

---

# Kerala Masala Mob

---

Modi Mandate 2019  
Medicinal Plants of South Asia  
Funky Bollywood  
Peppers  
Kerala, God's Own Country  
Rick Stein's India  
India Today  
Social Mobility In Kerala  
Witch Psychorax  
Miss Masala  
Italian Khana  
Jikoni  
Who Killed Shastri?  
Deleuzian and Guattarian Approaches to Contemporary Communication Cultures in India  
The Engaged Observer  
Good Economics for Hard Times  
Hot Tea across India  
Sacred Games  
Delhi: Adventures In A Megacity (PB)  
Comfort MOB  
Djinn Patrol on the Purple Line  
Crescent and Dove  
Following Fish  
Anita and Me  
Henna for the Broken Hearted  
Contemporary World Politics  
Checkpoint, Temple, Church and Mosque  
Soul Fried Monologues  
Pollutants from Energy Sources  
Totto-Chan  
The Myth of the Holy Cow  
Cinnamon Club  
Sambal Shiok  
The Christians of Kerala  
The Wild East  
The Complete Chile Pepper Book  
Sadhguru, More Than a Life  
Every Child Matters

---

## MILA MONTGOMERY

---

**Modi Mandate 2019** BookRix

Hot Tea across India Tranquebar Press

*Medicinal Plants of South Asia* NYU Press

The winners of the Nobel Prize show how economics, when done right, can help us solve the thorniest social and political problems of our day. Figuring out how to deal with today's critical economic problems is perhaps the great challenge of our time. Much greater than space travel or perhaps even the next revolutionary medical breakthrough, what is at stake is the whole idea of the good life as we have known it. Immigration and inequality, globalization and technological disruption, slowing growth and accelerating climate change--these are sources of great anxiety across the world, from New Delhi and Dakar to Paris and Washington, DC. The resources to address these challenges are there--what we lack are ideas that will help us jump the wall of disagreement and distrust that divides us. If we succeed, history will remember our era with gratitude; if we fail, the potential losses are incalculable. In this revolutionary book, renowned MIT economists Abhijit V. Banerjee and Esther Duflo take on this challenge, building on cutting-edge research in economics explained with lucidity and grace. Original, provocative, and urgent, *Good Economics for Hard Times* makes a persuasive case for an intelligent interventionism and a society built on compassion and respect. It is an extraordinary achievement, one that shines a light to help us appreciate and understand our precariously balanced world.

*Funky Bollywood* HarperCollins UK

'The thirst to be boundless is not created by you; it is just life longing for itself.' —Sadhguru This is the extraordinary story of Sadhguru—a young agnostic who turned yogi, a wild motorcyclist who turned mystic, a sceptic who turned spiritual guide. Pulsating with his razor-sharp intelligence, bracing wit and modern-day vocabulary, the book empowers you to explore your spiritual self and could well change your life. It seeks to re-create the life journey of a man who combines rationality with mysticism, irreverence with compassion, ancient wisdom with a provocatively contemporary outlook and a deep knowledge of the self with a contagious love of life. Described as 'a profound mystic, visionary humanitarian and prominent spiritual leader of our times', he is equally at home in a satsangh in rural Tamil Nadu as at the World Economic Forum in Davos. In his early years, Jaggi Vasudev (or Sadhguru as he is now known) was a chronic truant, a boisterous prankster, and later a lover of motorbikes and fast cars. It is evident that the same urgency, passion and vitality echo in his spiritual pursuits to this day, from his creation of the historic Dhyanalunga—the mission of three lifetimes—to his approach as a guru. In Sadhguru's view, faith and reason, spirituality and science, the sacred and the material, cannot be divided into easy binaries. He sees people as 'spiritual beings dabbling with the material rather than the reverse', and liberation as the fundamental longing in every form of life. Truth for him is a living experience instead of a destination, a conclusion, or a matter of metaphysical speculation. The possibility of self-realization, he strongly believes, is

available to all. Drawing upon extended conversations with Sadhguru, interviews with Isha colleagues and fellow meditators, poet Arundhati Subramaniam presents an evocative portrait of a contemporary mystic and guru—a man who seems to pack the intensity and adventure of several lifetimes into a single one.

