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# What You Will Learn Hospice Fundamentals

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Improving Palliative Care for Cancer  
The Art of Dying Well  
Life in a Hospice  
Pain at End of Life  
The Practical Caregiver's Essential Guide  
Top Five Regrets of the Dying  
Innovations in Cancer and Palliative Care Education  
Hospice Nursing  
The Hospice Doctor's Widow  
Study Guide for the Hospice and Palliative Registered Nurse  
Education of a Hospice Doctor  
Medicare Hospice Benefits  
Hospice Nursing 101  
Hospice and Palliative Care Handbook  
Living at the End of Life  
What Does It Feel Like to Die?  
Hospice and Palliative Care  
Hospice Voices  
Essential Practices in Hospice and Palliative Medicine  
The Production of Hospice Space  
7 Lessons for Living from the Dying  
50 Studies Every Palliative Care Doctor Should Know  
The Five Invitations  
Primer of Palliative Care  
Learning How to Let Go  
When Evening Comes  
Fast Facts for the Hospice Nurse  
Essentials in Hospice and Palliative Care  
Certified Hospice and Palliative Nurse (CHPN) Exam Review  
The Hospice Heart  
Juggling Life, Work, and Caregiving  
Re-Imagining the End of Life  
The Handbook of LGBTQIA-Inclusive Hospice and Palliative Care  
How Do I Know You?  
A Time to Live  
Core Curriculum for the Hospice and Palliative Registered Nurse  
Dying Declarations  
Warm Water  
The Eleventh Hour  
Hospice and Palliative Care Acupuncture

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## CRAWFORD MARQUES

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### **Improving Palliative Care for Cancer**

Taylor & Francis

50 Studies Every Palliative Doctor Should Know presents key studies that have shaped the practice of palliative medicine. Selected using a rigorous methodology, the studies cover topics including: palliative care, symptom assessment and management, psychosocial aspects of care and communication, and end-of-life care. For each study, a concise summary is presented with an emphasis on the results and limitations of the study, and its implications for practice. An illustrative clinical case concludes each review, followed by brief information on other relevant studies. This book is a must-read for health care professionals and anyone who wants to learn more about the data behind clinical practice.

### **The Art of Dying Well**

Scribner  
Offers a comprehensive overview of the practice of hospice, as well as the challenges faced by and the direction of the hospice movement. This book provides chapters that address key topics such as the goals and importance of community involvement, outcome measurement, and the manner in which hospices address death, grief, and bereavement.

### **Life in a Hospice**

Ashgate Publishing, Ltd.  
Revised edition of the best-selling memoir that has been read by over a million people worldwide with translations in 29 languages. After too many years of unfulfilling work, Bronnie Ware began searching for a job with heart. Despite having no formal qualifications or previous experience in

the field, she found herself working in palliative care. During the time she spent tending to those who were dying, Bronnie's life was transformed. Later, she wrote an Internet blog post, outlining the most common regrets that the people she had cared for had expressed. The post gained so much momentum that it was viewed by more than three million readers worldwide in its first year. At the request of many, Bronnie subsequently wrote a book, *The Top Five Regrets of the Dying*, to share her story. Bronnie has had a colourful and diverse life. By applying the lessons of those nearing their death to her own life, she developed an understanding that it is possible for everyone, if we make the right choices, to die with peace of mind. In this revised edition of the best-selling memoir that has been read by over a million people worldwide, with translations in 29 languages, Bronnie expresses how significant these regrets are and how we can positively address these issues while we still have the time. *The Top Five Regrets of the Dying* gives hope for a better world. It is a courageous, life-changing book that will leave you feeling more compassionate and inspired to live the life you are truly here to live.

