
Samurai Sword Techniques

The Essence of Karate

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Bubishi

Samurai Swords

Mastering the Samurai Sword

Kendo

The Japanese Art of War

Inventing the Way of the Samurai

Muye Dobo Tongji

The Way of the Living Sword

Weapons and Fighting Techniques of the Samurai
Warrior

Fighting with the German Longsword

Samurai Swordsmanship

Iaido Sword

Forza The Samurai Sword Workout

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The Beginner's Guide to the Long Sword

The Flower of Battle

Iaido

Unarmed Fighting Techniques of the Samurai

Medieval Combat

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The Book of Five Rings

The Samurai Sword Tachi-Iai Japanese Long
Sword

The Connoisseur's Book of Japanese Swords

Kendo - Fundamentals and Waza to Win
(Hardback)
Modern Hand to Hand Combat
Samurai Sword
Samurai Fighting Arts
Karate-Do
Sword Techniques of Musashi and the Other
Samurai Masters
Samurai Sword: Spirit * Strategy * Techniques
Japanese Sword Fighting
Shimmering Sword
Drawing the Samurai Sword
Samurai and Ninja
Shinkendo
Strategy in Japanese Swordsmanship
Katana
Lethal Elegance

*Samurai
Sword
Techniques*

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MATA FULLER

The Essence of Karate
Past and Present Book
This is a translation of
an important classic on
Zen swordfighting.
Yagyu's Buddhist
spirituality is reflected
in his central idea of
the life-giving sword' -

the notion of
controlling an
opponent by the
spiritual readiness to
fight, rather than
during the fight. This is
a translation of an
important classic on
Zen swordfighting.
Yagyu Munenori was so
widely renowned that
he was appointed
official sword instructor
to two Tokugawa

shoguns. (The position was always coveted by Miyamoto Musashi, but he never succeeded in gaining the post).

Yagyu's'

□□□□□ Tuttle

Publishing

The Samurai sword of Japan is probably the finest edged weapon ever made. This volume by leading Samurai expert Stephen Turnbull reveals the story of how and why it achieved this distinction. Particular attention is paid to the development of the familiar curved blade from the original straight blades, the associated development of Japan's famous steel-making techniques and the challenges from contemporary warfare. Together with the technical details of

forging, polishing, mounting and testing; this volume is brought to life with details of the great swordmakers themselves. Moreover, no history of the sword would be complete without a detailed examination of its use in combat, from the greatest Samurai armies to individual duels and revenge killings. Personal accounts allow the reader to discover the art of Japanese swordsmanship in the hands of masters such as Miyamoto Musashi to the unnamed Japanese warrior defending his family's honour. This lively text is perfectly complemented by artwork reconstructions of the sword in use and colour photographs of the swords in use.

Bubishi Kodansha International Recorded over six centuries ago, the teachings of the 14th-century Master-at-Arms Johannes Liechtenauer have been given new life by a world-wide community of modern swordsmen and women, fascinated by the elegance, efficiency and depth of his unique martial art. Christian Henry Tobler was one of the pioneers in reviving the medieval Master's art, creating the first, published syllabus for training with the two-handed longsword back in 2004. This fully rewritten, revised and expanded edition brings to bear a decade of refinement, creating a definitive, "how to" guide for students. Beginning with a short historical

overview of the art, Mr. Tobler teaches stance, footwork, methods for gripping the sword, and step-by-step instructions for executing the core techniques of the Liechtenauer tradition. Additional chapters introduce students to wrestling, spear and armoured combat; demonstrating the art's depth and breadth. Heavily photo-illustrated, the book also makes use of decision-trees and training drills to aid in learning. Used as a complete, self-contained course, or a primer for studying the original medieval works themselves, this unique book will be invaluable to martial artists, reenactors, medieval historians, or anyone who has ever wondered "how did

knights fight?"

Samurai Swords

Tuttle Publishing

The Samurai Sword is the essential illustrated guide to the Japanese way of the sword.

