

End Of Life An Essential Guide For Carers

Textbook of Palliative Care
 Palliative and End-of-Life Care
 Dying in America
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 Primer of Palliative Care
 Dignity Therapy
 End-of-Life-Care: A Practical Guide, Second Edition
 Voluntarily Stopping Eating and Drinking
 Before I Go
 Pain and Palliative Care in the Developing World and Marginalized Populations
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 The Hastings Center Guidelines for Decisions on Life-Sustaining Treatment and Care Near the End of Life
 Cancer Pain Management in Developing Countries
 Textbook of Palliative Medicine
 The Gentle Art of Swedish Death Cleaning
 Essentials of Palliative Care
 Palliative and End-of-Life Care - E-Book
 The Dying Process
 Values at the End of Life
 When Children Die
 NURSING CARE AT THE END OF LIFE
 The Four Things That Matter Most - 10th Anniversary Edition
 Compassionate Communities
 Talking About Death Won't Kill You
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XIMENA REAGAN

Textbook of Palliative Care Elsevier Health Sciences

This fourth edition of a comprehensive text/reference that has been valued by students, educators, and practicing nurses for many years, Palliative Care Nursing continues to reflect the fundamental hospice and palliative care nursing competencies--both basic and advanced--that are essential for effective and empathetic care of patients and families. With a focus on inter-professional collaboration, the book emphasizes the value of complementary, holistic models in promoting health and wholeness across the illness trajectory, even as death approaches.

Palliative and End-of-Life Care Independently Published

At the end of life, each story is different. Death comes suddenly, or a person lingers, gradually fading. For some older people, the body weakens while the mind stays alert. Others remain physically strong, but cognitive losses take a huge toll. Although everyone dies, each loss is personally felt by those close to the one who has died. End-of-life care is the term used to describe

the support and medical care given during the time surrounding death. Such care does not happen only in the moments before breathing ceases and the heart stops beating. Older people often live with one or more chronic illnesses and need a lot of care for days, weeks, and even months before death. The goal of End of Life: Helping with Comfort and Care is to provide guidance and help in understanding the unfamiliar territory of death. This information is based on research, such as that supported by the National Institute on Aging (NIA), along with other parts of the National Institutes of Health.

Dying in America Katie Duncan

·Is there such a thing as a good death? ·Should we be able to choose how we wish to die? ·What are the ethical considerations that surround a good death? The notion of a 'good death' plays an important role in modern palliative care and remains a topic for lively debate. Using philosophical methods and theories, this book provides a critical analysis of Western notions surrounding the dying process in the palliative care context. Sandman highlights how our changing ideas about the value of life inevitably shape the concept of a good death. He explores the varying perspectives on the good death that come from friends, family, physicians, spiritual carers and others close to the

dying person. Setting out a number of arguments for and against existing thinking about a good death, this book links to the practice of palliative care in several key areas including: ·An exploration of the universal features of dying ·The process of facing death ·Preparation for death ·The environment of dying and death The author concludes that it is difficult to find convincing reasons for any one way to die a good death and argues for a pluralist approach. A Good Death is essential reading for students and professionals with an interest in palliative care and end-of-life issues.

Medicare Hospice Benefits Lippincott Williams & Wilkins

The basis for the wonderfully funny and moving TV series developed by Amy Poehler and Scout Productions A charming, practical, and unsentimental approach to putting a home in order while reflecting on the tiny joys that make up a long life. In Sweden there is a kind of decluttering called *döstädning*, *dö* meaning "death" and *städning* meaning "cleaning." This surprising and invigorating process of clearing out unnecessary belongings can be undertaken at any age or life stage but should be done sooner than later, before others have to do it for you. In The Gentle Art of Swedish Death Cleaning, artist Margareta Magnusson, with Scandinavian humor and wisdom, instructs

readers to embrace minimalism. Her radical and joyous method for putting things in order helps families broach sensitive conversations, and makes the process uplifting rather than overwhelming. Margareta suggests which possessions you can easily get rid of (unworn clothes, unwanted presents, more plates than you'd ever use) and which you might want to keep (photographs, love letters, a few of your children's art projects). Digging into her late husband's tool shed, and her own secret drawer of vices, Margareta introduces an element of fun to a potentially daunting task. Along the way readers get a glimpse into her life in Sweden, and also become more comfortable with the idea of letting go.