### *Pain at End of Life*

SIGMA Theta Tau International  
Hospice nursing is not for the fainthearted. As Margaret R. Crawford, BSN, touches on in her new guide to this particular specialty, it takes inner strength to be able to walk up to a hospice patient's door every day. Crawford stresses that it isn't simply the technical aspects of hospice nursing that make it challenging, but the emotional attachments and anxieties that may emerge. In *Hospice Nursing*, Crawford covers the reasons someone would

choose hospice nursing; the importance of self-care; the day-to-day routine of a hospice nurse; the admission conversation; different ways to treat and comfort patients with small children or patients with addictions; the complex relationships between nurses, patients, their families, and coworkers; the need to recognize and plan for burnout; and other basic challenges nurses must face. While hospice care may be demanding, Crawford is also quick to say that it can also be incredibly rewarding. As a nurse or caretaker, you are committed to making a difference in someone's life. Hospice care allows you to help alleviate the suffering of others. If this is something you are interested in pursuing, Crawford has all the information you need to get started.

The Practical Caregiver's Essential Guide  
Macmillan

This guide will help you to better understand your loved one's need for care and how you can effectively provide it, while still maintaining your own good health. There are three important rules for good family care: 1. Love is never enough. You can love someone utterly and completely, but without the right tools and education, you can fail as a caregiver. 2. You have to take care of yourself in order to be able to take care of your loved one. If you fail, there will be two people who need a caregiver -- you and your loved one. 3. What you don't know or understand can hurt you and your loved one -- when you learn about what ails your loved one, you can also learn about what will make care better.

**Top Five Regrets of the Dying** Citadel Press

What does it mean to be prepared for the last part of our lives? One of the many lessons author and end-of-life

nurse coach Janet Booth learned at the bedside of dying people is how painful it is to come unprepared to the end of life, whether it is our own or that of our loved ones. Much of the suffering we experience seems to come from our unfamiliarity with the journey at end of life and our not knowing how to prepare for it. So there is a need for a different kind of conversation about serious illness and dying in our country. Nurses are trusted professionals who are present with people through all of life's transitions. How might they take more leadership in these conversations? The purpose of this handbook is to provide nurses, coaches, and other health care professionals with opportunities for reflection and inspiration in their work. As nurses and health care professionals, many of us have seen firsthand that the process of navigating serious illness and death within our complex health care system is often confusing, isolating, crisis-driven, and dis-heartening. What outcomes might be possible if instead: \* we reimagined the end of life as a vital, purposeful stage of human development? \* practices of healing - forgiveness, gratitude, and letting go - became essential parts of our care plans? \* wisdom instead of fear informed our challenging decision points? \* we prepared for death in order to live more fully the time that we have? \* the hard work of caregiving was sustainable and meaningful for both family and professional caregivers? In this book you will find fresh ideas, tools, and reflective practices that encourage you to explore your personal beliefs and values about aging, advanced illness, and dying. It is intended to inspire you to reimagine the end of life as a vital part of how we become fully human - a time of life that holds value, meaning, and purpose.

*Innovations in Cancer and Palliative Care Education* Springer Publishing Company

"A Time To Live is a booklet for anyone faced with the unpredictability of their future due to a life threatening illness. It offers guidance for living and explains comfort control, nutrition and sleep as they relate to a serious illnesses"--

Publisher description.

Hospice Nursing Union Square & Co.

In our society's aggressive pursuit of cures for cancer, we have neglected symptom control and comfort care. Less than one percent of the National Cancer Institute's budget is spent on any aspect of palliative care research or education, despite the half million people who die of cancer each year and the larger number living with cancer and its symptoms.

*Improving Palliative Care for Cancer* examines the barriers—scientific, policy, and social—that keep those in need from getting good palliative care. It goes on to recommend public- and private-sector actions that would lead to the development of more effective palliative interventions; better information about currently used interventions; and greater knowledge about, and access to, palliative care for all those with cancer who would benefit from it.

