
Triumph On Ice An Autobiography

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*Triumph On Ice An
Autobiography*

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JESUS CASSIUS

Fire on Ice Createspace Independent
Publishing Platform

An emotional, page-turning account of
unhealed trauma and personal
transformation that will break your heart
and change your mind, in the tradition of
Somebody's Daughter, A Piece of Cake,
and Jesmyn Ward's Men We Reaped
Riveting, honest, and raw, I Can Take It
From Here recounts Lisa Forbes's

harrowing journey into darkness —
including a fourteen-year-long stint in a
maximum-security prison — and her fierce
resolve to understand the effects of the
trauma she endured, to take personal
responsibility for her actions, and to
ensure that her history does not dictate
her destiny. The youngest of six children,
Lisa grew up in a Chicago housing project
where she endured sexual, religious, and
emotional abuse as a little girl. A voracious
reader, she graduated high school at 15
and went to work as a secretary in a
downtown insurance office, became

pregnant at 16 and, at 19, unexpectedly
and uncharacteristically committed a
violent act, stabbing and killing the father
of her daughter. Providing powerful
insights into what we as a society need to
learn and confront in the ongoing
epidemic of mass re-incarceration, Lisa is
a stunning example of an individual who
through determination, knowledge, and
hard work has been able to reclaim her
own life. The book ends with Lisa's rousing
call to action to support the people—as
well as the shorthanded employers—who
need the help, and need each other, more

than ever.

Slap Shot Original Random House
Looking back on a memorable career, Darren McCarty recounts his time as one of the most visible and beloved members of the Detroit Red Wings as well as his personal struggles with addiction, finances, and women and his daily battles to overcome them. As a member of four Red Wings' Stanley Cup-winning teams, McCarty played the role of enforcer from 1993 to 2004 and returning again in 2008 and 2009. His "Grind Line" with teammates Kris Draper and Kirk Maltby physically overmatched some of the best offensive lines in the NHL, but he was more than just a brawler: his 127 career goals included several of the highlight variety, including an inside-out move against Philadelphia in the clinching game of the 1997 Stanley Cup Finals. As colorful a character as any NHL player, he has arms adorned with tattoos, and he was the lead singer in the hard rock band Grinder during the offseason. Yet this autobiography details what may have endeared him most to his fans: the honest, open way he has dealt with his struggles in life off the ice. Whether dealing with

substance abuse, bankruptcy, divorce, or the death of his father, Darren McCarty has always seemed to persevere.

Alone Triumph Books

Documenting his notorious career with the Detroit Red Wings and the Chicago Blackhawks, Bob Probert details in this autobiography how he racked up points, penalty minutes, and bar bills, establishing himself as one of the most feared enforcers in the history of the NHL. As Probert played as hard off the ice as on, he went through rehab 10 times, was suspended twice, was jailed for carrying cocaine across the border, and survived a near fatal motorcycle crash all during his professional career, and he wanted to tell his story in his own words to set the record straight. When he died unexpectedly of a heart attack at the age of 45 on July 5, 2010, he was hard at work on his memoir—a gripping journey through the life of Bob Probert, with jaw-dropping stories of his on-ice battles and his reckless encounters with drugs, alcohol, police, customs officials, courts, and the NHL, told in his own voice and with his rich sense of humor.

Landing It University of Chicago Press

A rare first-person account that combines a journalist's skilled reporting with the raw emotion of a younger brother's heartfelt testimony of what his family endured after his eldest brother killed a man and was sentenced to life in prison. At the age of nine, Issac J. Bailey saw his hero, his eldest brother, taken away in handcuffs, not to return from prison for thirty-two years. Bailey tells the story of their relationship and of his experience living in a family suffering from guilt and shame. Drawing on sociological research as well as his expertise as a journalist, he seeks to answer the crucial question of why Mookie and many other young black men—including half of the ten boys in his own family—end up in the criminal justice system. What role do poverty, race, and faith play? What effect does living in the South, in the Bible Belt, have? And why is their experience understood as an acceptable trope for black men, while white people who commit crimes are never seen in this generalized way? *My Brother Mookie* provides a wide-ranging yet intensely intimate view of crime and incarceration in the United States, and the devastating effects on the incarcerated,

