
Recovering Together Program Curriculum Guide

Substance Abuse

Freedom from Our Addictions
 Taking an Honest and Spiritual Inventory Participant's Guide 2
 A Mans Workbook
 A Program for Treating Addiction
 DARE To Be You
 A Recovery Program Based on Eight Principles from the Beatitudes
 Cognitive Remediation for Successful Employment and Psychiatric Recovery
 On Our Own, Together
 Resources in Education
 The Thinking Skills for Work Program
 Helping Women Recover, Correctional Package, A Program for Treating Addiction, Special Edition for Use in Correctional Settings (Package includes Facilitator's Guide and A Woman's Journal)
 Mindfulness-Based Sobriety
 Medicine, Biomedical Research, Mental Health
 A Systems Approach to the Early Prevention of Problem Behaviors
 A Program for Implementing a Christ-Centered Recovery Ministry in Your Church
 Helping Women Recover, Package
 A Recovery Program Based on Eight Principles from the Beatitudes
 Safe Dates
 The SAGE Guide to Educational Leadership and Management
 A Program for Treating Addiction, Workbook
 Helping Men Recover
 Changing Addictive Behaviors Using CBT, Mindfulness, and Motivational Interviewing Techniques
 The Guide to National Professional Certification Programs
 Real World Recovery
 Handbook of Recovery in Inpatient Psychiatry
 A Man's Workbook, Special Edition for the Criminal Justice System
 EPA Publications Bibliography
 Helping Women Recover, Community Package, A Program for Treating Addiction (Package includes Facilitator's Guide, and A Woman's Journal)
 Helping Men Recover, Community Version Set
 A Clinician's Guide for Working with Women in Groups
 Field Hearing Before the Committee on Education and the Workforce, U.S. House of Representatives, One Hundred Ninth Congress, Second Session, August 31, 2006, in Albuquerque, New Mexico
 Quarterly Abstract Bulletin
 The Story of How More Than One Hundred Men Have Recovered from Alcoholism
 Celebrate Recovery
 Helping Women Recover
 Scientific and Technical Aerospace Reports
 Asking God to Grow My Character: The Journey Continues, Participant's Guide 6
 A Clinician's Treatment Guide for Addiction Recovery Using Relapse Prevention Therapy, Acceptance and Commitment Therapy, and Motivational Interviewing
 Facilitator's Guide for Residential and Outpatient Treatment Programs

Recovering Together Program
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JACOBS CHAMBERS

Freedom from Our Addictions Guilford Publications
 This handbook provides a guide for individualized, responsive, and meaningful care to patients with severe mental illness. It begins with an overview of the foundational aspects of recovery - definitions and assessment, recovery principles, recovery research, and applications of recovery principles in inpatient psychiatry. Subsequent chapters offer in-depth analyses of provider competencies, the patient's role in personal choices and decision making, and the deeper healing goals of recovery. The handbook also offers detailed treatment modalities, including cognitive remediation, psychological and psychiatric services, nursing and occupational therapy services, peer support, and

pharmacological treatment. Featured topics include: Sexuality and sexual health in the inpatient psychiatric setting. The power of stigma and the usage of SAMHSA (Substance Abuse and Mental Health Services Administration) principles to combat stigma. Legal advocacy. Self-advocacy and empowerment. Methods to enhance resilience and sustain recovery in inpatients. Common errors and solutions during the transformation to recovery-oriented systems. The Handbook of Recovery in Inpatient Psychiatry is a must-have resource for researchers, graduate students, clinicians, and related professionals/practitioners in psychology, psychiatry, social work, nursing, rehabilitation therapy, occupational therapy, physical therapy, and allied professionals in related mental health and medical disciplines.