*The Hospice Doctor's Widow* Radcliffe Publishing

"This practical, evidence-based guide has been specifically designed for teachers in cancer and palliative care. It is completely up-to-date and covers the recent complex changes in cancer and palliative care delivery, offering a range of different, creative approaches. Ideal for training, the text includes highlighted key points, self help questions for reflection, and references where applicable. It provides invaluable guidance for all healthcare professionals

with palliative care teaching responsibilities, including undergraduate and postgraduate healthcare educators and Macmillan lecturers."--PUBLISHER'S WEBSITE.

*Study Guide for the Hospice and Palliative Registered Nurse* Et Alia Press

Death is inevitable in life. It knows no boundaries. It knows no skin color, no financial or social standing. It knows nothing but itself. The paradox of Dying Declarations: Notes from a Hospice Volunteer is in its warm affirmation of life through the 'dying declarations' of patients who are peering into the cold face of death. The author reveals p

Education of a Hospice Doctor CRC Press  
This memoir from a seasoned hospice volunteer details the day-to-day needs of patients and their families, and how volunteers help the ill person deal with pain and fear.

**Medicare Hospice Benefits** Singing Dragon

One in four American adult face the challenges of caring for an adult friend or relative. Although caregiving can be a richly rewarding and joyful experience, the role comes with enormous responsibilities-- and pressures. This gentle guide provides practical resources and tips that are easy to find when you need them, whether you're caregiving day to day, planning for future needs, or in the middle of a crisis. Goyer offers insight, inspiration, and poignant stories and experiences of caregivers, including her own as a live-in caregiver for her parents.

*Hospice Nursing 101* Oxford University Press

Please call 1-800-228-0810 or email [orders@kendallhunt.com](mailto:orders@kendallhunt.com) for HPNA member pricing.

*Hospice and Palliative Care Handbook* Flatiron Books

This book was written specifically for nursing assistants! It will warmly engage you and provide you with the essential tools and knowledge to respond to the needs of the dying and their families. Filled with practical strategies, stories of caregiving, and real-life scenarios, *Essentials in Hospice and Palliative Care* will increase your confidence, competence and comfort in providing compassionate care for the dying.

*Living at the End of Life* Hay House, Inc  
Pepper, a Hospice Nurse cares for his patients as they are dying and shortly after their death. He is responsible for guiding them through that last journey as well as providing emotional support and comfort for the patient's loved ones. Pepper takes the reader on his journey from his own home to that of the patients. He describes in detail what he is thinking and feeling along the way. Once in the home, Pepper weaves a story, using sights, sounds, and smells, to describe the surroundings as he treats each patient's symptoms and allow them a peaceful death. Once the patient has passed, he bathes them in "warm water" as a gentle gesture of dignity and respect before they are taken away for final arrangements. Each of these tales had a spiritual connectedness between Pepper and the loved ones of each patient. Together, they experience a catharsis as the loved ones begin their journey of grief. Pepper encourages the loved ones to relive their life's experiences they shared with the now recently departed. It is through this discussion that Pepper realizes how much all of us have in common when dealing with the loss of someone we love.

*What Does It Feel Like to Die?* Springer Publishing Company  
Highly Commended, BMA Medical Book

Awards 2008 This book is about hospices, seen through the eyes of the people who work in them. Their individual voices, perspectives and stories invite readers into the day-to-day complexities of hospice life. There is growing public and professional attention to end of life care and the way dying patients and their families are treated. How can hospices make the process dignified and peaceful as possible? What sort of people dedicate their careers to helping the dying? What difficulties are they up against in providing this care, and what makes it all worthwhile? This inspirational book provides vivid, real-life accounts of hospice life from managers, doctors, nurses, carers and support staff. The thought-provoking narratives provide vital insights into the type of work undertaken in a hospice setting. They examine the differences between hospice and hospital care, and explore the challenges, personal motivations and the many ways hospices strive to meet the needs of patients and their families with sensitivity and respect. "Life in a Hospice" is enlightening reading for all healthcare professionals in palliative care, including volunteer, administrative and support staff. It is also highly recommended for nurses and others in caring roles considering a move into hospice work. Therapists, counsellors and religious leaders will discover poignant and encouraging insights, and people with a family member approaching the end of life will find the book reassuring and informative.