Japan's famous samurai warriors were more than just soldiers -- they were adherents to a strict code of honor who respected the deeper, spiritual meaning of the way of the sword. To the samurai, battle was sacred. This indispensable guide to theory and practice respects both the physical and spiritual aspects of martial arts practice with the katana. This sword book features:

Beautiful, step-by-step photos and easy-to-understand text
Guidance for selecting, maintaining, and using your sword
Wisdom

about the practical value of meditation

Inspirational

biographies of some of the greatest samurai

swordsmen, men

whose words and deeds embodied the

true spirit of the samurai warrior

Downloadable video

Whether you're a beginner or an

experienced

swordsperson, this

book will broaden your practical knowledge

with detailed

instruction on stances,

cuts, guards, forms,

and sparring

techniques and

strategy.

Mastering the

Samurai Sword

Kodansha

"Thomas Cleary shows

us how well-known

attributes such as the

reserve and mystery of

formal Japanese

behavior are deeply

rooted in the ancient strategies of the traditional arts of war. Citing original sources that are popular among Japanese readers today, he reveals hidden forces behind Japanese attitudes and conduct in political, business, social, and personal life."--BOOK JACKET.
Kendo Tuttle Publishing
 Apply the ancient close-combat secrets of the Samurai to modern warfare with this military martial arts self-defense guide. Today's ground soldier may be required to carry up to 60 lbs. of equipment when on patrol, or in any situation where they might be engaging the enemy. Unfortunately, mobility is sacrificed in the name of protection. In close-proximity combat, the modern

soldier is at a decided disadvantage compared to his more nimble opponent -- but this is nothing new in the history of warfare. On the battlefields of medieval Japan, the Samurai faced a similar situation. This created the need to devise a new defense method that you can learn from today. In his self-defense guide *Modern Hand to Hand Combat*, Isler has blended Samurai techniques with the battlefield combat needs of the modern soldier. This book gives step-by-step instructions on how to effectively deal with life and death situations through movements and principles that still hold true. These principle-driven guidelines make for a variety of self-defense applications

and are valuable to everyone from law enforcement officers and security personnel to soldiers and military professionals. With almost 300 illustrations and a detailed instructional DVD, the guidelines set out in this book and DVD set can, and will, significantly enhance the warfighter's ability to survive in combat. Topics covered include: Chapter 1) JOURNEY TO CREATION Chapter 2) LESSONS FROM THE PAST Chapter 3) B.P.C. PHILOSOPHY Chapter 4) FOCUSES OF B.P.C. TRAINING Chapter 5) THE BASICS Chapter 6) UNDERSTANDING DISTANCE Chapter 7) WINNING CONCEPTS Chapter 8) EXHAUSTIVE MEASURES Chapter 9) BATTLEFIELD GROUND COMBAT Chapter 10)

TECHNIQUE SET 1 To learn how the martial arts of the Samurai can be useful to those in the military and beyond, Modern Hand to Hand Combat is the most comprehensive guide to blending these two systems for optimal safety and effectiveness.

The Japanese Art of War Frontline Books "Meet the Lara Croft of Manhattan" --The New York Post STRIKE, THRUST, CUT . . . YOUR WAY INTO GREAT SHAPE Feel the power and exhilaration of a Samurai sword workout with Forza, the full body exercise program based on Japanese sword fighting techniques. Build muscle and burn fat with this fantastic cardio workout that strings together controlled sword

movements in to movie-like, choreographed combinations performed at high speed.

Inventing the Way of the Samurai Amethyst Moon

Originally published in Great Britain in 2000 by Greenhill Books; reprinted in this format in 2014 by Frontline Books.

Muye Dobo Tongji

Kodansha Amer Incorporated

Linking the time when karate was a strictly Okinawan art of self-defense shrouded in the deepest secrecy and the present day, when it has become a martial art practiced throughout the world, is Gichin Funakoshi, the "Father of Karate-do." Out of modesty, he was reluctant to write this

autobiography and did not do so until he was nearly ninety years of age. Trained in the Confucian classics, he was a schoolteacher early in life, but after decades of study under the foremost masters, he gave up his livelihood to devote the rest of his life to the propagation of the Way of Karate. Under his guidance, techniques and nomenclature were refined and modernized, the spiritual essence was brought to the fore, and karate evolved into a true martial art. Various forms of empty-hand techniques have been practiced in Okinawa for centuries, but due to the lack of historical records, fancy often masquerades as fact. In telling of his own famous teachers--and

not only of their mastery of technique but of the way they acted in critical situations--the author reveals what true karate is. The stories he tells about himself are no less instructive: his determination to continue the art, after having started it to improve his health; his perseverance in the face of difficulties, even of poverty; his strict observance of the way of life of the samurai; and the spirit of self-reliance that he carried into an old age kept healthy by his practice of Karate-do.

