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Travels Through South Indian Kitchens
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The Indo-Roman Pepper Trade and the Muziris Papyrus
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The Montessori Method
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KASEY TALAN

Four Aleys Harper Collins

Najeeb's dearest wish is to work in the Gulf and earn enough money to send back home. He achieves his dream only to be propelled by a series of incidents, grim and absurd, into a slave-like existence herding goats in the middle of the Saudi desert. Memories of the lush, verdant landscape of his village and of his loving family haunt Najeeb whose only solace is the companionship of goats. In the end, the lonely young man contrives a hazardous scheme to escape his desert prison. Goat Days was published to acclaim in Malayalam and became a bestseller. One of the brilliant new talents of Malayalam

literature, Benyamin's wry and tender telling transforms this strange and bitter comedy of Najeeb's life in the desert into a universal tale of loneliness and alienation.

Indian-ish Harper Collins

When Jeeva was diagnosed with celiac disease, she realized just how hard it was to find food that suited her. Every trip to the grocery store was an arduous exercise in reading ingredients and researching the effects of certain foods. She also discovered that gluten-free food was expensive. Jeeva understands the nightmare of living with celiac in India. To her, gluten-free is neither a fad nor an allergy. It is an auto-immune disorder -- a disorder that can only be controlled, not cured. This book is her journey of trying to lead a gluten-free life while dealing with a condition that goes largely undiagnosed but affects 1 per cent of the world's

population. In *A Gluten-free Life*, she unravels the secrets behind ingredients found in most foods, gives practical tips on how to avoid gluten and most importantly, helps us better understand celiac disease.

Binging with Babish Penguin Books India

Viral marketing should not be a happy accident Aashish Chopra's first viral video was shot with close to no budget and sparing equipment. Yet, today, his content has over 350 million views and industry masters universally agree that Aashish has cracked the viral code. In *Fast, Cheap and Viral*, the ace marketer shares the secrets behind his success - all of them learnt and honed on his journey. This one-stop super-guide to viral video marketing gives you the low-down on: HOW TO GRAB EYEBALLS in a sea of content; HOW TO DRIVE ENGAGEMENT (because views can be bought, but engagement is earned); WHY STORYTELLING BEATS PRODUCTION VALUE and behind-the-scenes tips and tricks; HOW TO BUILD YOUR PERSONAL BRAND and kill job insecurity. For every student, entrepreneur, blogger, marketing manager or leader who dreams of reaching millions on a shoestring budget, this book is the definitive manual on sustainable viral success "

Everyday Superfoods Tsar Publications

NEW YORK TIMES BESTSELLER • The founder of Momofuku cooks at home . . . and that means mostly ignoring recipes, using tools like the microwave, and taking inspiration from his mom to get a great dinner done fast. JAMES BEARD AWARD NOMINEE • ONE OF THE BEST COOKBOOKS OF THE YEAR: *New York Post*, *Taste of Home* David Chang came up as a chef in kitchens where you had to do everything the hard way. But his mother, one of the best cooks he knows, never cooked like that. Nor did food writer Priya

Krishna's mom. So Dave and Priya set out to think through the smartest, fastest, least meticulous, most delicious, absolutely imperfect ways to cook. From figuring out the best ways to use frozen vegetables to learning when to ditch recipes and just taste and adjust your way to a terrific meal no matter what, this is Dave's guide to substituting, adapting, shortcutting, and sandbagging—like parcooking chicken in a microwave before blasting it with flavor in a four-minute stir-fry or a ten-minute stew. It's all about how to think like a chef . . . who's learned to stop thinking like a chef.

Girl In Room 105 Oxford University Press

This is the first cultural and literary history of India and the First World War, with archival research from Europe and South Asia.

Masala Lab Harvest

'I was born on a bloody road. The blood was my mother's. My sisters couldn't find a midwife in time. There was no way my mother could get relief from the upper-caste well, and so they tell me, that my sisters ran to some puddles to fill their little mouths up and then ran back to where my mother was almost dying of pain and then spat out some water on her face and the rest down below on mine. That is how I came into this world.' Someone is disposing of politicians one by one. And the murderer has borrowed from the genius of Agatha Christie. When a local Mumbai politician is found wrapped in a plastic bag behind a park bench, the dashing and capable DIG Ajay Biswas is told to take over the case. Ajay arrives in Mumbai along with his wife Aparajita and soon discovers he is being misled by his Mumbai compatriots who are determined to save their own skin. Someone is deliberately providing false leads; his presence is not wanted.