their loved ones, their victims, and society as a whole. It also offers hope for families caught in the incarceration trap: though the Bailey family's lows have included prison and bearing the responsibility for multiple deaths, their highs have included Harvard University, the White House, and a renewed sense of pride and understanding that presents a path forward.

On the Ice with...Tara Lapinski Penguin Hockey is best known for its "bad boys", those players who spend as much time on the ice swinging punches as they do swinging their sticks. Here is an inside look at the exciting, suspenseful, sometimes outrageous world of an NHL game -- on the ice and in the "sin bin". Copyright © Libri GmbH. All rights reserved.

Untangled HarperCollins

A New York Times Notable Book and the March 2001 selection of Oprah's Book Club® ! Icy Sparks is the sad, funny and transcendent tale of a young girl growing up in the mountains of Eastern Kentucky during the 1950's. Gwyn Hyman Rubio's beautifully written first novel revolves around Icy Sparks, an unforgettable heroine in the tradition of Scout in *To Kill a*

Mockingbird or Will Treed in *Cold Sassy Tree*. At the age of ten, Icy, a bright, curious child orphaned as a baby but raised by adoring grandparents, begins to have strange experiences. Try as she might, her "secrets"—verbal croaks, groans, and physical spasms—keep afflicting her. As an adult, she will find out she has Tourette's Syndrome, a rare neurological disorder, but for years her behavior is the source of mystery, confusion, and deep humiliation. Narrated by a grown up Icy, the book chronicles a difficult, but ultimately hilarious and heartwarming journey, from her first spasms to her self-acceptance as a young woman. Curious about life beyond the hills, talented, and energetic, Icy learns to cut through all barriers—physical, mental, and spiritual—in order to find community and acceptance. Along her journey, Icy faces the jeers of her classmates as well as the malevolence of her often-ignorant teachers—including Mrs. Stilton, one of the most evil fourth grade teachers ever created by a writer. Called willful by her teachers and "Frog Child" by her schoolmates, she is exiled from the schoolroom and sent to a children's

asylum where it is hoped that the roots of her mysterious behavior can be discovered. Here Icy learns about difference—her own and those who are even more scarred than she. Yet, it isn't until Icy returns home that she really begins to flower, especially through her friendship with the eccentric and obese Miss Emily, who knows first-hand how it feels to be an outcast in this tightly knit Appalachian community. Under Miss Emily's tutelage, Icy learns about life's struggles and rewards, survives her first comical and heartbreaking misadventure with romance, discovers the healing power of her voice when she sings, and ultimately—takes her first steps back into the world. Gwyn Hyman Rubio's *Icy Sparks* is a fresh, original, and completely redeeming novel about learning to overcome others' ignorance and celebrate the differences that make each of us unique.

Journey Through Fire and Ice McClelland & Stewart

A vibrant picture book biography of Surya Bonaly, the figure skating champion who backflipped her way into history As a young girl in France, Surya Bonaly was

constantly in motion, gifted in any sport she tried. But it was figure skating that had her heart. Surya knew she belonged on the ice. Her colorful costumes, exuberant routines, powerful jumps, and daring combinations were all expressions of her love for skating and her ambition to push the boundaries of what a figure skating champion could look like. Some people weren't sure Surya belonged on top of the podium. "Is she graceful enough?" they asked. "Does she look like a skater?" But Surya's fearless heart propelled her to always stay true to herself while pursuing her boldest dreams. Culminating in her iconic backflip performed at the 1998 Olympics, *Fearless Heart* is a lushly illustrated, lyrical story of self-expression and courage.