The Way of the Living Sword

Shambhala
Publications

For over a thousand years the sword has played a crucial role in Japanese society. Even today it remains a

ubiquitous and venerated object, whether cherished as a work of art, admired as a feat of technology, or wielded in one of the many schools of fencing that have survived Japan's feudal era. This book not only explains the techniques of that era's most prominent school, it also gives the reader a fascinating insight in the history and martial ethics that underpin the modern day practice of Japanese fencing, an art known to the Japanese as *laido*.

Weapons and Fighting Techniques of the Samurai Warrior

Kodansha International
The myths of the noble Samurai and the sinister Ninja are filled with romantic fantasy and fallacy. Samurai and Ninja expert

Antony Cummins shatters the myths and exposes the true nature of these very real--and very lethal--medieval Japanese warriors. The Samurai and Ninja were, in fact, brutal killing machines trained in torture and soaked in machismo. Many were skilled horsemen and sword-fighting specialists, while others were masters of deception and sabotage. Some fought for loyalty, others for personal gain. What these warriors all shared in common was their unflinching personal bravery, skill and brutality. In *Samurai and Ninja*, Cummins separates myth from reality and shows why the Japanese were the greatest warriors of all time: He describes the Samurai and the Ninja

as they really were in earlier times when battles raged across Japan--not in later times when war became obsolete and Japanese warriors became philosophers, scholars and courtiers. He describes the social context of the day and the feudal world into which the warriors were trained to fight and die for their lords. He exposes the essentially brutal nature of warfare in medieval Japan. This book is illuminated by many rare Japanese manuscripts and texts which are translated into English for the very first time.

Fighting with the German Longsword
Kodansha Amer
Incorporated
Explains how fear and honor have regulated the life of swordsmen

and how the sword was wielded by men in battle and in duels. It examines real world warriors who have inspired the Jedi Knights and the ancient tradition of Master-Apprentice instruction, which was the preferred method of training swordsmen. Concludes by taking an in-depth look at the lightsaber fighters in the Star Wars films.

Samurai

Swordsmanship

Chartwell Books

To the Japanese, the sword is a spiritual weapon. It possesses a particular divinity, reflecting the soul of its maker, owner, and user. Around its mystical powers has grown the centuries-old ritual and practice of Samurai swordsmanship which is still avidly practiced

today as is a fascinating and intricate martial art. This unique guide unlocks all the mysteries of the ancient tradition of Iaijutsu—explaining the history and significance of the sword in Samurai culture and documenting the techniques of swordsmanship as found in no other martial arts book. Darrell Max Craig is one of the foremost teachers of Kendo in the West. He spent many years in Japan competing and training at the very highest level. His book, *Drawing the Samurai Sword*, provides a thorough examination of all aspects of Iaijutsu—including information on sword care and selection,

necessary gear, sword and dojo etiquette, and useful drills for practice and demonstration. This book also teaches readers about: How to evaluate your Samurai sword and handle it safely How to wear the traditional Hakama uniform How to perform the Kata forms to hone your technique The brutal history of sword testing, and today's more humane equivalent The classic and exciting story of "The Forty-Seven Ronin" And much more! Featuring a new preface by the author, original color photos and added information about sword testing, this generously-illustrated book is a treasure trove of information for aspiring students and experienced practitioners alike.

Iaido Sword

Bloomsbury Publishing
For 700 years Japanese civilization was dominated by a single warrior caste. This project looks at the weaponry of Samurai men and women over the centuries with specifically commissioned photography of reenactors wearing and museum-quality clothing and weaponry.

Forza The Samurai Sword Workout Black Belt Books

"The warrior traditions of Japan's martial history have long inspired awe and respect throughout the world, drawing generations of devotees and admirers. Few would be able to claim more knowledge and authority on these traditions than Dr.