While in Mumbai, Ajay and Aparajita meet up with their old college friend Akhil Sukumar. Akhil and Aparajita have had a tortuous history, and it appears that the one-time lovers now want nothing more than to let bygones be bygones. Easier said. From the barren lands of rural India to the immaculate lawns of Cambridge, *The Rat Eater* is a book whose uninhibitedness may offend purists as it lays bare a few uncomfortable truths about India—a country entangled in a web of caste, corruption and cover-ups. The privileged flourish at the cost of the oppressed. The price has to be paid, and someone has decided that it needs to be paid in blood.

Growing Up in a Nonya Kitchen Bloomsbury Publishing
India explores the lives of everyday people in extraordinary settings through the lens of Steve McCurry, one of the most admired photographers working today. As featured on [cnn.com](#). This new portfolio of emotive and beautiful photographs from India features 150 previously unpublished images taken across the Indian subcontinent, along with iconic photographs that are famous worldwide. Reproduced in a large format with captions, and an introductory essay, this book features a range of color pictures illustrating this most colorful of countries, capturing the lives of everyday people in extraordinary settings: from the Ganesh festival on Chowpatty beach in Mumbai to the Kolkata railway station before dawn to the flower markets of Kashmir and the streets of Old Delhi. Following Phaidon's 2013 bestseller *Untold: The Stories Behind the Photographs*, McCurry's India is a new selection of the photographer's beautiful and powerful images of India, a country he has photographed many times over the last thirty years. Other Phaidon titles by Steve McCurry,

include Steve McCurry, *The Iconic Photographs*, Steve McCurry, *Unguarded Moment* and Steve McCurry: South Southeast.

Those Pricey Thakur Girls Penguin Group

Ever wondered why your grandmother threw a teabag into the pressure cooker while boiling chickpeas, or why she measured using the knuckle of her index finger? Why does a counter-intuitive pinch of salt make your kheer more intensely flavourful? What is the Maillard reaction and what does it have to do with fenugreek? What does your high-school chemistry knowledge, or what you remember of it, have to do with perfectly browning your onions? *Masala Lab* by Krish Ashok is a science nerd's exploration of Indian cooking with the ultimate aim of making the reader a better cook and turning the kitchen into a joyful, creative playground for culinary experimentation. Just like memorizing an equation might have helped you pass an exam but not become a chemist, following a recipe without knowing its rationale can be a sub-optimal way of learning how to cook. Exhaustively tested and researched, and with a curious and engaging approach to food, Krish Ashok puts together the one book the Indian kitchen definitely needs, proving along the way that your grandmother was right all along.

[Porn for New Moms](#) UCL Press

This is a book about four women—all named Aley. It is a story of obsessive love and familial loyalties set against a background of social upheaval. The women in the feudal, patriarchal, landowning family of Big House deal with their complicated lives as best as they can and Little Aley, the youngest of the four, tries to make sense of the lives of her hapless namesakes. She vows never to fall victim to the emotions which had tortured her

mother, grandmother and beloved grandaunt and is determined to set a balance in the social system, that after a violent upheaval, now fumbles to constructively reinvent itself. Will she be able to achieve this? And will it give her contentment if she does?

XXX Porn for Women Cambridge University Press

Where do those relegated to the margins find belonging? In her luminous debut *Unbelonging*, Gayatri Sethi deftly interweaves verse, memoir, and a bold call to action as she recounts her experience searching for home in the diaspora. Drawing upon her life story as a Tanzanian-born-Punjabi turned American educator and mother of multiracial children, Sethi tells an intimate tale of stepping into her power while confronting misogyny, racism, and empire. Spanning decades and continents- from Partition to the Black Lives Matter movement, Southern Africa to Muscogee Lands- *Unbelonging* tells urgent truths, inspires critical self-reflection, and emboldens its readers to pursue radical forms of justice, compassion, and solidarity.

