

---

# The Sacred Enneagram Finding Your Unique Path To S

---

The Complete Enneagram  
 Self to Lose, Self to Find  
 The Wisdom of the Enneagram  
 The Sacred Enneagram Workbook  
 Mirror for the Soul  
 The Enneagram  
 The Holy Trinity and the Law of Three  
 Love Giving Well  
 Cast in God's Image  
 The Spiritual Dimension of the Enneagram  
 Chasing God's Glory  
 The Path Between Us  
 Mindful Silence  
 Illustrated Enneagram  
 Awareness to Action  
 The Enneagram of Belonging  
 The Enneagram of Passions and Virtues  
 The Sacred Enneagram  
 Sacred Pace  
 The Adult Chair  
 Enneagram Empowerment  
 The Heart of Centering Prayer  
 The Essential Enneagram  
 Friendship at the Margins  
 Millenneagram  
 The Enneagram  
 The Brain-Based Enneagram  
 Sex and the Enneagram  
 Enneagram Test  
 The Enneagram of Belonging Workbook  
 Spiritual Rhythms for the Enneagram  
 Invitation to Retreat  
 Sacred Pathways  
 Don't Mom Alone  
 The Enneagram Guide to Waking Up  
 King, Warrior, Magician, Lover  
 Learning to Speak God from Scratch  
 The Road Back to You  
 Simple Spirituality  
 The Enneagram for Spiritual Formation

*The Sacred Enneagram Finding Your  
Unique Path To S*

Downloaded from [intra.itu.edu](http://intra.itu.edu) by guest

---

## SHANIYA DAPHNE

---

*The Complete Enneagram IVP Books*  
 Unlock your inner potential with the enneagram. The enneagram, a personality assessment tool with sacred roots, offers an opportunity to improve your life and relationships through self-awareness and understanding of others. Based on nine core personality types, the enneagram reveals how your personality type and its associated traits can influence your relationships, work habits, and goals. With simple explanations and illustrations, Enneagram Empowerment gives you the tools to transform.

- Identify your enneagram type
- Learn about the defining characteristics of each type
- Find out how your personality traits can influence your daily habits and interactions
- Discover how to embrace the strengths of your type and overcome your weaknesses
- Improve your relationships by deepening your understanding of others

Self to Lose, Self to Find Revell  
 Most of us spend a lifetime trying to figure out who we are and

how we relate to others and God. The Enneagram is here to help. Far more than a personality test, author Chris Heuertz teaches us that the Enneagram is a sacred map to the soul. Lies about who we think we are keep us trapped in loops of self-defeat, but the Enneagram uniquely reveals nine ways we get lost, as well as nine ways we find our way home to our true self and to God. Whether you are an enthusiast or simply Enneagram-curious, this groundbreaking guide to the spiritual depth of the Enneagram will help you: Understand the "why" behind your type beyond caricatures and stereotypes Identify and find freedom from self-destructive patterns Learn how to work with your type toward spiritual growth Awaken your unique gifts to serve today's broken world Richly insightful and deeply practical, The Sacred Enneagram is your invitation to begin the journey of a life transformed. Praise for The Sacred Enneagram: "Integrated within these pages is Chris's extensive knowledge and understanding of this ancient tool, along with depth in his teaching of contemplative spirituality as practiced by Jesus. Readers are offered a powerful way forward in their unique journey of spiritual transformation through aligning Christian contemplative prayer postures to specific Enneagram types." --

Nina M. Barnes, Dean of Spiritual Formation & Leadership, University of Northwestern-St. Paul "The Sacred Enneagram is a groundbreaking contribution to the Enneagram community, providing unique spiritual growth insights for all nine types. If you're not yet convinced of the value, depth, and accuracy of the Enneagram, Chris demystifies and makes this ancient wisdom more accessible than ever." --George Mekhail, pastor, The Riverside Church NYC