Masaaki Hatsumi, the most famous Ninja grandmaster alive. In this book he explores the essence of various unarmed techniques unique to the Japanese martial arts, known as Budo Taijutsu. These techniques are highly specialized, drawn from a wealth of hidden teachings from the rich heritage of Japan's various schools." "This is the most comprehensive work by Dr. Hatsumi to date, and will offer the reader a unique insight into some of the lesser known areas of the Japanese martial arts, thus enhancing his understanding of the roots of such arts, as well as enabling him to learn more practical fighting techniques. The author goes beyond mere explanations, and

attempts to shine light on the very essence of the spirit of Japanese Budo and Bushido."-- BOOK JACKET.
□□□□□ Kodansha International
After years of practicing persistently and developing technical prowess, advanced students in the Japanese sword arts need to cultivate a strategic mind if they are to advance to the rarefied level of master swordsperson. Rather than passively absorbing the sword techniques, an ambitious student needs to focus more directly on the two ultimate goals of the art--to cut the opponent while avoiding being cut and to move toward perfection of character. In Strategy in Japanese Swordsmanship--the

third volume in his invaluable series on Japanese swordsmanship-- Nicklaus Suino, one of the most respected swordsmen in the United States, clearly and concisely presents a tactical approach to training, grounded in these two objectives. He provides a framework for learning strategy in swordsmanship, and demonstrates techniques and drills that help put the strategies into practice. Some of the topics that Suino covers include: * the nature of strategy, timing, and distance * sword handling * the importance of vision and state of mind * timing and distancing * reading an opponent's intention Suino shows how through careful

consideration of the technical issues, consistent practice, and ceaseless reflection, a diligent student can cultivate a strategic mind and learn how to achieve mastery over any opponent. To learn more about the author, Nicklaus Suino, go to www.artofjapaneseswordsmanship.com. Click on the thumbnail to view a larger image. Page 135 [The Beginner's Guide to the Long Sword](#) Vertical Inc Memorialized in countless books and movies, the history of Japan's fearsome samurai warriors is known all over the world. Who can forget these Japanese masters' skills with the sword? Today, samurai warriors no longer exist, but their legacy

of swordsmanship endures. Now, the way of the samurai sword is learned in the martial arts Iaijutsu and Kenjutsu. This book is the perfect introduction to using this beautiful and ancient weapon. In *Mastering the Samurai Sword*, you'll learn the sword's fascinating history, its evolution, and the philosophy behind its use. You'll also learn practical guidance for mastering the sword itself. Full-color, step-by-step photographs detail many of the most useful and famous samurai moves, including: drawing the samurai sword guard positions, cutting blows, and blocking falling and rolling techniques, and evasive strategies standing forms and

kneeling forms All of the martial arts techniques discussed in the book are performed for readers in the downloadable material to help you perfect your form. Beginners will learn everything from proper attire and behavior in the dojo to how they might practice at home, while more experienced samurai swords people will find a new appreciation for the deeper meaning and tradition behind the graceful way of the sword.

The Flower of Battle

Tuttle Publishing

A following book of 'The Twenty Guiding Principles of Karate'. It is presented in the same size, and the same format. This book is the following book of 'The Twenty Guiding Principles of Karate'.

The same size, and the same format.

laido Tuttle Publishing
Asian history.

Unarmed Fighting Techniques of the Samurai

Ulysses Press

As the "soul of the samurai," the sword is famously both the symbol and instrument of Japanese military prowess. Less known, at least in the west, is its role as a fashion accessory or status symbol. More than the weapon itself, it was the sword's metal fittings--from the hand guard to the small decorative plates on the hilt--that reflected the complexities of samurai life. Some fittings were meant to convey the honor and self-control expected of a samurai, while other, more flamboyant fittings reflected the samurai's leisure-time

persona as "man about town." Later, when the wearing of swords spread beyond the samurai class, both the decorative function of the fittings and the variety of their designs increased, leading to some of the most accomplished metalwork ever created. Now in paperback for the first time, *Lethal Elegance* presents 150 of these remarkable sword fittings, and is one of the few books to focus on their styles and techniques. It discusses the visual effects achieved with different alloys, the evolution of fittings following changes in warfare, symbolism and standards for connoisseurship. Though these objects were created for violent ends, their

variety and beauty also reveal them as wonders of self-expression.

Best Sellers - Books :

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- [Killers Of The Flower Moon: The Osage Murders And The Birth Of The Fbi By David Grann](#)
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- [House Of Flame And Shadow \(crescent City, 3\) By Sarah J. Maas](#)