[Taking an Honest and Spiritual Inventory Participant's Guide 2](#)

HarperChristian Resources

The purpose of Conscious Recovery is to offer a spiritual perspective that can assist your clients in addressing the underlying root causes of their addictive behaviors. It is intended to enhance any program, therapy, or other support system in which they are currently engaged. Its aim is not to provide definitive answers, but to introduce questions that can assist your clients in accessing their own inner wisdom and rediscover their true nature. They are their own best teacher, and they hold the key to ending their own suffering. Conscious Recovery can assist them in deepening their understanding of addiction, provide them with a roadmap toward liberation, and offer tools to assist them in living their most dynamic and connected life. This curriculum is designed to be a companion to the book *Conscious Recovery*, and *The Conscious Recovery Workbook*, but can certainly stand on its own as a recovery tool. It's intended to assist you in helping your clients break the cycle of their addictive behavior and heal the root cause of their destructive patterns. You may notice certain concepts repeating throughout the curriculum. This is intentional. This repetition will allow these concepts and practices to be understood and integrated from different levels of awareness as you and your clients progress through the curriculum and shift the trajectory of their recovery and healing. We are so grateful you have chosen to take this journey with us. We hope you enjoy working with this material.

A Man's Workbook New Harbinger Publications

Twelve-step programs are revolutionizing and reshaping our thinking about -- and treatment of -- addiction. Because these programs are based in the community instead of in an institutional or academic setting, they often employ techniques and language that can be confusing and alien to health care professionals. Written in a clear, easy-to-understand style, this book explores these programs and provides a guide on how to integrate them into ongoing human services. Written by internationally renowned experts, *A Bridge to Recovery: An Introduction to 12-Step Programs* includes up-to-date information to bridge the gap between mutual aid programs, human services, and the professional community. This practical book is designed to assist with the implementation of these programs into routine practice while providing a useful reference for academic and educational professionals.

A Program for Treating Addiction HarperChristian Resources

From leading developers of psychosocial treatments for people with severe mental illnesses, this manual presents a research-based program proven to help participants acquire and sustain meaningful employment. *Thinking Skills for Work (TSW)* integrates self-management strategies and computer-based cognitive training exercises to enhance clients' capacities in such key areas as attention, memory, planning, and organization. Individualized Action Plans offer targeted support for getting a job, performing optimally on the job, mastering specific tasks and routines, and overcoming interpersonal challenges. In a convenient large-size format, the book includes rich case illustrations and extensive reproducible handouts. Purchasers get access to a companion website where they can download and print the handouts, as well as supplemental assessment forms and a Guide to TSW Computer-Based Training.

DARE To Be You Helping Men Recover A Man's Workbook, Special Edition for the Criminal Justice System

Drawn from the *Beatitudes*, *Celebrate Recovery* helps people resolve painful problems in the context of the church as a whole. Rather than setting up an isolated recovery community, it helps participants and their churches come together and discover new levels of care, acceptance, trust, and grace.

A Recovery Program Based on Eight Principles from the

Beatitudes Jossey-Bass

The latest, fully-revised and updated edition of classic and best-selling work in the field Since it was first published in 1999, *Helping Women Recover* has set the standard for best practice in the field of women's treatment. *Helping Women Recover* is a manualized treatment intervention based on Dr. Covington's Women's Integrated Treatment (WIT) model—offering a program developed to meet the unique needs of women addicted to alcohol, other drugs, and those with co-occurring disorders. Included in SAMHSA's National Registry of Evidence-based Programs and Practices, The *Helping Women Recover* program offers counselors, mental health professionals, and program administrators the tools they need to implement a gender-responsive, trauma-informed treatment program in group settings or with individual women in criminal justice settings. Now in its third edition, this binder set including both a facilitator's guide and a hands on participant's journal, has been updated with new material on opioid addictions, how to become trauma-informed and gender-responsive, LGBTQ issues, and more. Updated references, further reading suggestions, and a chapter for facilitators which includes the challenges of working in the criminal justice system help practitioners to effectively implement the program in daily practice. A vital tool for all mental health and addiction treatment professionals, *Helping Women Recover: Draws from the most up-to-date theory and practical applications in the fields of addiction and trauma* Covers the historical background and fundamental principles of gender-responsive services Provides guidance for facilitating an effective woman's treatment program Offers real-world insights on the role of the facilitator Includes an appendix of additional recovery resources such as *The Sixteen Steps for Discovery & Empowerment* and *Women for Sobriety New Life Program Acceptance Statements* *Helping Women Recover* is essential for mental health and addiction treatment professionals including counselors, therapists, social workers, psychologists, and psychiatrists who work with women in HWR is essential for anyone providing services to women in criminal justice settings. *Cognitive Remediation for Successful Employment and Psychiatric Recovery* American Psychiatric Pub