The Wisdom of the Enneagram Harper Collins

Understanding your approach to dating, relationships, and sex through the lens of your Enneagram personality type • Explains the relationship and sexual differences in the 9 Enneagram personality types for both genders • Examines how we can create greater intimacy with our partners and what blocks our sexual enjoyment • Looks at each type's fantasies and investigates how our behavior in relationships alters according to how emotionally integrated or disintegrated we are • Explores the three types of love and their countertypes; each type's Enneagram Passions and Virtues in relation to intimacy; how to engage with each type; and whether some types make better lovers Sex can take us from the sacred sublime to the darkest aspects of humanity. It can carry us on the wings of pure pleasure, or crush and potentially destroy us. No act in the human experience, barring the essential survival needs of food and water, can have more of an effect on us. In *Sex and the Enneagram*, Ann Gadd explores relationships and sex through the lens of the Enneagram, its nine personality types, and the subtypes of the wings and Instinctual Triads. The author introduces the Enneagram system and provides a full chapter devoted to each type. She examines each type's approach to sex, their fantasies, and levels of integration in relation to love and sex, as well as each type's approach to issues such as pornography, sexual problems, and dating sites and whether some types make better lovers. The author explains the Enneagram Passions and Virtues of each type in relation to sex, divorce, wing influences, and gender and explains how the 27 Sub or Instinctual types and the Hornebian Triads of the Enneagram system affect our sexuality. Most importantly, Gadd looks at how we can heal ourselves sexually so we can create more fulfilling, transforming intimacy for ourselves and our partners. Through understanding ourselves and our partners sexually, with the help of the Enneagram, Gadd hopes to bring us to deeper levels of compassion and understanding for each other. Sex then can be an expression enhancing our love for each other, rather than simply a physical act. By understanding your own and your lover's Enneagram type, intimate giving and receiving can be an empowering process to embody our love for ourselves and others.

The Sacred Enneagram Workbook Brazos Press

Discover the growth that's possible when we understand our authentic selves as God intended by exploring more deeply the Enneagram tool, paired with profound scriptural insights. "This book is a gem. It's one of the top five books I recommend on the Enneagram."—Ian Morgan Cron, author of *The Road Back to You* "An accessible, biblical and practical roadmap for anyone who wants to live fully into their true, authentic, God-given identity. I highly recommend it!"—Brenda Salter McNeil, author of *Becoming Brave* The Enneagram—a system of nine interconnected personality types—has been developed over many years to offer opportunities for personal development and provide a foundation for understanding others. Now a certified Enneagram coach shows how a scriptural perspective can lead us to a path of freedom. In *Self to Lose, Self to Find*, Marilyn Vancil unpacks our human dilemma, sets the scriptural foundation, explores the nine Enneagram personalities, and shows us practical ways to have a more meaningful life and healthier

relationships. At its best, the Enneagram doesn't merely describe who we are, but shows us why we do what we do. It invites us to see the innate gifts and inclinations of our original design—the person we were before trials and traumas began to shape us. It also reveals the strategies and false narratives that keep us from becoming who we're truly meant to be. Vancil offers a compelling biblical case for the Enneagram by drawing from John 12:24, which describes how we, like seeds, construct a protective coat that helps us survive in a world where we encounter challenges and insecurities. But for us to truly live a fruitful life, we must allow the protective coat to soften and fall away in order to grow. This is what sets Vancil apart as both a seasoned Enneagram expert and a spiritual director: Within a scriptural context, she demonstrates how the Enneagram can be a vehicle for growth and transformation by laying out the realities of each Enneagram type, affirming the inherent genius of each type, showcasing the unhealthy tendencies of each type's false self, and illuminating the undeniable path to freedom for each one. Combining rich biblical wisdom with Enneagram wisdom and real-life experiences, this compelling resource is a must for anyone who longs for a happier, freer life.