**Peppers** UCL Press

In this evocative book, Wall Street Journal columnist Naj pursues his subject from Bolivia to New Mexico, interviewing growers, botanists, chefs, and doctors, even chronicling a long and acrimonious lawsuit that has raged around the use of the term "Tabasco." Illus. "From the Trade Paperback edition.

*Kerala, God's Own Country* Random House

It is said that in India a festival is celebrated every day of the year. In this gastronomic celebration of India's festival cuisine, acclaimed chef Vivek Singh brings his unique touch to traditional festival recipes and gives his insight into the significance of food from a country with a history of such diverse religions and cultures. Chapters include the most popular festivals celebrated around the world, such as Holi, Onam and Diwali, covering all religions and geographical areas within India, with Vivek's very own take on the recipes most associated with them. As well as these brand new recipes, the history and culture surrounding each festival will be explored in colourful detail. The accompanying photography will further bring alive the beauty and vibrancy of these incredible celebrations.

**Rick Stein's India** Alfred A. Knopf

Society has celebrated children even as it has denied fundamental rights and dignity to millions of them. Mass movements and social awareness against injustices like child labour, lack of access to health and education, child sexual abuse and trafficking have been catalysed by reformers like Nobel Peace Laureate Kailash Satyarthi. As a result of his untiring efforts, child labour is now universally considered to be a social evil that has to be abolished. Equally important, societies and governments across the world have accepted that access to quality education is the fundamental right of every child. Even as he has fought for justice and dignity for children, Mr. Satyarthi has found time to provoke, inspire and illuminate young minds by writing about children, their dreams and the power of their humanity. This book is a compilation of columns and interviews which highlight the continuing struggle to create safe childhoods. Readers will find much to introspect after going through this collection. EVERY CHILD MATTERS: The Easy to Use Guide to Disability and Every Child Matters in All Mainstream and Special Schools by KAILASH SATYARTHI: "EVERY CHILD MATTERS" by Kailash Satyarthi is a user-friendly guide that addresses the inclusion of children with disabilities in mainstream and special schools. It advocates for the rights and well-being of every child, regardless of their abilities or challenges. Key Aspects of the Book "EVERY CHILD MATTERS": Inclusive Education: The book offers practical guidance on creating inclusive learning environments that accommodate children with disabilities. Child Advocacy: Kailash Satyarthi emphasizes the importance of advocating for the rights and protection of all children, promoting a child-centric approach. Educational Equity: Readers will find strategies and resources to ensure that every child,

regardless of their abilities, has equal access to quality education. Kailash Satyarthi is a renowned child rights activist and Nobel Laureate. He has dedicated his life to the fight against child labor and the promotion of child welfare and education worldwide. "EVERY CHILD MATTERS" is one of his contributions to the cause of ensuring every child's well-being and education.

**India Today** Penguin UK

It's the return of the MOB! This time celebrating all things crispy, squidgy, cheesy, spicy, warming, sticky, nourishing... all the flavours, textures and feel of comfort pulled together in one book, 100 recipes. 'This book is pure delicious joy....this feel-good collection, with delicious twists crammed into every recipe. Perfect for autumnal cooking and colder nights.' BBC Good Food COMFORT MOB is a celebration of hearty dishes from around the world that warm, soothe and fill us. Spending time in the kitchen recreating comfort is a way to indulge in dishes from the past and find new flavour and texture combinations that appeal to our senses. Featuring old-school bangers with a MOB Kitchen twist such as Roast Garlic Chicken Pie or Beef Brisket Lasagne, and modern dishes like Sriracha Crispy Tofu or Coca Cola Chicken Wings, COMFORT MOB encourages you to indulge every palate and craving in a fun, affordable and achievable way. If you're in a hurry but need a quick dose of comfort, recipes like the Grilled Halloumi and Peach Burger with Chipotle Mayo or Ben's Dad's Puttanesca will hit the spot in no time. For an extra dose of comfort, follow Mob's recipes for making your own pasta, focaccia and gnocchi to take your meal to the next level. Mob have also cooked up some cosy dessert recipes to finish - try Miso Sticky Toffee Pudding or extra-oozy Chocolate Jaffa Pool. COMFORT MOB is a nod to homeliness and cosy nights spent cooking with friends and family, recapturing the feeling of better, safer times with food that loves you back.