A Man's Workbook offers a companion product that is tied seamlessly to the *Helping Men Recover Facilitator's Guide*. This participant workbook has four modules (self, relationships, sexuality, and spirituality) and allows men to process and record the therapeutic experience. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions. This version is designed specifically for men in criminal justice settings.

On Our Own, Together Jossey-Bass

The job market continues to change. Highly skilled and specialized workers are in demand. Traditional education cannot meet all the needs to create specialty skill workers. Certification provides up-to-date training and development while promoting individual or professional skills and knowledge in a focused manner. Certification as a way of continuing professional education can also be more cost effective.

Resources in Education Human Resource Development

A guide to all kinds of addiction from a star who has struggled with heroin, alcohol, sex, fame, food and eBay, that will help addicts and their loved ones make the first steps into recovery "This manual for self-realization comes not from a mountain but from the mud...My qualification is not that I am better than you but I am worse." —Russell Brand With a rare mix of honesty, humor, and compassion, comedian and movie star Russell Brand mines his own wild story and shares the advice and wisdom he

has gained through his fourteen years of recovery. Brand speaks to those suffering along the full spectrum of addiction—from drugs, alcohol, caffeine, and sugar addictions to addictions to work, stress, bad relationships, digital media, and fame. Brand understands that addiction can take many shapes and sizes and how the process of staying clean, sane, and unhooked is a daily activity. He believes that the question is not “Why are you addicted?” but “What pain is your addiction masking? Why are you running—into the wrong job, the wrong life, the wrong person’s arms?” Russell has been in all the twelve-step fellowships going, he’s started his own men’s group, he’s a therapy regular and a practiced yogi—and while he’s worked on this material as part of his comedy and previous bestsellers, he’s never before shared the tools that really took him out of it, that keep him clean and clear. Here he provides not only a recovery plan, but an attempt to make sense of the ailing world.

The Thinking Skills for Work Program Vanderbilt University Press
A Step-by-Step Guide to a Powerful Process for Healing Women with Addiction While there is a wealth of material available for the treatment of addiction, most of the information is based on research focused on men—not women. *Helping Women Recover* fills this void and offers a program specifically designed to meet the unique needs of women who are addicted to alcohol and other drugs. The *Helping Women Recover* program offers counselors, mental health professionals, and program administrators the tools they need to implement this healing process in group therapy settings or with individual clients. “A clear and comprehensive guide. Covington provides addiction professionals with a precise and detailed curriculum based on her knowledge, caring, and years of experience addressing the special needs of addicted women.”—Monessa Overby, vice president, clinical services, Betty Ford Center “An excellent tool for integrating women’s issues with relapse prevention therapy. *Helping Women Recover* is practical, easy to use, and helps guide clinicians to work on the deeper recovery issues with addicted women.”—Terence T. Gorski, founder, clinical director, National Relapse Prevention Certification School “A well-written, thorough, eminently practical, and wise curriculum for all women-therapists and clients, teachers and students. She combines a deep understanding of female psychology with the realities of male-oriented culture to create a supportive model that emphasizes positive self-exploration and discovery. Covington provides a detailed teaching map—what to say, when, and why. Novice and experienced counselors can run with this outstanding plan. Underlying the text is the assurance that the author understands women, what safety means to them, how important it is as a base for healing, and how to achieve it.”—Stephanie Brown, director, The Addictions Institute and author of *Treating Alcoholism* “A comprehensive, practical, and extraordinarily valuable guide for anyone involved in creating, implementing, or facilitating women’s treatment programs.”—Janet L. Surrey, founding scholar, Jean Baker Miller Training Institute, Stone Center, Wellesley College “*Helping Women Recover* is vital to our work with the chemically dependent female—and there is no one who understands gender-specific work better than Stephanie Covington!”—Claudia Black, author of *It Will Never Happen to Me* “*Helping Women Recover* is an exciting curriculum for women in which the facilitator is given clear and detailed instructions. To participate in these sessions would be a healing and revealing experience.”—Anne Geller, associate professor of clinical medicine, Columbia University and past president, American Society of Addiction Medicine