**Mirror for the Soul** Zondervan

Author A. J. Sherrill still remembers the moment when his life was forever changed by a word he didn't even understand at the time: Enneagram. A personality theory that includes nine different "types," the Enneagram has become a popular tool for self-awareness and improvement. But in this book, Sherrill goes deeper, exploring with Christians how the Enneagram can be a pathway to profound spiritual transformation. Sherrill reveals the Enneagram as a tool to unlock new ways of viewing identity, personality, discipleship, spiritual practices, evangelism, and the Bible. Using this fresh approach, Sherrill shows how our true identity is that of a beloved child of God. Recognizing that, we can move confidently into the world expressing this identity through our unique personality. Through Sherrill's detailed spiritual exploration of each type, readers will emerge viewing the Enneagram as a precious gift to following Jesus more closely. Foreword by Chuck DeGroat.

*The Enneagram Crossroad*

How do we hear from God and discern His will when it's time to make big decisions? Terry Looper shares a four-step process for doing just that - a process he has learned and refined over thirty years as a Christian entrepreneur and founder of a multi-billion dollar company. At just thirty-six years old, Terry Looper was a successful Christian businessman who thought he had it all—until managing all he had led to a devastating burnout. Wealthy beyond his wildest dreams but miserable beyond belief, Terry experienced a radical transformation when he discovered how to align himself with God's will in the years following his crash and burn. *Sacred Pace* is a four-step process that helps Christians in all walks of life learn how to slow down their decision-making under the guidance of the Holy Spirit, sift through their surface desires and sinful patterns in order to receive clear, peace-filled answers from the Lord, gain the confident assurance that God's answers are His way of fulfilling the true desires he has placed in their hearts, and grow closer to the One who loves them most and knows them best. *Sacred Pace* is not another example of name-it-and-claim-it materialism in disguise. Instead, it walks Christians through the sometimes-painful process of "dying to self" in their decisions, both big and small, so that they desire God's will more than their own.

The Holy Trinity and the Law of Three InterVarsity Press

When we choose retreat we make a generous investment in our friendship with Christ. Seasoned spiritual director Ruth Haley Barton gently and eloquently leads us into an exploration of

retreat as a key practice that opens us to God, guiding us through seven invitations to retreat. You will discover how to say yes to God's winsome invitation to greater freedom and surrender.

**Love Giving Well** InterVarsity Press

Increase joy, reduce stress, and learn how to live more authentically with this charmingly illustrated guide to the popular (and keenly accurate) Enneagram personality-profiling system. If you love taking personality quizzes and are interested in self-development, don't miss this easy and accessible guide to the Enneagram. Take the quiz provided to find out which type best describes you: • Type 1: The Idealist • Type 2: The Giver • Type 3: The Performer • Type 4: The Romantic • Type 5: The Observer • Type 6: The Supporter • Type 7: The Adventurer • Type 8: The Protector • Type 9: The Mediator In this book: • Get tailored tips for living your best life by learning what motivates your behavior • Learn about the nine Enneagram personality profiles through charming illustrations • Learn how to communicate with others effectively • Get to the root of what you need to live more authentically • BONUS: Spark joy in everyday life with 16 mini pull-out postcards Once you've learned about yourself, be sure to share the book with friends and family to improve the important relationships in your life!

**Cast in God's Image** Simon and Schuster

Who am I? What are the sacred tasks that are uniquely mine? The most basic questions in life are also the most important. You can take a powerful step toward self-fulfillment if you first recognize the roots of your spiritual makeup. In *Cast in God's Image*, Rabbi Howard A. Addison helps you to do this through an understanding of your personality type and the types of the people around you. Using two of the most important maps of consciousness known to us—the kabbalistic Tree of Life and the nine-pointed Enneagram—Addison decodes spiritual meaning and provides you with the tools to: Determine your personality type by identifying your own patterns of behavior. Strengthen your relationships with others by learning how to observe their response patterns and recognize how these patterns correspond with your own. Discover how your personality type's virtues and vices, connect with the Divine, and ways you can use this knowledge to enrich your life in many ways. Including more than twenty hands-on spiritual exercises and guided meditations, *Cast in God's Image* gives you an accessible and enjoyable way to learn about yourself and guidance on how to use this insight to reveal the sacred tasks that are uniquely yours to perform in this world. Which are you? The Perfectionist The Caregiver The Achiever The Romantic The Loyal Cynic The Adventurer The Confronter The Mediator The Observer