**Social Mobility In Kerala** Hardie Grant Publishing

Here is food that is refined, inventive, and full of startling flavours: sandalwood infused tandoori chicken breast, king prawns with saffron almond sauce, clove smoked roast rump of lamb with corn, asparagus, curried avocado and beetroot salad, Hyderabad style aubergine steaks with coconut rice, roganjosh pie, pan seared Kolkata betki with bottle gourd stir fry and fenugreek sauce, steamed mango idlis with wild berry sorbet, saffron poached pear with cinnamon ice cream. A fresh, glamorous, and utterly creative approach, Cinnamon Club blends western techniques and presentation with the best of traditional Indian cuisine. Beautifully designed and photographed, it will become an instant classic and a book that will inspire many extraordinary meals.

**Witch Psychorax** Penguin Books India

Filippo and Caroline Osella, anthropologists who spent three years in rural Kerala, south India, write about the modern search for upward social mobility: the processes involved, the ideologies that support or thwart it, and what happens to the people involved. They focus on the caste called Izhavas, a group that in the mid-19th century consisted of a small land-owning and titled elite and a large mass of landless and small tenants who were largely illiterate and considered untouchable, and who eked out a living by manual labor and petty trade. In the 20th century, Izhavas pursued mobility in many social arenas, both as a newly united caste and as families. The work considers how successful the mobility has been and looks at the effects on their society of an ethos of progress. Distributed by Stylus. Annotation copyrighted by Book News Inc., Portland, OR  
Miss Masala Hodder & Stoughton

This elegantly written book explores the practice of Christianity among the Yakoba in the small region of Kerala. Susan Viswanathan uses the categories of time, space, architecture, and the body as a means of identifying the ways in which Hindu, Christian, and Syrian strands have been woven together to form a rich cultural tapestry in the region. The Yakoba, on which this study is based, are divided into two distinct groups--the Orthodox Syrians and the Jacobite Syrians. Viswanathan relates their on-going quarrel over ecclesiastical jurisdiction and the ways in which this quarrel affects Syrian Christian life and experience as a whole. She argues that people's interpretations of Christianity are a very powerful mode of cultural expression and societal flexibility.

**Italian Khana** PublicAffairs

Despite the often stereotypical notions of Bollywood, it's not all weddings, wet saris and running around trees. In the 1970s, Indian cinema gave birth to a new breed of action movie, one that combined its own exuberant traditions with foreign influences. Let world cult cinema fanatic Todd Stadtman be your guide through this world of karate killers, femme fatales, space age lairs, bombshells and booby traps with Funky Bollywood, a book with an attitude as freewheeling and feisty as its subject matter, bursting with colour and imagination on every vibrant page.

*Jikoni* Faber & Faber

It was the time of the Cold War. After defeating Pakistan in the second biggest armed conflict since the Second World War, Indian Prime Minister Lal Bahadur Shastri arrived in Tashkent, former USSR, to sign a peace accord. After days of extended negotiations, the peace agreement was signed between India and Pakistan in the presence of Alexei Kosygin, the USSR Premier. Hours later, at 1.32 AM, Shastri died in his dacha. Abruptly. Mysteriously. Soon after, his official Russian butler and the Indian cook attached to the Indian ambassador were arrested by the Ninth Directorate of the KGB under the suspicion of poisoning Shastri. No post-mortem was done. No confession was achieved. There was no judicial enquiry ever. It's been 50 years since his death, and we still don't know the truth. Was it really a heart attack? Was he poisoned? Did the CIA kill him? Was it the KGB? Was it a state-sponsored murder? Vivek Ranjan Agnihotri along with his motley team of inexperienced assistants turned whistle-blowers investigate the mystery behind Shastri's death and find themselves in a mirror-world where all and everybody is suspect. But they cannot remain distant, for the painful story of India touches their own lives as they discover how the country was put up for sale.

