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Pulling Together
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The Art and Practice of Mindfulness
Eleven Rings
More Than a Game
Boys Among Men
Journey to the Ring
More Than a Game
Shaq Uncut
On the Court and Inside the Heads of Basketball's Best Players
A Life Plan for Team Players
Michael Jordan and the World He Made
Canyon Dreams
Sport and Spirituality

Sacred Hoops
The Way of Baseball

*Sacred Hoops Spiritual
Lessons Of A Hardwood
Warri*

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REYNOLDS MENDEZ

The Life of Pete Maravich Putnam Adult
Explores the trend of teenage basketball stars skipping college and making the transition to playing professionally, resulting in the 2005 age limit instituted by the NBA, mandating that all players must attend college or another developmental program for at least a year.

Behind the Scenes with the 2010 NBA Champion Lakers

Constable
The pro-basketball coach and popular motivational speaker presents his recipe for leadership, personal growth, and control of shifting dynamics, showing how to forge strong groups that can work together to create success.

225,000 first printing.

Until Death Do Us Part Penguin

Superman. Diesel. The Big Aristotle. Shaq Fu. The Big Daddy. The Big Shaqtus. Wilt Chamberneezy. The Real Deal. The Big Shamrock. Shaq. You know him by any number of names, and chances are you know all about his legendary basketball career: Shaquille "Shaq" O'Neal is a four-time NBA champion and a three-time NBA Finals MVP. After being an All-American at Louisiana State University, he was the overall number one draft pick in the NBA in 1992. In his 19-year career, Shaq racked up 28,596 career points (including 5,935 free throws!), 13,099 rebounds, 3,026 assists, 2,732 blocks, and 15 All-Star appearances. These are statistics that are almost as massive as the man himself. His presence-both

physically and psychologically-made him a dominant force in the game for two decades. But if you follow the game, you also know that there's a lot more to Shaquille O'Neal than just basketball. Shaq is famous for his playful, and at times, provocative personality. He is, literally, outsize in both scale and persona. Whether rapping on any of his five albums, challenging celebrities on his hit television show "Shaq Vs.," studying for his PhD or serving as a reserve police officer, there's no question that Shaq has led a unique and multi-dimensional life. And in this rollicking new autobiography, Shaq discusses his remarkable journey, including his candid thoughts on teammates and coaches like Kobe Bryant, Dwyane Wade, LeBron James, Phil Jackson, and Pat Riley. From growing up in difficult circumstances and getting cut from his high school basketball team to his larger-than-life basketball career, Shaq lays it all out in SHAQ UNCUT: MY STORY.

Hoops Red Lead Press

Instant #1 New York Times Bestseller & Wall Street Journal Bestseller In The Obstacle Is the Way and Ego Is the Enemy, bestselling author Ryan Holiday made ancient wisdom wildly popular with a new generation of leaders in sports, politics, and technology. In his new book, Stillness Is the Key, Holiday draws on timeless Stoic and Buddhist philosophy to show why slowing down is the secret weapon for those charging ahead. All great leaders, thinkers, artists, athletes, and visionaries share one indelible quality. It enables them to conquer their tempers. To avoid distraction and discover great insights.

To achieve happiness and do the right thing. Ryan Holiday calls it stillness--to be steady while the world spins around you. In this book, he outlines a path for achieving this ancient, but urgently necessary way of living. Drawing on a wide range of history's greatest thinkers, from Confucius to Seneca, Marcus Aurelius to Thich Nhat Hanh, John Stuart Mill to Nietzsche, he argues that stillness is not mere inactivity, but the doorway to self-mastery, discipline, and focus. Holiday also examines figures who exemplified the power of stillness: baseball player Sadaharu Oh, whose study of Zen made him the greatest home run hitter of all time; Winston Churchill, who in balancing his busy public life with time spent laying bricks and painting at his Chartwell estate managed to save the world from annihilation in the process; Fred Rogers, who taught generations of children to see what was invisible to the eye; Anne Frank, whose journaling and love of nature guided her through unimaginable adversity. More than ever, people are overwhelmed. They face obstacles and egos and competition. Stillness Is the Key offers a simple but inspiring antidote to the stress of 24/7 news and social media. The stillness that we all seek is the path to meaning, contentment, and excellence in a world that needs more of it than ever.