Fast, Cheap and Viral Notion Press

Sometimes, it's not easy to find the silver lining. While positivity is about looking at the bright side of things, the magic mindset embraces and accepts that it is not always possible to do so. Sometimes things get so bleak that our mind refuses to accept that there can be a silver lining. In this book, Preeti Shenoy gives you a set of principles for every area of life, designed to help us shift our perspective from hopelessness to hope, from despondency to joy, from cynicism to belief - a belief that change is coming, and things are not as bad as they seem. Perfect reading for the difficult times that we are living in, *The Magic*

Mindset is full of tips, suggestions, fun exercises and practical advice on career, family, health, relationships, finances, social media, and more. It also includes inspiring stories and anecdotes from Preeti's own life. A cornerstone for all those who want to change their outlook, *The Magic Mindset* helps us build a purposeful and joyful life.

The God of Small Things Sri Sathya Sai Sadhana Trust, Publications Division

In this richly perceptive travelogue, Japanese designer Nao Saito explores the kitchens of South India, bringing together architecture, cookery, and conversation.

The Rat Eater Marshall Cavendish International (Asia) Pte Limited

NEW YORK TIMES BESTSELLER • Thought leader, visionary, philanthropist, mystic, and yogi Sadhguru presents Western readers with a time-tested path to achieving absolute well-being: the classical science of yoga. "A loving invitation to live our best lives and a profound reassurance of why and how we can."—Sir Ken Robinson, author of *The Element*, *Finding Your Element*, and *Out of Our Minds: Learning to Be Creative* **NAMED ONE OF THE TEN BEST BOOKS OF THE YEAR BY SPIRITUALITY & HEALTH** The practice of hatha yoga, as we commonly know it, is but one of eight branches of the body of knowledge that is yoga. In fact, yoga is a sophisticated system of self-empowerment that is capable of harnessing and activating inner energies in such a way that your body and mind function at their optimal capacity. It is a means to create inner situations exactly the way you want them, turning you into the architect of your own joy. A yogi lives life in this expansive state, and in this transformative book Sadhguru tells the story of his own awakening, from a boy with an unusual

affinity for the natural world to a young daredevil who crossed the Indian continent on his motorcycle. He relates the moment of his enlightenment on a mountaintop in southern India, where time stood still and he emerged radically changed. Today, as the founder of Isha, an organization devoted to humanitarian causes, he lights the path for millions. The term guru, he notes, means “dispeller of darkness, someone who opens the door for you. . . . As a guru, I have no doctrine to teach, no philosophy to impart, no belief to propagate. And that is because the only solution for all the ills that plague humanity is self-transformation. Self-transformation means that nothing of the old remains. It is a dimensional shift in the way you perceive and experience life.” The wisdom distilled in this accessible, profound, and engaging book offers readers time-tested tools that are fresh, alive, and radiantly new. Inner Engineering presents a revolutionary way of thinking about our agency and our humanity and the opportunity to achieve nothing less than a life of joy.

Goat Days Harper Collins

Marriage globally is undergoing profound change, provoking widespread public comment and concern. Through the close ethnographic examination of case studies drawn from Africa, Asia, Europe and North America, *Marriage in Past, Present and Future Tense* places new and changing forms of marriage in comparative perspective as a transforming and also transformative social institution. In conditions of widespread socio-political inequality and instability, how are the personal, the familial and the political co-produced? How do marriages encapsulate the ways in which memories of past lives, present experience and imaginaries of the future are articulated?

Exploring the ways that marriage draws together and distinguishes history and biography, ritual and law, economy and politics in intimate family life, this volume examines how familial and personal relations, and the ethical judgements they enfold, inform and configure social transformation. Contexts that have been partly shaped through civil wars, cold war and colonialism – as well as other forms of violent socio-political rupture – offer especially apt opportunities for tracing the interplay between marriage and politics. But rather than taking intimate family life and gendered practice as simply responsive to wider socio-political forces, this work explores how marriage may also create social change. Contributors consider the ways in which marital practice traverses the domains of politics, economics and religion, while marking a key site where the work of linking and distinguishing those domains is undertaken.

