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SPIN
Indian Cases

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The Gay Revolution Clarkson Potter Publishers

In its 114th year, Billboard remains the world's premier weekly music publication and a diverse digital, events, brand, content and data licensing platform. Billboard publishes the most trusted charts and offers unrivaled reporting about the latest music, video, gaming, media, digital and mobile entertainment issues and trends.

Los Angeles Magazine iUniverse

Beyond Mount Rainier and the Space Needle is the Western Washington the locals know. The majestic Cascades, the vital farming suburbs and the communities of transplants from around the country are all part of the evolving life of Washington. From the bustling streets of the downtown of today to the slower pace of the Northwest Washington Fair, this collection offers a nostalgic journey through the cityscapes and suburbs. Sixteen well-established and emerging creative nonfiction writers share their stories of spelunking in the Ape Caves in Mount Saint Helens, walking the trails of Bellingham and surviving the Depression in Tacoma. This collection of vignettes follows the I-5 corridor to reveal the unforgettable histories, colorful traditions and pioneering spirit of Western Washington.

F & S Index United States Annual Springer

A Comparative History of Commerce and Industry, Volume II offers a subjective review of how the cultural, social and economic institutions of commerce and industry evolved in industrialized nations to produce the institution we now know as business enterprise.

Extreme Cakeovers EGEA spa

For some kids, school offers a positive and engaging experience. For others, it's a boring, stressful, and frustrating waste of time. If your child is in the second category, why keep tormenting them? Instead, why not help them find an educational environment where they feel genuinely motivated, excited, and empowered? In this eye-opening book, Blake Boles makes the case for leaving conventional school and taking one of the many alternative paths through K-12 that exist today. He addresses parents' major concerns about unconventional education -- Can my kids still go to college? Will they still be employable? How will they learn to work hard? -- while highlighting the hidden benefits of self-directed learning, such as improved parent-child relationships, a more balanced decision-making process regarding college, and a heightened sense of autonomy and connection. Drawing upon 15 years of work as a mentor and guide for adolescents in alternative and experiential learning environments -- as well as his own unconventional life path -- Boles weaves together narrative, theory, and research to build a powerful argument for granting children unusual levels of freedom and responsibility.

Star Struck Arcadia Publishing

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The Pacific Monthly Penguin

Los Angeles magazine is a regional magazine of national stature. Our combination of award-winning feature writing, investigative reporting, service journalism, and design covers the people, lifestyle, culture, entertainment, fashion, art and architecture, and news that define Southern California. Started in the spring of 1961, Los Angeles magazine has been addressing the needs and interests of our region for 48 years. The magazine continues to be the definitive resource for an affluent population that is intensely interested in a lifestyle that is uniquely Southern Californian.

LL Cool J's Platinum Workout Simon and Schuster

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Cincinnati Magazine Rodale Books

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Glamour Tells Peak Press

Cincinnati Magazine taps into the DNA of the city, exploring shopping, dining, living, and culture and giving readers a ringside seat on the issues shaping the region.

The Art Journal Bloomsbury Publishing USA

Describes and rates more than twenty thousand videos, and provides indexes by theme, awards, actors, actresses, and directors.

Textile Technology Digest Gale / Cengage Learning

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Los Angeles Magazine

Since 1973, TEXAS MONTHLY has chronicled life in contemporary Texas, reporting on vital issues such as politics, the environment, industry, and education. As a leisure guide, TEXAS MONTHLY continues to be the indispensable authority on the Texas scene, covering music, the arts, travel, restaurants, museums, and cultural events with its insightful recommendations.

Los Angeles Magazine

From the concert stage to the dressing room, from the recording studio to the digital realm, SPIN

surveys the modern musical landscape and the culture around it with authoritative reporting, provocative interviews, and a discerning critical ear. With dynamic photography, bold graphic design, and informed irreverence, the pages of SPIN pulsate with the energy of today's most innovative sounds. Whether covering what's new or what's next, SPIN is your monthly VIP pass to all that rocks.