*Hospice and Palliative Care* Sara Barton  
When the doctor gives you a potentially terminal diagnosis what happens? They talk all about chemotherapy, radiation, or treatment..."how we are going to fight this." And that's fine because there is a

time to fight but there will also come a time to let go. Let's face it, no one sits down with you and talks about the dying process, gives written information about anything to do with dying, or even let you know where you can find this information if you should need it. This Bestseller is designed to quickly teach you the signs and symptoms of the dying process. It is invaluable in helping you deliver the best care possible to a loved one, or patient. As Author Mary Beth Willi states, ""I have had the privilege of being a hospice nurse since 1998 and this is what my patients have taught me.""

**Hospice Voices** Watkins Media Limited  
Challenging the widely held notion of a hospice as a building or a place, this book argues that it should instead be a philosophy of care. It proposes that the positive and negative impact that space can have in the pursuit of an ideal such as hospice care has previously been underestimated. Whether it be a purpose-built hospice, part of a hospital, a nursing home or within the home, a hospice is anchored by space and spatial practices, and these spatial practices are critical for a holistic approach to dying with dignity. Such spatial practices are understood as part of a broad architectural, social, conceptual and theoretical process. By linking health, social and architectural theory and establishing conceptual principles, this book defines 'hospice' as a philosophy that is underpinned by space and spatial practice. In putting forward the notion of 'hospice space', removed from the bounds of a specific building type, it suggests that hospice philosophy could and should be available within any setting of choice where the spatial practices support that philosophy, be it home, nursing home, hospice or

'hospice-friendly-hospitals'.

*Essential Practices in Hospice and Palliative Medicine* Columbia University Press

Much like her previous book *Soft Landing*, the author invites you on a personal journey. When she was 8 years old, she experienced her first death and although not realizing it until much later, knew at a very young age how to provide compassionate care to someone who was dying. The first half of this book clearly indicates that she has been on the hospice path a very long time. The second half of the book contains her first blogs. She started writing a blog hoping to educate and inspire anyone who sits at the bedside caring for another as they near the end of their life. She shares her tools and lessons hoping to remove any fear you might have and inspire you to be fully present for someone else. Her heart is a kind and gentle heart and you will see this as you read her words.

*The Production of Hospice Space*  
National Academies Press

The first study guide for the CHPN® certification exam! This must-have study guide for nurses seeking to obtain Certified Hospice and Palliative Nurse (CHPN®) status provides state-of-the-art information about all aspects of this specialty. It features 300 carefully selected Q&As that offer a detailed rationale for each question, along with tips and strategies to promote exam mastery and frequently asked questions about the exam. Additional questions are arranged in chapters mirroring the exam blueprint and the number of questions for each category correlates with the exam matrix. Case-based scenarios embodied within the questions facilitate the application of knowledge in a problem-solving format. A complete practice exam is included as well. Brief

topical reviews address hospice and palliative care nursing practice in all of its dimensions, including physical, spiritual, and psychosocial. The resource highlights information that forms the basis of end-of-life care, such as communication and family-centered care. Additionally, high-level skills used by hospice and palliative care nurses, such as drug and dosage conversion and the use of infusion therapy, are covered as well. Key Features: Delivers the first study guide for hospice and palliative

nurses seeking CHPN® certification Provides concise, up-to-date knowledge on all aspects of the specialty Includes information about the exam, answers to commonly asked questions, and tips and strategies for exam mastery Includes practice questions and answers following each chapter Provides a final comprehensive practice exam that offers 300 Q&As with detailed answer rationales that mirror the exam format Presents case-based scenarios within the questions that facilitate the application of knowledge

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