[Helping Women Recover, Correctional Package, A Program for Treating Addiction, Special Edition for Use in Correctional Settings \(Package includes Facilitator's Guide and A Woman's Journal\)](#)

Hazelden Publishing & Educational Services

Drawn from the Beatitudes, *Celebrate Recovery* helps people resolve painful problems in the context of the church as a whole. Rather than setting up an isolated recovery community, it helps participants and their churches come together and discover new levels of care, acceptance, trust, and grace.

Mindfulness-Based Sobriety New Harbinger Publications

An intimate insiders' examination of various consumer services for mental health clients.

Medicine, Biomedical Research, Mental Health Jossey-Bass

Helping Men Recover is the first gender-responsive, trauma-informed treatment program for men. The materials, based on the widely used, evidence-based women's curriculum, *Helping Women Recover*, are grounded in research, theory, and clinical practice. Included in this package are a facilitator's guide and a participant's workbook. These materials are an ideal resource for drug and alcohol counselors, mental health professionals, and program administrators for outpatient, residential, and community-based treatment centers. *Helping Men Recover* is presented in an eighteen-session format. The facilitator's guide offers a step-by-step manual that contains the theory, structure, and content needed to run effective groups. The participant's workbook is designed so that men can process, record, and refer back to their therapeutic experience. The program model is organized into four modules: self, relationships, sexuality, and spirituality. These are the four areas that recovering men have identified as triggers for relapse and as necessary for growth and healing. In addition, all the materials are designed to be user-friendly and self-instructive. Praise for *Helping Men Recover* “I have been inspired by reading your curriculum *Helping Men Recover*. Too often men are taught not to show emotion or share feelings. The way you present the material will help men from all walks of life find their way through the recovery process, while exploring their spirituality, emotions, and relationships with strength and courage. White Bison, the Wellbriety Movement, and I fully support this program. Thanks for your work in helping other men recover.”—Don Coyhis, president, White Bison, Inc. “A superb work that fully understands and articulates the unique challenges faced by men in recovery from alcohol and drug abuse. Dr. Covington, a true pioneer in gender-responsive approaches, and her colleagues offer a powerful set of resources for this work. The model's emphases on trauma and on spirituality are especially welcome, giving this material a timely, strengths-based orientation.”—Roger D. Falot, PhD, Community Connections, Washington, DC Stephanie S. Covington, PhD, LCSW, is a clinician, author, and organizational consultant. She is a pioneer in the design and implementation of gender-responsive treatment services for women in public, private, and institutional settings. She is the author of *Helping Women Recover*. Dan Griffin, MA, has worked in a variety of areas in the mental health and addictions fields, including research, case management, public advocacy, teaching, and counseling, and in the drug court field in Minnesota and nationally for the past eight years. He is the recipient of the first Hazelden fellowship. Rick Dauer, LADC, is the clinical director at River Ridge Treatment Center in Burnsville, Minnesota. He is a professional in the field of chemical dependence and has extensive experience in residential, outpatient, and corrections-based treatment programs.

A Systems Approach to the Early Prevention of Problem Behaviors SAGE Publications

Celebrate Recovery is designed to assist churches of any size in starting one or more recovery groups by providing tools for those who will lead them. Includes 1 leader's guide, 4 participant's guides, 2 software disks, 1 set of sermon transcripts, 1 20-minute video, 8 audio tapes. 25 sessions.

Wiley

In this new version of the classic group recovery training package, Stephanie Covington, Dan Griffin, and Rick Dauer include important new evidence-based data and new proven techniques for this unique and exclusive program, as well as new ways to treat trauma and substance abuse, new principles for gender responsive strategies with male offenders, and a new module on sexuality and men's recovery. A Man's Workbook is tied seamlessly to the facilitator's guide. It contains exercises for use in group sessions, summaries of information presented from the facilitator's guide, and reflection questions and activities for use after group sessions.