Portraits Of 4 Exceptional Individuals And An Examination Of Our Own

Extraordinariness Simon and Schuster

"Nolan Richardson's extraordinary life and success as the University of Arkansas' coach are an important chapter in the history of our country's struggle for racial equality, with all the excitement of the Final Four. What an incredible journey!" —President Bill Clinton
Forty Minutes of Hell by Rus

Bradburd is an intricate exploration of the politics of race and sports, from the Jim Crow era until today, witnessed through the life of legendary African-American basketball coach and NCAA Title winner Nolan Richardson. A remarkable story of pride, courage, and accomplishment in the face of discrimination, Forty Minutes of Hell is also a fascinating window into the world of elite collegiate sports. NBA legend Charles Barkley calls this inspiring and important biography, "A great story about America and its hidden histories....Every American should thank [Richardson] for showing us it was possible."

Moment by Moment Grand Central Publishing

Fifteen years ago, psychologist and educator Howard Gardner introduced the idea of multiple intelligences, challenging the presumption that intelligence consists of verbal or analytic abilities only -- those intelligences that schools tend to measure. He argued for a broader understanding of the intelligent mind, one that embraces creation in the arts and music, spatial reasoning, and the ability to understand ourselves and others. Today, Gardner's ideas have become widely accepted -- indeed, they have changed how we think about intelligence, genius, creativity, and even leadership, and he is widely regarded as one of the most important voices writing on these subjects. Now, in *Extraordinary Minds*, a book as riveting as it is new, Gardner poses an important question: Is there a set of traits shared by all truly great achievers -- those we deem extraordinary -- no matter their field or the time period within which they did their important work? In an attempt to answer this question, Gardner first examines how most of us mature into

more or less competent adults. He then examines closely four persons who lived unquestionably extraordinary lives -- Mozart, Freud, Woolf, and Gandhi -- using each as an exemplar of a different kind of extraordinariness: Mozart as the master of a discipline, Freud as the innovative founder of a new discipline, Woolf as the great introspect or, and Gandhi as the influencer. What can we learn about ourselves from the experiences of the extraordinary? Interestingly, Gardner finds that an excess of raw power is not the most impressive characteristic shared by superachievers; rather, these extraordinary individuals all have had a special talent for identifying their own strengths and weaknesses, for accurately analyzing the events of their own lives, and for converting into future successes those inevitable setbacks that mark every life. Gardner provides answers to a number of provocative questions, among them: How do we explain extraordinary times -- Athens in the fifth century B.C., the T'ang Dynasty in the eighth century, Islamic Society in the late Middle Ages, and New York at the middle of the century? What is the relation among genius, creativity, fame, success, and moral extraordinariness? Does extraordinariness make for a happier, more fulfilling life, or does it simply create a special onus?

Secrets to Pure Performance Simon and Schuster

"This is a very useful guide for living mindfully. I hope you will return to it again and again and practice wholeheartedly the exercises Dr. Braza offers." —Thich Nhat Hanh, from the forward "Moment by Moment offers a simple and elegant teaching that can change your life." —Jack Kornfield, author of *A Path with Heart* "For anyone

seeking more 'real moments,' *Moment by Moment* offers valuable and practical techniques for discovering joy now."

—Barbara de Angelis, PhD., Author of *Real Moments* "A delightful book for people who are restless 'doers' like myself. It teaches you how to be in the moment. I highly recommend it for all 'busy bees' and restless souls."

—Elisabeth Kubler-Ross, M.D., author of *On Death and Dying* Based on the Jerry Braza's Mindfulness Training Program, this book provides simple exercises for developing greater awareness and emotional involvement in our daily lives. Braza offers practical guidance on managing stress, quieting the mind, transforming feelings, enhancing productivity, and completing unfinished emotional business.

Spiritual Lessons of a Hardwood Warrior Ember

Basketball's most unlikely—and most sought-after—training guru offers an inside look at his career, his methods, and the all-star players whose games he's helped transform. Where do the best basketball players in the world turn when they want to improve their game? Whom does a future NBA Hall of Famer thank at his press conference when he's named Rookie of the Year? Who is it that *Sports Illustrated*, *The Wall Street Journal*, and *Men's Journal* all call the "Hoops Whisperer" because of his ability to engage, inspire, and challenge the players he trains? The answer to all of these questions is Idan Ravin. Ravin never played or coached in college or the pros, yet a virtual NBA All-Star team relies on him to better their game and reach their full potential. A soft-spoken former lawyer, Ravin has become professional basketball's hottest trainer. In *The Hoops Whisperer*, Ravin shares the fascinating story of how he

transformed a passion for the game into working with iconic basketball stars such as Chris Paul, LeBron James, Kevin Durant, Carmelo Anthony, Stephen Curry, Blake Griffin, James Harden, Dwight Howard, and many more. He offers a rare unguarded glimpse inside the lives of these great athletes, drawn from his intimate connection with them that is the basis of his success.