**The Spiritual Dimension of the Enneagram** Shambhala Publications

Father, Son, and Holy Spirit. In this formula that Christians recite as though on autopilot lie the secrets for healing our world, rekindling our visionary imagination, and manifesting the Kingdom of Heaven on earth. It's an astonishing claim, but one that is supported by Cynthia Bourgeault's exploration of Trinitarian theology—and by her bold work in further articulating the deep truth it contains. She looks to the ancient concept in light of the ideas of G. I. Gurdjieff and Jacob Boehme to reveal the Trinity as the "hidden driveshaft" within Christianity: the compassionate expression of the Uncreated Reality in creation.

**Chasing God's Glory** HarperCollins

For the Enneagram enthusiast looking to deepen their transformation, *The Enneagram of Belonging* offers an enlightening, enriching path forward. eBook EXCLUSIVE: 45+ COLOR illustrations to provide greater depth of understanding. Many have discovered the Enneagram to be a powerful tool for self-understanding, yet knowing ourselves doesn't necessarily

mean we accept ourselves. Most of us tend to curate the personality of our type: leading with the traits we perceive as positive and sidelining the traits that cause us shame. But what if it all belonged? Rather than furthering our own fragmentation, what if we dared to make peace with the whole of who we are with bold compassion? *The Enneagram of Belonging* is your guide to this essential journey. While most contemporary Enneagram books stop at the descriptions of the nine types, Enneagram teacher and *The Sacred Enneagram* bestselling author Chris Heuertz uncovers the missing link in our journey of living into our true self: radical self-compassion that can bring us back to belonging. Rather than get stuck on stereotypes or curated personality, Heuertz proposes we develop an honest relationship with our type, confronting our "inner dragons," practicing self-compassion, and thereby coming to fully belong to ourselves—and, ultimately, to love itself. In this in-depth examination of the Enneagram of Personality, you will discover: A fresh, compassionate way of understanding your childhood wound, which Heuertz reframes as your Kidlife Crisis Your unique subtype and how this colors your dominant type, plus how to work with your Enneagram instinct Practical insight to help you find freedom from your type's Passions and Fixations Your personalized path back to belonging, as you come home to your true self . . . and much more. As a masterful mapmaker and trailblazer of grace, Heuertz casts a vision for how we can create a better world. The truth is how we treat ourselves is how we treat others, so let's start with compassion, and let this outflow into our relationships, communities, and world.

**The Path Between Us** HarperChristian + ORM

"An Outstanding book that offers precise steps to take to wake up to the self-limiting habits of your personality, get out of your own way, and give yourself the gift of accessing more of your higher – more authentic – self." —Ian Cron, author of *The Road Back to You: An Enneagram Journey to Self-Discovery* A fresh approach to the Enneagram that encourages readers to embark on their own hero's journey for transformation. This is a personal transformation book rooted in the wisdom of the Enneagram system of personality types. It is a book about waking up and growing into the best version of yourself. It is a book that shows you how to discover who you are and what you can be. It is a book about finding your path, facing your shadow, and discovering your true self. It is a good news–bad news–good news story. The good news: you survived childhood. The bad news: in order to grow, you are going to experience some pain. The really good news: you can use your negative habits as a springboard to move beyond them. With a commitment to self-observation and reflection, you can develop greater self-awareness and open yourself up to a life filled with exciting choices and opportunities. Each of the nine chapters includes these features: The problematic perspective, the process of self-discovery, and the path forward for that type How the main issues for that type get played out in 3 different ways—the 3 distinct sub-types of the main type (necessary for pinpoint accuracy in describing your personality and your path of growth) Chestnut and Paes, two leading Enneagram teachers, frame this approach to personality types in a way that is accessible, practical, and filled with possibility.