Who Killed Shastri? Timber Press (OR)

Chile peppers are hot--they add culinary fire to dishes from a variety of cuisines and inspire near-fanatical devotion in vegetable gardeners and collectors. The Complete Chile Pepper Book, by world-renowned chile experts Dave DeWitt and Paul W. Bosland, shares detailed profiles of the one hundred most popular chile varieties and include information on how to grow and cultivate them successfully, along with tips on planning, garden design, growing in containers, dealing with pests and disease, and breeding and hybridizing. Techniques for processing and preserving include canning, pickling, drying, and smoking. Eighty-five mouth-watering recipes show how to use the characteristic heat of chile peppers in beverages, sauces, appetizers, salads, soups, entrees, and desserts. This gorgeously illustrated, must-have reference for pepper-obsessed gardeners and cooks.

### **Deleuzian and Guattarian Approaches to Contemporary Communication Cultures in India**

Notion Press

Nine-year-old Meena can't wait to grow up and break free from her parents. But, as the daughter of the only Punjabi family in the mining village of Tollington, her struggle for independence is different from most.

The Engaged Observer Bloomsbury Publishing

'A book that is . . . as eccentric and anarchic as its subject'—William Dalrymple In this extraordinary portrait of one of the world's largest cities, Sam Miller sets out to discover the real Delhi, a city he describes as being 'India's dreamtown— and its purgatory'. He treads the city's streets, including its less celebrated destinations—Nehru Place, Pitampura and Gurgaon—places most writers ignore. His encounters with Delhi's people, from ragpickers to members of the Police Brass Band, create a richly entertaining portrait of what the city is and what it is becoming. Miller is, like so many of the people he meets, a migrant in one of the world's fastest growing megapolises and the Delhi he depicts is one whose future concerns us all. Miller possesses an intense curiosity; he has an infallible eye for life's diversities, for all the marvellous and sublime moments that illuminate people's lives. This is a generous, original, humorous portrait of a great city; one which unerringly locates the humanity beneath the mundane, the unsung and the unfamiliar.

### **Good Economics for Hard Times** Kodansha USA

The Wild East bridges political economy and anthropology to examine a variety of il/legal economic sectors and businesses such as red sanders, coal, fire, oil, sand, air spectrum, land, water, real estate, procurement and industrial labour. The 11 case studies, based across India, Pakistan and Bangladesh, explore how state regulative law is often ignored and/or selectively manipulated. The emerging collective narrative shows the workings of regulated criminal economic systems where criminal formations, politicians, police, judges and bureaucrats are deeply intertwined. By pioneering the field-study of the politicisation of economic crime, and disrupting the wider literature on South Asia's informal economy, The Wild East aims to influence future research agendas through its case for the study of mafia-enterprises and their engagement with governance in South Asia and outside. Its empirical and theoretical contribution to debates about economic crimes in democratic regimes will be of critical value to researchers in Economics, Anthropology, Sociology, Comparative Politics, Political Science and International Relations, Criminologists and Development Studies, as well as to those inside and outside academia interested in current affairs and the relationship between crime, politics and mafia enterprises.

Hot Tea across India Prabhat Prakashan

Shortlisted for the Fortnum & Mason Food and Drink Awards (2022) Guild of Food Writer's Awards, Highly Commended in 'First Book' category (2022) André Simon Awards shortlisted (2022)

"Beautiful, inspiring, but above all authoritative. Mandy Yin holds all the secrets to exquisite Malaysian cooking... It is a rare treat that she's chosen to share them." - Grace Dent, restaurant critic for the Guardian A soulful tribute to Malaysian cuisine, from snacks, soups and salads, to rice and noodle dishes, curries and sweet things. Sambal Shiok is a brilliant collection of over 90