Primer of Palliative Care Simon and Schuster

For readers of *Being Mortal* and *Modern Death*, an ICU and Palliative Care specialist offers a framework for a better way to exit life that will change our medical culture at the deepest level in medical school, no one teaches you how to let a patient die. Jessica Zitter became a doctor because she wanted to be a hero. She elected to specialize in critical care—to become an ICU physician—and imagined herself swooping in to rescue patients from the brink of death. But then during her first code she found herself cracking the ribs of a patient so old and frail it was unimaginable he would ever come back to life. She began to question her choice. *Extreme Measures* charts Zitter's journey from wanting to be one kind of hero to becoming another—a doctor who prioritizes the patient's values and preferences in an environment where the default choice is the extreme use of technology. In our current medical culture, the old and the ill are put on what she terms the End-of-Life Conveyor belt. They are intubated, catheterized, and even shelved away in care facilities to suffer their final days alone, confused, and often in pain. In her work Zitter has learned what patients fear more than death itself: the prospect of dying badly. She builds bridges between patients and caregivers, formulates plans to allay patients' pain and anxiety, and enlists the support of loved ones so that life can end well, even beautifully. Filled with rich patient stories that make a compelling medical narrative, *Extreme Measures* enlarges the national conversation as it thoughtfully and compassionately examines an experience that defines being human.

Dignity Therapy University of Toronto Press

Immerse yourself in the sensitive and crucial world of palliative care with "The Palliative care Nurse The complete Guide", a comprehensive guide for healthcare professionals and anyone seeking to understand and practice palliative care in a compassionate and holistic way. This book is a comprehensive guide with very precise instructions so that you know everything and don't get lost. From the origin of the term 'palliative' to the integration of artificial intelligence into practice, this book offers a comprehensive overview of the fundamental principles, innovative approaches and essential humanity behind end-of-life care. Discover how palliative care has evolved over time and how it has gained a rightful place in the medical field. Explore the nuances of sensitive communication and learn how to address ethical and spiritual issues with grace. Immerse yourself in the practicalities, from pain management to emotional support strategies to careful individualised care planning. This book goes beyond facts and techniques, exploring the emotional and human dimensions of palliative care. Learn how to listen actively, create space for emotional expression and support families on their journey. Discover how to maintain the balance between technology and humanity while integrating modern advances into the delivery of care. If you are a healthcare professional looking to hone your palliative care skills or simply want to understand how to offer compassionate support to your loved ones at the end of life, "The Palliative care Nurse The complete Guide" is an essential companion. Explore each chapter to gain knowledge, skills and a fresh perspective on palliative care, to bring comfort, dignity and compassion to patients and their families at this crucial time of life.

End-of-Life-Care: A Practical Guide, Second Edition McGraw-Hill Education (UK)

The third edition of *Hospice and Palliative Care* is the essential guide to the hospice and palliative care movement both within the United States and around the world. Chapters provide mental-health and medical professionals with a comprehensive overview of the hospice practice as well as discussions of challenges and the future direction of the hospice movement. Updates to the new edition include advances in spiritual assessment and care, treatment of prolonged and complicated grief, provision of interdisciplinary palliative care in limited-resource settings, significant discussion of assisted suicide, primary healthcare including oncology, and more. Staff and volunteers new to the field along with experienced care providers and those using hospice and palliative care services will find this essential reading.

Voluntarily Stopping Eating and Drinking Oxford University Press

This major new work updates and significantly expands The Hastings Center's 1987 Guidelines on the Termination of Life-Sustaining Treatment and Care of the Dying. Like its predecessor, this second edition will shape the ethical and legal framework for decision-making on treatment and end-of-life care in the United States. This groundbreaking work incorporates 25 years of research and innovation in clinical care, law, and policy. It is written for physicians, nurses, and other health care professionals and is structured for easy reference in difficult clinical situations. It supports the work of clinical ethicists, ethics committee members, health lawyers, clinical educators, scholars, and policymakers. It includes extensive practical recommendations. Health care reform places a new set of challenges on decision-making and care near the end of life. The Hastings Center Guidelines are an essential resource.