Malayalam Phonetic Reader Hachette India

Contributors: Vidyut Aklujkar, Meena Alexander, Himani Bannerji, Chitra Divakaruni, Ramabai Espinet, Lalita Gandbhir, Lakshmi Gill, Feroza Jussawalla, Surjeet Kalsey, Farida Karodia, Geeta Kothari, Yasmin Ladha, Arun Prabha Mukherjee, Hema Nair, Tahira Naqvi, Uma Parameswaran, Roshni Rustomji-Kerns, Nazneen Sheikh, Bapsi Sidhwa, and Perviz Walji

A Malayalam and English Dictionary Harmony

This volume presents a systematic and fresh interpretation of a mid-second-century AD papyrus - the so-called Muziris papyrus - which preserves on its two sides fragments of a unique pair of documents: on one side, a loan agreement to finance a commercial enterprise to South India and, on the other, an assessment of the fiscal value of a South Indian cargo imported

on a ship named the Hermapollon. The two texts, whose informative potential has long been underexploited, clarify several aspects of the early Roman Empire's trade with South India, including transport logistics, financial and legal elements in the loan agreement funding the commercial enterprise, the trade goods included in the South Indian cargo, and the technicalities of calculating and collecting Roman customs duties on the Indian imports. This study also considers imperial fiscal policy as it related to the South Indian trade, the overall evolution of Rome's trade relations with South India, the structure and organization of South Indian trade stakeholders, and the role played by private tax-collectors. The in-depth analysis sheds new light on this important sector of the Roman economy during the first two centuries AD in two innovative ways: through a balanced consideration of South Indian sources and data, and by drawing comparisons with the pepper trade from late antiquity, the Middle Ages, and early modernity, resulting in a *longue durée* perspective on the western trade in South Indian pepper.

[Those Delicious Letters](#) HarperCollins

[Growing Up in a Nonya Kitchen](#) provides a rare and insightful view into the daily life of a Peranakan family harking back to the early 20th century. With comprehensive chapters dedicated to

documenting cooking utensils, essential ingredients, the Nonya's *agak agak* (estimating) philosophy, as well as Chinese New Year and other festive dishes, baked goods and Nonya kuehs, [Growing Up in a Nonya Kitchen](#) is a volume to read and treasure for anyone looking for an in-depth understanding of the Peranakan (and Singapore) food heritage.

Cooking at Home HarperCollins

In this brilliantly researched book, Manu S. Pillai uncovers a picture of the Indian princes far removed from the existing clichés and reminds us that the maharajahs were serious political actors - essential to knowing modern India.

[India, Empire, and First World War Culture](#) HarperCollins

Certain aspects of the system are in themselves striking and significant: it adapts to the education of normal children methods and apparatus originally used for deficient; it is based on a radical conception of liberty for the pupil; it entails a highly formal training of separate sensory, motor, and mental capacities; and it leads to rapid, easy, and substantial mastery of the elements of reading, writing, and arithmetic. - Introduction.

Ayurveda Bloomsbury Publishing

A young food writer's witty and irresistible celebration of her mom's "Indian-ish" cooking--with accessible and innovative Indian-American recipes

Best Sellers - Books :

- [Saved: A War Reporter's Mission To Make It Home](#) By Benjamin Hall
- [The Housemaid](#) By Freida Mcfadden
- [Fourth Wing \(the Empyrean, 1\)](#)
- [Meditations: A New Translation](#) By Marcus Aurelius

- [The Mountain Is You: Transforming Self-sabotage Into Self-mastery By Brianna Wiest](#)
- [The Psychology Of Money: Timeless Lessons On Wealth, Greed, And Happiness](#)
- [Regretting You](#)
- [Think And Grow Rich: The Landmark Bestseller Now Revised And Updated For The 21st Century \(think And Grow Rich Series\) By Napoleon Hill](#)
- [Taylor Swift: A Little Golden Book Biography](#)
- [The Legend Of Zelda: Tears Of The Kingdom - The Complete Official Guide: Collector's Edition By Piggyback](#)