Walking on Thin Ice Triumph Books
Describes the life and skating career of the young woman who won a gold medal in figure skating at the 1998 Olympics.

Escape Penguin

The uplifting, adventure-filled memoir of one groundbreaking scientist's quest to develop new ways to fight illness and disease through the healing powers of plants. "A fascinating and deeply personal

journey." —Amy Stewart, author of *Wicked Plants* and *The Drunken Botanist* Traveling by canoe, ATV, mule, airboat, and on foot, Dr. Cassandra Quave has conducted field research everywhere from the flooded forests of the remote Amazon to the isolated mountaintops in Albania and Kosovo—all in search of natural compounds, long-known to traditional healers, that could help save us all from the looming crisis of untreatable superbugs. Dr. Quave is a leading medical ethnobotanist—someone who identifies and studies plants that may be able to treat antimicrobial resistance and other threatening illnesses—helping to provide clues for the next generation of advanced medicines. And as a person born with multiple congenital defects of her skeletal system, she's done it all with just one leg. In *The Plant Hunter*, Dr. Quave weaves together science, botany, and memoir to tell us the extraordinary story of her own journey.

Heaven Is Here iUniverse

Curtis Joseph, known affectionately to hockey fans around the world as *Cujo*, was an unlikely NHL superstar. The boy from Keswick, Ontario, didn't put on a pair of

skates until most kids his age were already far along in organized hockey, and he was passed over by every team in the NHL draft. Despite an unorthodox start, he would go on to play 18 seasons with the St. Louis Blues, Edmonton Oilers, Toronto Maple Leafs, Detroit Red Wings, Phoenix Coyotes, and Calgary Flames, winning an Olympic gold medal along the way. For the first time, in this revealing memoir, Joseph talks about his highly unusual upbringing and what led him to pursue hockey. Fans will not want to miss this untold story of perseverance and finding one's own path. The Making of a Miracle A&C Black
Walking on Thin Ice, a memoir of love, hate, envy, and greed traces a young woman's pursuit of stardom down a dangerous road that leads to shattered dreams and a harrowing fate. I found myself staring down the barrel of a revolver, and a wave of disbelief rippled through me ... An explosion blasted me into a nightmare. The room swirled slowly. Clickclick. The sound reverberated each time she pulled the trigger. I realized this woman was trying to kill me! In *Walking on Thin Ice*, ReGena Bell-Roberts shares her riveting story against the backdrop of a

childhood sexual molestation. She is one, among a few young girls from the small town of Pasco, Washington, who harbored dreams of fame, fortune, and a craving for the love of a powerful man. After high school graduation, ReGenas life transforms. Despite myriad warnings, she falls for the charming Max Clayton, a thirty-three year old streetwise hustler who entices her into a dark underworld of illicit sex and drugs. When Max betrays her, their life takes a fateful turn. The gripping saga explodes in the Mount Baker area of Seattle, Washington; and depicts ReGenas struggle to deal with a tragic life-changing event that threatens her very existence. But she fights back with unshakable strength, courage, and a will to survive.

My Promised Land National Geographic Books

On the fortieth anniversary of the historic "Miracle on Ice," Mike Eruzione—the captain of the 1980 U.S. Men's Olympic Hockey Team, who scored the winning goal—recounts his amazing career on ice, the legendary upset against the Soviets, and winning the gold medal. It is the greatest American underdog sports story

