-driven and staff needed to see

scientific results in order to know their efforts were a success. After those changes took effect, the units Dr. Pronovost worked with decreased their rate of infection by 70%. Today, all fifty states are implementing Dr. Pronovost's programs, which have the potential to save more lives than any other medical innovation in the past

twenty-five years. But his ideas are just the beginning of the changes being made by doctors and nurses across the country making huge leaps to improve patient care. In *Safe Patients, Smart Hospitals*, Dr. Pronovost shares his own experience, anecdotal stories from his colleagues at Johns

Hopkins and other hospitals that have made his approach their own, alongside comprehensive research-showing readers how small changes make a huge difference in patient care. Inspiring and thought provoking, this compelling book shows how one person with a cause really can make a huge difference in our lives.

Best Sellers - Books :

- [Can't Hurt Me: Master Your Mind And Defy The Odds By David Goggins](#)
- [I Love You To The Moon And Back](#)
- [The Wonderful Things You Will Be By Emily Winfield Martin](#)
- [You Will Own Nothing: Your War With A New Financial World Order And How To](#)

### Fight Back

- My First Learn-to-write Workbook: Practice For Kids With Pen Control, Line Tracing, Letters, And More! By Crystal Radke
- Little Blue Truck's Springtime: An Easter And Springtime Book For Kids
- Tomorrow, And Tomorrow, And Tomorrow: A Novel
- Baking Yesteryear: The Best Recipes From The 1900s To The 1980s By B. Dylan Hollis
- Heart Bones: A Novel
- Can't Hurt Me: Master Your Mind And Defy The Odds