**Mindful Silence** Jewish Lights Publishing

The hallmarks of contemplative spirituality—solitude, silence, and stillness—have never been more important for our fast-paced society. Filled with insights and wisdom from personal experiences, Phileena Heuertz introduces us to themes and teachers of contemplative spirituality, as well as several prayer practices, and invites us to greater healing and wholeness by learning to practice faith through prayer.

### Illustrated Enneagram Penguin

Are you a helper or an achiever? A challenger or a peacemaker? Awareness to Action explores the nine distinct, yet interconnected personality types of Enneagram theory, which uses a nine-pointed figure to illustrate the relationship between an individual's dominant personality and the other types that comprise the structure. Mario Sikora and Robert Tallon explain the characteristics of each personality and show how a person can capitalize on their strengths and weaknesses, charting a specific course for personal growth. They discuss practical topics such as relationship building, conflict resolution, and personal development, information that will not only be of interest to individuals seeking a greater understanding of self, but to managers and human resource professionals as well.

*Awareness to Action* HarperChristian + ORM

How the mysterious nine-pointed symbol of the enneagram illuminates the worst pitfalls and highest virtues of our psyches. The Enneagram of Passions and Virtues elucidates human experience beyond the personality structure. In the tradition of the enneagram, the Virtues are said to be the affective atmosphere that replaces the compulsive and reactive emotional patterns-called the Passions-as one becomes freer of the ego. Sandra Maitri shows how the shift in our consciousness, or soul, from being informed by the Passions to being informed by the Virtues, is one of the hallmarks of inner development. In this book, Maitri explores how our awareness of the Passions, in turn, leads to the manifestation of the Virtues. This shift supports growth on the level of personality as well as on the level of what is beyond-Being, or True Nature. Maitri is widely known as one of the most literate and in-depth writers and teachers on the uses of the enneagram as a tool of inner development. In this book she provides what can be for some an entry into inner work, and for others, who have been engaged in the journey for a longer time, a uniquely incisive explication of concepts they may have missed.

**The Enneagram of Belonging** InterVarsity Press

The Adult Chair is more than a book, or a tool, or a process. It is an entirely new way to see your world, your relationships, your career, and your life.

**The Enneagram of Passions and Virtues** Simon and Schuster

In a rapidly changing culture, many of us struggle to talk about faith. We can no longer assume our friends understand words such as grace or gospel. Others, like lost and sin, have become so negative they are nearly conversation-enders. Jonathan Merritt knows this frustration well. After moving from the Bible Belt to New York City, he discovered that the sacred terms he used to describe his spiritual life didn't connect as they had in the past. This launched him into an exploration of an increasing American reluctance to talk about faith—and the data he uncovered revealed a quiet crisis of affecting millions. In this groundbreaking book, Jonathan revives ancient expressions through incisive cultural commentary, vulnerable personal narratives, and surprising biblical insights. Both provocative and liberating, *Learning to Speak God from Scratch* will breathe new life into your spiritual conversations and invite you into the embrace of the God who inhabits them.

The Sacred Enneagram Schiffer + ORM

The bestselling, widely heralded, Jungian introduction to the psychological foundation of a mature, authentic, and revitalized masculinity. Redefining age-old concepts of masculinity, Jungian analysts Robert Moore and Douglas Gillette make the argument that mature masculinity is not abusive or domineering, but generative, creative, and empowering of the self and others. Moore and Gillette clearly define the four mature male archetypes that stand out through myth and literature across history: the king (the energy of just and creative ordering), the

warrior (the energy of aggressive but nonviolent action), the magician (the energy of initiation and transformation), and the lover (the energy that connects one to others and the world), as well as the four immature patterns that interfere with masculine potential (divine child, oedipal child, trickster and hero). King, Warrior, Magician, Lover is an exploratory journey that will help men and women reimagine and deepen their understanding of the masculine psyche.