[A Program for Implementing a Christ-Centered Recovery Ministry in Your Church](#) Jossey-Bass

Since it was first published in 1999, Helping Women Recover has set the standard for best practice in the field of women's treatment. Helping Women Recover is based on Dr. Covington's Women's Integrated Treatment (WIT) model. It offers a program specifically designed to meet the unique needs of women in correctional settings who are addicted to alcohol and other drugs or have co-occurring disorders. This thoroughly revised and updated edition includes evidence-based and empirically tested therapeutic interventions that are used to treat substance abuse and trauma in an innovative way. The Helping Women Recover program offers counselors, mental health professionals, and program administrators the tools they need to implement a gender-responsive, trauma-informed treatment program within the criminal justice system.

[Helping Women Recover, Package](#) Transportation Research Board
A Program for Implementing a Christ-Centered Recovery Ministry in Your Church Alcoholism - Divorce - Sexual Abuse - Codependency - Domestic Violence - Drug Addiction - Sexual Addiction - Food Addiction - Gambling Addiction and others. There is a way the church can help the hurting move beyond their wounds to experience the healing and forgiveness of Christ. Since 1991, more than 200,000 people have participated in the Celebrate Recovery programs offered at more than 3,500 churches, prisons, and rescue missions. Drawn from the Beatitudes, Celebrate Recovery helps people resolve painful

problems in the context of the church as a whole.

A Recovery Program Based on Eight Principles from the Beatitudes HarperChristian Resources

An Intuitive Food Program Curriculum for the Treatment of Eating Disorders.

[Safe Dates](#) HarperChristian Resources

"TRB's National Cooperative Highway Research Program (NCHRP) Report 753: A Pre-Event Recovery Planning Guide for Transportation is designed to help transportation owners and operators in their efforts to plan for recovery prior to the occurrence of an event that impacts transportation systems. The guide includes tools and resources to assist in both pre-planning for recovery and implementing recovery after an event. NCHRP Report 753 is intended to provide a single resource for understanding the principles and processes to be used for pre-event recovery planning for transportation infrastructure. In addition to the principles and processes, the guide contains checklists, decision support tools, and resources to help support pre-event recovery planning."--Publisher description.

[The SAGE Guide to Educational Leadership and Management](#) HarperCollins

There is a way the church can help the wounded move beyond their hurts, habits, and hang-ups to experience the forgiveness of Christ. Celebrate Recovery helps the church fulfill its role as Christ's healing agent. You don't have to lead alone. To lead people forward in spiritual, physical, and emotional restoration is to walk in the footsteps of Christ. And that's why the Celebrate Recovery Leader's Guide is so important. With everything you need to encourage lasting life-change, the leader's guide is the best way to facilitate Celebrate Recovery in your church and help people look forward to a whole new future. The Celebrate Recovery Leader's Guide includes: Fresh testimonies A 90-day start-up strategy A clear, easy-to-follow format Step-by-step instructions for each meeting Guide for conducting leader training Teaching notes for the 25 lessons of The Journey Begins (Participant Guides 1-4) Overview of the 25 lessons of The Journey Continues (Participant Guides 5-8) Along with a willing heart, this leader's guide is invaluable for leading men and women forward in complete restoration and transformation through Christ.

Best Sellers - Books :

- [World Of Eric Carle, Around The Farm 30-button Animal Sound Book - Great For First Words - Pi Kids](#)
- [Things We Never Got Over \(knockemout\)](#)
- [Never Lie: An Addictive Psychological Thriller](#)
- [Lord Of The Flies](#)
- [Happy Place](#)
- [American Prometheus: The Triumph And Tragedy Of J. Robert Oppenheimer](#)
- [Outlive: The Science And Art Of Longevity](#)
- [My First Library : Boxset Of 10 Board Books For Kids By Wonder House Books](#)
- [The Five-star Weekend By Elin Hilderbrand](#)
- [Outlive: The Science And Art Of Longevity By Peter Attia Md](#)