ever told: how a team of college kids and unsigned amateurs, under the tutelage of legendary coach—and legendary taskmaster—Herb Brooks, beat the elite Soviet hockey team on their way to winning the gold medal at the 1980 Lake Placid Olympics. No one believed the scrappy Americans had a real shot at winning. Despite being undefeated, the U.S.—the youngest team in the competition—were facing off against the four-time defending gold medalist Russians. But the Americans' irrepressible optimism, skill, and fearless attitude helped them outplay the seasoned Soviet team and deliver their iconic win. As captain, Mike Eruzione led his team on the ice on that Friday, February 22, 1980. But beating the U.S.S.R was only one of the numerous challenges Mike has faced in his life. In this inspiring memoir, he recounts the obstacles he has overcome, from his blue-collar upbringing in Winthrop, Massachusetts, to his battle to make the Boston University squad; his challenges in the minor leagues and international tournaments to his selection to the U.S. team and their run for gold. He also talks about the aftermath of that stupendous

win that inspired and united the nation at a time of crisis in its history. Eruzione has lived a hockey life full of unexpected twists and surprising turns. Al Michaels' famous call in 1980—"do you believe in miracles? YES!"—could have been about Mike himself. Filled with vivid portraits—from his hard-working, irrepressible father to the irascible Herb Brooks to the Russian hall of famers Tretiak, Kharlamov, Makarov, and Fetisov—this lively, fascinating look back is destined to become a sports classic and is a must for hockey fans, especially those who witnessed that miraculous day.

Through the Groves Little, Brown Books for Young Readers

The world title...the U.S. national title...the Olympic Gold Medal...Tara Lipinski took the skating world by storm when she captured the gold at both prestigious championships at age 14. Now Tara reigns as today's youngest and most spectacular figure skating champion. Her dazzling triple loop-triple loop combination--the first ever performed by a woman or a man in competition--has become her trademark jump. And Tara's artistry and exuberance always shine through. At every

performance, the crowd goes wild! Overnight, Tara Lipinski has become the adored star of figure skating. In her autobiography, "Triumph On Ice, Tara talks about her love of skating; the hours of practice, her friend Todd Eldredge and their coach Richard Callaghan; her family; and her many accomplishments outside the skating world. Tara Lipinski's enormous talent and golden triumphs have propelled her to figure skating's premier spot. As the song she uses in her favorite exhibition routine says, she's "walking on sunshine."

The Game: 30th Anniversary Edition
Pinnacle Books

Lou Gramm rose from humble, working-class roots in Rochester, New York, to become one of rock's most popular and distinctive voices in the 1970s and '80s, singing and cowriting more than a dozen hits with the band Foreigner. Songs such as "Cold As Ice," "I Want to Know What Love Is," "Waiting for a Girl Like You," "Double Vision," "Urgent," and "Midnight Blue" are among 20 Gramm songs that achieved Top 40 status on the Billboard charts and became rock classics still played often, nearly three decades after

they first hit the airwaves and the record store shelves. "Juke Box Hero: The My Five Decades in Rock 'n' Roll" chronicles, with remarkable candor, the ups and downs of this popular rocker's amazing life--a life which saw him achieve worldwide fame and fortune, then succumb to its trappings before summoning the courage and faith to overcome his drug addiction and a life-threatening brain tumor. Gramm takes the reader behind the scenes--into the recording studio, back stage, on the bus trips and beyond--to give an insider's look into the life of the man "Rolling Stone" magazine referred to as "the Pavarotti of rock."

Ice Diaries Hachette Books
Fantasy-roman.

Hockeytown Doc Macmillan + ORM

"World figure skating champion Lucinda Ruh, known as the "Queen of Spin" for her creative spinning and her holding of the Guinness world record for the longest spin on ice, tells her story of the harsh realities of the world of competitive figure skating to inspire young people to have the vision and strength to overcome adversity"--
Provided by publisher.