Showcasing his unorthodox drills and improvisational techniques in action, Ravin reveals how faith, effort, dedication, and passion can make a player into a superstar—and anyone into a success. Combined with his own inspiring journey, Ravin's insights make *The Hoops Whisperer* a must-read for anyone who loves the game.

Black Gods of the Asphalt

CreateSpace

An inside look at the season that proved to be the final ride of a truly great dynasty—Kobe Bryant, Shaq, and the LA Lakers For the countless basketball fans who were spellbound by the Los Angeles Lakers' 2003–2004 high-wire act, this book is a rare and phenomenal treat. In *The Last Season*, Lakers coach Phil Jackson draws on his trademark honesty and insight to tell the whole story of the season that proved to be the final ride of a truly great dynasty. From the signing of future Hall-of-Famers Karl Malone and Gary Payton to the Kobe Bryant rape case/media circus, this is a riveting tale of clashing egos, public feuds, contract disputes, and team meltdowns that only a coach, and a writer, of Jackson's candor, experience, and ability could tell. Full of tremendous human drama and offering lessons on coaching and on life, this is a book that no sports fan can possibly pass up.

Wish It Lasted Forever Columbia University Press

With a new introduction, Phil Jackson's modern classic of motivation, teamwork, and Zen insight is updated for a whole new readership "Not only is there more to life than basketball, there's a lot more to basketball than basketball." --Phil Jackson Eleven years ago, when Phil Jackson first wrote these words in *Sacred Hoops*, he was the triumphant head coach of the Chicago Bulls, known for his Zen approach to the game. He hadnt yet moved to the Los Angeles Lakers, with whom he would bring his total to an astounding nine NBA titles. In his thought-provoking memoir, he revealed how he directs his players to act with a clear mind -- not thinking, just doing; to respect the enemy and be aggressive without anger or violence; to live in the moment and stay calmly focused in the midst of chaos; to put the "me" in service of the "we" -- all lessons applicable to any person's life, not just a professional basketball player's. This inspiring book went on to sell more than 400,000 copies. In his new introduction, Jackson explains how the concepts in *Sacred Hoops* are relevant to the issues facing his current team -- and today's reader.

Stillness Is the Key Simon and Schuster "Drawing on unprecedented access and personal experiences that would not be possible for any reporter today, Shaughnessy takes us inside the legendary Larry Bird-led Celtics teams, capturing the camaraderie as they rose to dominate the NBA. Fans can witness the cockiness of Larry Bird (who once walked into an All Star Weekend locker room, announced that he was going to win the three-point contest, and did); the ageless athleticism of Robert Parish; the shooting skills of Kevin McHale; the fierce, self-sacrificing play of Bill Walton; and the playful humor of players like

Danny Ainge, Cedric Cornbread Maxwell, and M.L. Carr."--

Playing for Keeps Penguin

The former UCLA men's basketball coach reflects on his career, his life outside of basketball, and the impact some of his top players had on the NBA.

Sacred Hoops Diversion Books

The author shares lessons he learned throughout his athletic career, explaining how he approached baseball philosophically and learned to be still, live in the present, and achieve mindfulness in spite of challenges and fame.

My Story Turtleback Books

Phil Jackson, coach of the Chicago Bulls, describes his outlook on life, and explains how he applies it to basketball

How the Prep-to-pro Generation

Redefined the NBA and Sparked a Basketball Revolution Penguin

An ALA-YALSA Best Book for Young Adults New Bonus Content: -Q&A with

Walter Dean Myers -Q&A with

screenwriter John Ballard -Teaser

chapter from *On a Clear Day* -Excerpt

from *145th Street* All eyes are on seventeen-year-old Lonnie Jackson while he practices with his team for a city-wide basketball Tournament of Champions.

His coach, Cal, knows Lonnie has what it takes to be a pro basketball player, but warns him about giving in to the pressure. Cal knows because he, too, once had the chance—but sold out. As the tournament nears, Lonnie learns that some heavy bettors want Cal to keep him on the bench so that the team will lose the championship. As the last seconds of the game tick away, Lonnie and Cal must make a decision. Are they willing to blow the chance of a lifetime?

Mind Games Harper Collins

"Through candor and

comprehensiveness, Jackson writes a

convincing revisionist take, in which he emerges as an excellent coach . . .

highly readable . . . reflects Jackson's polymathy." —The New York Times Book Review "Part sports memoir, part New Age spirit quest, part pseudo-management tract . . . But the primary thing with Jackson—as with all the old bards, who were also known for repeating themselves—is the voice."