Home

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Billboard

While it may seem impossible to imagine, LL Cool J didn't always have a diesel body—he chiseled it the old-fashioned way, with hard work and discipline. Together with his longtime trainer, Dave "Scooter" Honig, LL developed a revolutionary workout system that not only burns away body fat for good but also built the amazing muscle and flawless physique you see in every one of his latest music videos. In LL Cool J's Platinum Workout, LL let you in on the secrets of his transformation with his uniquely creative, yet no-nonsense regimen—enlivened with humor and sheer force of personality—he will inspire you to enjoy working out as never before, while building a body you never thought possible. LL Cool J and Scooter Honig blend standard free-weight lifts, plyometrics, fighters' moves, calisthenics, endurance training, and much more to create what they call their "combination platter"—a highly effective, dynamic, and diversified total-body workout. Whether you are just starting a program or looking to get to the next level, you can choose from four levels of fitness, from Bronze to Platinum, including: - THE BRONZE BODY: A 4- week beginners' program that will take inches off your waist and boost your energy. - THE SILVER BODY: A 5-week program for intermediates that increases strength while also maintaining muscular and cardiovascular endurance. - THE GOLD BODY: An advanced 9-week program that turns the body into a muscle-building fat-burning machine—complete with six-pack abs and as much energy as LL Cool J. - THE PLATINUM BODY: A hard-core 3-week fat-torching program LL used to prepare for his "Control Myself" video—a new level in ripped-to-the-bone fitness and sex appeal. - PLUS, THE DIAMOND

Best Sellers - Books :

- [The 5 Love Languages: The Secret To Love That Lasts](#)
- [Mad Honey: A Novel By Jodi Picoult](#)
- [My Butt Is So Christmassy! By Dawn Mcmillan](#)
- [The Courage To Be Free: Florida's Blueprint For America's Revival](#)
- [Leigh Howard And The Ghosts Of Simmons-pierce Manor](#)
- [Dark Future: Uncovering The Great Reset's Terrifying Next Phase \(the Great Reset Series\)](#)
- [I Will Teach You To Be Rich: No Guilt. No Excuses. Just A 6-week Program That Works \(second Edition\) By Ramit Sethi](#)

BODY: A special 4-week program for women who want to shape up fast for summer or a special event. Jam-packed with photos of LL demonstrating exercises and complete with meal plans and recipes that will fuel your workouts while promoting fat loss, LL Cool J's Platinum Workout will transform your body and the way you think about exercise—for life.

Western Washington Reflections

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Texas Monthly

Walmart è la più grande azienda al mondo. Vende più merci di ogni altra catena commerciale del pianeta e dà lavoro a due milioni di persone. La sua politica always low prices (sempre prezzi bassi) ha in realtà modificato l'economia mondiale, tanto che oggi si può parlare di una Walmart economy. Si tratta di un modello di produzione, distribuzione e commercializzazione che si è imposto a livello globale e che non riguarda solo il colosso Walmart. Dal 2006, anno della prima edizione di questo libro, molte cose sono cambiate. In particolare, si è assistito a una seconda «rivoluzione Walmart», tesa a concentrarsi sulla sostenibilità e a ridurre l'impatto ambientale di questa forma spinta di capitalismo. Con risultati concreti a dir poco sorprendenti. Certo restano molte ombre e lati oscuri, che l'autore analizza. Si pensi alla gigantesca corruzione, grazie alla quale Walmart è riuscito a diventare la terza azienda per fatturato e prima per numero di lavoratori del Messico.

A Comparative History of Commerce and Industry, Volume II

A collection of short essays and humor from online columnist Ron "AAlgar" Watt, aka Mr. Sarcasm.

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Press Summary - Illinois Information Service

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- [It Starts With Us: A Novel \(2\) \(it Ends With Us\) By Colleen Hoover](#)
- [The Wager: A Tale Of Shipwreck, Mutiny And Murder](#)
- [If He Had Been With Me By Laura Nowlin](#)