The Plant Hunter Simon and Schuster

The autobiography-of-sorts of André Gregory, an iconic figure in American theater and the star of *My Dinner with André* This is Not My Memoir tells the life story of André Gregory, iconic theatre director, writer, and actor. For the first time, Gregory shares memories from a life lived for art, including stories from the making of *My Dinner with André*. Taking on the dizzying, wondrous nature of a fever dream, *This is Not My Memoir* includes fantastic and fantastical stories that take the reader from wartime Paris to golden-age Hollywood, from avant-garde theaters to monasteries in India. Along the way we meet Jerzy Grotowski, Helene Weigel, Gregory Peck, Gurumayi Chidvilasananda, Wallace Shawn, and many other larger-than-life personalities. *This is Not My Memoir* is a collaboration between Gregory and Todd London who create a portrait of an artist confronting his later years. Here, too, are the reflections of a man who only recently learned how to love. What does it mean to create art in a world that often places little value on the process of creating it? And what does it mean to confront the process of aging when your greatest work of art

may well be your own life?

[Zero Tolerance](#) McClelland & Stewart

In *Playing With Fire*, Theo Fleury takes us behind the bench during his glorious days as an NHL player, and talks about growing up devastatingly poor and in chaos at home. Dark personal issues began to surface, and drinking, drugs, gambling, and girls ultimately derailed a career that had him destined for the Hall of Fame. Fleury shares all in this raw, captivating, and honest look at the previously untold story of one the game's greatest heroes.

[The Triumph of Human Empire](#) Triumph Books

The previously-untold story of the life and tragic early death of John Curry, one of the most famous ice skaters in history. The book that inspired new film *The Ice King*, the story of John Curry's life. One winter's night in 1976, over 20 million people in Britain watched John Curry skate to Olympic gold on an ice rink in Austria. Many millions more watched around the world. Overnight he became one of the

most famous men on the planet. He was awarded an OBE. He was chosen as BBC Sports Personality of the Year. Curry changed ice skating from marginal sport to high art. And yet the man was a mystery to a world that had been dazzled by his gift. Surely, men's skating was supposed to be Cossack-muscular, not sensual and ambiguous like this? Curry himself was a complex, tortured man. For the first time, *Alone* untangles the extraordinary web of his toxic, troubled, brilliant and short life. It is a story of childhood nightmares, furious ambition, sporting genius, lifelong rivalries, homophobia, Cold War politics, financial ruin and deep personal tragedy. So much more than a sports biography, *Alone* reveals the restless, impatient, often dark soul of a man whose words could lacerate, whose skating invariably moved audiences to tears, and who after succumbing to AIDS, as so many of his fellow artists and friends did, died of a heart attack aged just 44.

Tara Lipinski Grand Central Publishing
Shortlisted for the Financial Times and

McKinsey Best Book of the Year Award in 2011 "A masterpiece." —Steven D. Levitt, coauthor of *Freakonomics* "Bursting with insights." —The New York Times Book Review A pioneering urban economist presents a myth-shattering look at the majesty and greatness of cities America is an urban nation, yet cities get a bad rap: they're dirty, poor, unhealthy, environmentally unfriendly . . . or are they? In this revelatory book, Edward Glaeser, a leading urban economist, declares that cities are actually the healthiest, greenest, and richest (in both cultural and economic terms) places to live. He travels through history and around the globe to reveal the hidden workings of cities and how they bring out the best in humankind. Using intrepid reportage, keen analysis, and cogent argument, Glaeser makes an urgent, eloquent case for the city's importance and splendor, offering inspiring proof that the city is humanity's greatest creation and our best hope for the future.

Best Sellers - Books :

• [The Woman In Me](#)

- [Haunting Adeline \(cat And Mouse Duet\) By H. D. Carlton](#)
- [Demon Copperhead: A Pulitzer Prize Winner By Barbara Kingsolver](#)
- [Taylor Swift: A Little Golden Book Biography](#)
- [The Light We Carry: Overcoming In Uncertain Times By Michelle Obama](#)
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- [Fahrenheit 451](#)
- [The Legend Of Zelda: Tears Of The Kingdom - The Complete Official Guide: Collector's Edition By Piggyback](#)
- [Can't Hurt Me: Master Your Mind And Defy The Odds](#)
- [The Nightingale: A Novel By Kristin Hannah](#)