—Sam Anderson, The New York Times Magazine A New York Times Bestseller The inside story of one of basketball's most legendary and game-changing figures During his storied career as head coach of the Chicago Bulls and Los Angeles Lakers, Phil Jackson won more championships than any coach in the history of professional sports. Even more important, he succeeded in never wavering from coaching his way, from a place of deep values. Jackson was tagged as the "Zen master" half in jest by sportswriters, but the nickname speaks to an important truth: this is a coach who inspired, not goaded; who led by awakening and challenging the better angels of his players' nature, not their egos, fear, or greed. This is the story of a preacher's kid from North Dakota who grew up to be one of the most innovative leaders of our time. In his quest to reinvent himself, Jackson explored everything from humanistic psychology and Native American philosophy to Zen meditation. In the process, he developed a new approach to leadership based on freedom, authenticity, and selfless teamwork that turned the hypercompetitive world of professional sports on its head. In *Eleven Rings*, Jackson candidly describes how he:

- Learned the secrets of mindfulness and team chemistry while playing for the champion New York Knicks in the 1970s
- Managed Michael Jordan, the greatest

player in the world, and got him to embrace selflessness, even if it meant losing a scoring title • Forged successful teams out of players of varying abilities by getting them to trust one another and perform in sync • Inspired Dennis Rodman and other “uncoachable” personalities to devote themselves to something larger than themselves • Transformed Kobe Bryant from a rebellious teenager into a mature leader of a championship team. Eleven times, Jackson led his teams to the ultimate goal: the NBA championship—six times with the Chicago Bulls and five times with the Los Angeles Lakers. We all know the legendary stars on those teams, or think we do. What *Eleven Rings* shows us, however, is that when it comes to the most important lessons, we don’t know very much at all. This book is full of revelations: about fascinating personalities and their drive to win; about the wellsprings of motivation and competition at the highest levels; and about what it takes to bring out the best in ourselves and others.

The Jewish Jordan's Triple Threat

ReadHowYouWant.com

Bob Greene shows us a side of Michael Jordan that doesn't make the sports page...the inside. Journalist and bestselling author Bob Greene stepped into Michael Jordan's world just as Jordan was reaching the apex of his talent and his fame. With Greene, Jordan let down his guard. In an extraordinary book that transcends sports biography, Greene takes the reader along with Jordan over two seasons with the Chicago Bulls, during glorious championship surges and trying personal moments. With rare insight, Greene reveals the person inside the icon: a man who makes millions but cannot go for a quiet walk around the block without getting mobbed, a man

who competes ferociously on the court, but who performs some of his most remarkable and unexpected feats away from the limelight. Drawn from inside Michael Jordan's daily life, rich with the sound of Jordan's own voice, *Hang Time* is a startlingly candid and intimate story of time spent with a champion, and of the growing friendship between two men.

The Complete Guide to the Triangle Offense Hyperion

Reminiscent of Phil Jackson’s SACRED HOOPS, Tamir Goodman’s *Triple Threat* explores physical, mental, and spiritual lessons, on and off the court. Tamir Goodman was dubbed “The Jewish Jordan” by SPORTS ILLUSTRATED for the unorthodox combination of basketball prowess and devout faith that he brought with him onto the court as a top-ranked high school recruit, D-I and professional basketball player. Goodman’s book features practical basketball training tips, strategies to contend with the mental side of the game, and game-like scenarios to demonstrate how this advice will pay off on the court. The book also takes readers on a fascinating journey through Goodman’s career, a highlight of which includes Goodman making history as the first Jewish player to play D-I and professional basketball while wearing a yarmulke and refraining from playing on the Jewish Sabbath. By weaving the hands-on advice with the intriguing personal stories, Goodman examines the basketball fundamentals of shooting, ball-handling and passing from the physical, mental and spiritual perspectives and assigns each of these moves a deeper meaning. Goodman uses examples from his career to make the point that adding an individualized spiritual element to physical and mental