**Sacred Pace** Penguin

Buckle up, folks. It's time to jump in, embrace your inner self, and release the things that are holding you back from wholeness.

Enter the Millenneagram. The Enneagram is an ancient personality typing system that has a sneaky way of revealing who we are and why we do the things we do. Using nine types, it gets to the root of our fears and motivations, unveiling our inner-most selves. Millenneagram reinvigorates the Enneagram by putting a modern spin on the classic nine types. Hannah Paasch, creator of the popular #millenneagram threads on Twitter, reveals how this system acts as a map toward our authentic selves. For Hannah, the Enneagram is not about changing who we are, but rather nurturing and loving our whole selves, even the pain in the ass qualities. "Only from this position of wholeness, rootedness in who we are, what we believe, and what kind of story we are writing, will we be able to act bravely for the sake of justice and humanity – to approach our f\*cked-up world with the grounded courage it asks of us." With her trademark irreverent humor and empowering affirmations, Millenneagram reframes the classic Enneagram types with a fresh perspective and new names that cut right to the chase: #1 The Machine "I'm an Enneagram 1 and I Can Fix This!" #2 The Parent "I'm an Enneagram 2 and Can I Get You a Refill?" #3 The Winner "I'm an Enneagram 3 and All I Do Is Win." #4 The Tortured Artist "I'm an Enneagram 4 and I'm Deeper Than You." #5 The Detective "I'm an Enneagram 5 and I Read an Article About That." #6 The Oracle "I'm an Enneagram 6 and I'm Loyal as Fuck." #7 The Party "I'm an Enneagram 7 so This Might Be Vodka In My Mug." #8 The Dragon "I'm an Enneagram 8 so Nice Try, Bitch." #9 The Wallflower "I'm an Enneagram 9 so Let's Just All Chill Out, Dude." A powerful tool for self-discovery (that doesn't take itself too seriously), Millenneagram is an invitation for introspection and growth. Hannah's revamped Enneagram goes beyond simply identifying with a type: it gives us permission to be our truest, enough-as-is, bad-ass selves.

**The Adult Chair** Hampton Roads Publishing

The First and Only Scientifically Determined Enneagram Personality Test and Guide A centuries-old psychological system with roots in sacred tradition, the Enneagram can be an invaluable guide in your journey toward self-understanding and self-development. In this book, Stanford University Medical School clinical professor of psychiatry David Daniels and counseling psychologist Virginia Price offer the only scientifically developed Enneagram test based upon extensive research combined with a self-discovery and personal-development guide. The most fundamental guide to the Enneagram ever offered, this book features effective self-tests to determine simply and accurately what your personality type is. Daniels and Price provide step-by-step instructions for taking inventory of how you think, what you feel, and what you experience. They then guide you in your discovery of what your type means for your personal well-being and your relationships with others, and they show you how to maximize your inherent strengths. Brimming with empowering information for each of the nine personality types—Perfectionist, Giver, Performer, Romantic, Observer, Loyal Skeptic, Epicure, Protector, and Mediator—this one-of-a-kind book equips you with all the tools you need to dramatically enhance

your quality of life.

Best Sellers - Books :

- [What To Expect When You're Expecting By Heidi Murkoff](#)
- [The Silent Patient By Alex Michaelides](#)
- [It's Not Summer Without You](#)
- [Ugly Love: A Novel](#)
- [How To Catch A Mermaid](#)
- [Saved: A War Reporter's Mission To Make It Home](#)
- [The Summer Of Broken Rules By K. L. Walther](#)
- [The Wager: A Tale Of Shipwreck, Mutiny And Murder By David Grann](#)
- [Twisted Hate \(twisted, 3\) By Ana Huang](#)
- [The Inmate: A Gripping Psychological Thriller](#)