Best Sellers - Books :

accessible recipes that were handed down from Mandy Yin's mother as well as those that she has developed for her critically acclaimed, award-winning London restaurant. The recipes - such as her signature curry laksa, Penang assam laksa, Malaysian fried chicken, prawn fritters, spiral curry puffs, flaky roti canai, beef rendang, KL golden fragrant clams, sambal mapo tofu, and the perfect steamed rice - can be made for a weekday family meal, a dinner party or celebration. Malaysian food results from the unique merger over centuries of indigenous Malay ingredients with Indian spices and Chinese techniques. Every dish delicately balances sweet, sour, salty with chilli heat and a hint of bitter. With Mandy's evocative look at Malaysian food culture, her recipes, and the basics of a Malaysian pantry (shrimp paste, lemongrass, tamarind and coconut milk), you can easily enjoy the most delicious Malaysian meals at home.

Sacred Games Hot Tea across India

On Rishad Saam Mehta's journeys — and as a travel writer and all-round road-trip junkie, he's been on many — there's a particular thing he noticed. There's not a highway, road or dirt track in India where you can't find a cup of chai whenever you want it. And with those cuppas come encounters and incidents that make travelling in India a fascinating adventure. In this riveting book, which includes stories of honey- and saffron-infused tea shared with a shepherd in Kashmir, and a strong brew that revives the author after almost getting lynched by an irate mob in Kerala, Rishad takes you across the length and breadth of India, from Manali to Munnar, from the Rann of Kutch to Khajuraho, with a wonderful combination of wit, sensitivity and insight.

**Delhi: Adventures In A Megacity (PB)** Bloomsbury Publishing

How far would you go to change your life? Sharell Cook is 30 years old and living a privileged life in Melbourne's wealthy suburbs. She has it all: the childhood-sweetheart husband, the high-powered job and plenty of cash to splash. And it's not destined to last. In a dramatic turn of events, Sharell's marriage breaks down and her perfect life falls apart. Sharell opts for a complete change of scene, travelling to India to do volunteer work. But reinventing herself is not as easy as it sounds, especially in the chaos and confrontation of India. Just as she is beginning to wonder whether she'll ever find her way, she meets a man. And so begins Sharell's transformation. Set in the Himalayan hills of Manali, the beaches of Kerala and themadness of Mumbai, Sharell's is the real story of what falling in lovewith an Indian, and India itself, really entails.

Comfort MOB HarperCollins Publishers

Want to cook Italian food but terrified by the complicated recipes? Exasperated because you can't find the right ingredients? Wish you could eat chilli with your pasta? Ritu Dalmia, chef and owner of Diva, Delhi's most beloved Italian restaurant, teaches you how to cook authentic, delicious Italian food in your kitchen that will have you begging for more. She tells you how and what to cook, from show-off dinner parties to a romantic supper à deux, from sharing your table with friends to cosying up on the sofa watching TV. Ritu writes of how regions in Italy differ in their cooking style, what wine to pair with what food, how to adapt Indian ingredients to Italian cooking, and also provides an updated list of suppliers in all the metros. Stylishly designed, with stunning photography, Italian Khana will be your guru and best friend in the kitchen.

- [American Prometheus: The Triumph And Tragedy Of J. Robert Oppenheimer By Kai Bird](#)
- [Young Forever: The Secrets To Living Your Longest, Healthiest Life \(the Dr. Hyman Library, 11\)](#)
- [Demon Copperhead: A Pulitzer Prize Winner By Barbara Kingsolver](#)
- [Mad Honey: A Novel By Jodi Picoult](#)
- [It Ends With Us: A Novel \(1\)](#)
- [The Five-star Weekend](#)
- [A Court Of Frost And Starlight \(a Court Of Thorns And Roses, 4\)](#)
- [Twisted Hate \(twisted, 3\) By Ana Huang](#)
- [A Court Of Mist And Fury \(a Court Of Thorns And Roses, 2\) By Sarah J. Maas](#)
- [Playground](#)