training can help athletes take their game to the next level, while also helping them to identify and achieve meaningful success on the court and in life. "The nickname 'Jewish Jordan' might roll off the tongue, but Tamir Goodman's journey to realize his basketball dreams was no breeze. I thoroughly enjoyed reliving all the twists and turns through HIS eyes—one of the finest sportsmen and ambassadors that our people have ever known - in this captivating book." —Marc Stein, ESPN NBA Reporter "... an inspiring book with expert basketball advice that is great for players of all levels." —Omri Casspi, Small Forward for the NBA's Cleveland Cavaliers "... a fascinating look at one man's talents on the court, in his soul, and with an ultimate higher purpose. This book is for anyone interested in the skills of serious sportsmanship and the nuances of living an integrated and rich religious life. Tamir takes the concept of athleticism as a meaningful pursuit to the highest and most profound level. What a wonderful, joyful and superbly elegant exploration into the worlds of sports, religion, and life's purpose." —Mayim Bialik, Ph.D., CLEC, Actress—The Big Bang Theory "As a DC area native, I have crystal clear memories of the Jewish Jordan phenomena and the national attention his story created. While he was obviously an exceptional basketball player, it was his unparalleled commitment to his faith that made him so impressive. This book is a refreshing look at what it takes to be successful on and off the court. It is a must read for all players and coaches. I couldn't put it down." —Alan Stein, Professional Basketball Strength & Conditioning Coach "I have had the honor and privilege of watching Tamir Goodman conduct a basketball camp for children, so I have seen him put these

words into action. For all the wonderful advice included in Triple Threat, it is his combined love affair with basketball and Judaism, and his spiritual devotion to both that stands out for me. His playing career was far too short, but his passion for his game—and his God—endures." —Mary Schmitt Boyer, sportswriter and President of the Professional Basketball Writers Association

Coaching Basketball For Dummies Little, Brown

Champions do extra. They sweep the sheds. They follow the spearhead. They keep a blue head. They are good ancestors. In Legacy, best-selling author James Kerr goes deep into the heart of the world's most successful sporting team, the legendary All Blacks of New Zealand, to reveal 15 powerful and practical lessons for leadership and business. Legacy is a unique, inspiring handbook for leaders in all fields, and asks: What are the secrets of success - sustained success? How do you achieve world-class standards, day after day, week after week, year after year? How do you handle pressure? How do you train to win at the highest level? What do you leave behind you after you're gone? What will be your legacy?

Rapture Penguin Books

The all-star adviser to athletes like Kobe Bryant and Michael Jordan shares his revolutionary, mindfulness-based program for elevating your game "George helped me understand the art of mindfulness. To be neither distracted or focused, rigid or flexible, passive or aggressive. I learned just to be." —Kobe Bryant Michael Jordan credits George Mumford with transforming his on-court leadership of the Bulls, helping Jordan lead the team to six NBA championships. Mumford also helped Kobe Bryant, Andrew Bynum, and Lamar Odom and

countless other NBA players turn around their games. A widely respected public speaker and coach, Mumford is sharing his own story and the strategies that have made these athletes into stars in *The Mindful Athlete: The Secret to Pure Performance*. His proven, gentle but groundbreaking mindfulness techniques can transform the performance of anyone with a goal, be they an Olympian, weekend warrior, executive, hacker, or artist. When Michael Jordan left the Chicago Bulls to play baseball in 1993, the team was in crisis. Coach Phil Jackson, a long-time mindfulness practitioner, contacted Dr. Kabat-Zinn to find someone who could teach mindfulness techniques to the struggling team—someone who would have credibility and could speak the language

of his players. Kabat-Zinn led Jackson to Mumford and their partnership began. Mumford has worked with Jackson and each of the eleven teams he coached to become NBA champions. His roster of champion clients has since blossomed way beyond basketball to include corporate executives, Olympians, and athletes in many different sports. With a charismatic teaching style that combines techniques of engaged mindfulness with lessons from popular culture icons such as Yoda, Indiana Jones, and Bruce Lee, Mumford tells illuminating stories about his larger than life clients. His writing is down-to-earth and easy to understand and apply. *The Mindful Athlete* is an engrossing story and an invaluable resource for anyone looking to elevate their game, no matter what the pursuit, and includes a foreword by Phil Jackson.

Best Sellers - Books :

- [Blowback: A Warning To Save Democracy From The Next Trump](#)
- [Meditations: A New Translation](#)
- [Haunting Adeline \(cat And Mouse Duet\) By H. D. Carlton](#)
- [Jackie: Public, Private, Secret](#)
- [Feel-good Productivity: How To Do More Of What Matters To You](#)
- [The Collector: A Novel By Daniel Silva](#)
- [Why A Daughter Needs A Dad: Celebrate Your Father Daughter Bond This Father's Day With This Special Picture Book! \(always In My Heart\) By Gregory E. Lang](#)
- [The Covenant Of Water \(oprah's Book Club\)](#)
- [Verity](#)
- [The Complete Summer I Turned Pretty Trilogy \(boxed Set\): The Summer I Turned Pretty; It's Not Summer Without You; We'll Always Have Summer By Jenny Han](#)