Before I Go Hospice and Palliative Care

For patients and their loved ones, no care decisions are more profound than those made near the end of life. Unfortunately, the experience of dying in the United States is often characterized by fragmented care, inadequate treatment of distressing symptoms, frequent transitions among care settings, and enormous care responsibilities for families. According to this report, the current health care system of rendering more intensive services than are necessary and desired by patients, and the lack of coordination among programs increases risks to patients and creates avoidable burdens on them and their families. *Dying in America* is a study of the current state of health care for persons of all ages who are nearing the end of life. Death is not a strictly medical event. Ideally, health care for those nearing the end of life harmonizes with social, psychological, and spiritual support. All people with advanced illnesses who may be approaching the end of life are entitled to access to high-quality, compassionate, evidence-based care, consistent with their wishes. *Dying in America* evaluates strategies to integrate care into a person- and family-centered, team-based framework, and makes recommendations to create a system that coordinates care and supports and respects the choices of patients and their families. The findings and recommendations of this report will address the needs of patients and their families and assist policy makers, clinicians and their educational and credentialing bodies, leaders of health care delivery and financing organizations, researchers, public and private funders, religious and community leaders, advocates of better care, journalists, and the public to provide the best care possible for people nearing the end of life.

Pain and Palliative Care in the Developing World and Marginalized Populations Routledge

Find out all you need to know about providing high-quality care to patients with serious illnesses from the 2nd edition. Drs. Linda L. Emanuel and S. Lawrence Librach, leaders in the field, address the clinical, physical, psychological, cultural, and spiritual dimensions that are integral to the care of the whole patient. They give you a broad understanding of the core clinical skills and competencies needed to effectively approach patient assessment, care of special populations, symptom control, ethical issues, and more. Better understand and manage the common and unique challenges associated with delivering palliative care in various social settings, such as the ICU, hospice, and the home; and to diverse populations, such as children, elders, and vulnerable members of society. Emanuel and Librach provide a practical guide that covers all aspects of the palliative care spectrum.

Getting your affairs in order Taylor & Francis

Updated with stories from people who have been inspired by the original text, a guide to connecting with what matters most identifies four phrases for honoring relationships, letting go of unhealthy emotions, and living life fully.

Death and Dying Penguin

Essential information for anyone involved in palliative care programs for deprived patients! In this comprehensive resource, leading healthcare professionals describe pioneering work on the front lines of pain and palliative care service planning and implementation for underserved populations. *Pain and Palliative Care in the Developing World and Marginalized Populations: A Global Challenge* explores the challenges and barriers preventing satisfactory pain management for patients who urgently need it. This book provides you with true accounts of palliative care programs from around the world to help you meet the needs of disadvantaged clients. This essential volume includes a Foreword written by a world leader in palliative care—Jan Stjernsward, Former Chief of the Cancer and Palliative Care Program of the World Health Organization and currently International Director of the Oxford International Centre for Palliative Care in the United Kingdom. *Pain and Palliative Care in the Developing World and Marginalized Populations: A Global Challenge* addresses issues of vital importance for the global health care community, such as: Why do so

many people in the developing world suffer excruciating pain for months and years, when simple inexpensive medication could make them comfortable? They get MRI scans; why don't they have access to palliative care? Why do some palliative care programs fail to reach the needy? How could a palliative care delivery system be adapted to local needs? Why are medical and nursing students not taught the fundamentals of pain management? What direction should palliative care education take? Could health care resources be channeled to deliver care in a more just and equitable manner? This book chronicles the efforts of ambitious pain management care professionals to confront these questions, working toward an end to needless, preventable pain and suffering. It examines their programs, and acknowledges their successes and failures to date, with commentaries by international experts. This indispensable manual discusses palliative care programs in developing countries such as India, Chile, Argentina, Saudi Arabia, Thailand, Hong Kong, Malaysia, and others. *Pain and Palliative Care in the Developing World and Marginalized Populations* also offers an important look at pain management programs geared toward several specific underserved populations in both developing and developed countries, including Native Americans and inmates in a New Zealand prison. Illustrated with figures, graphs, and tables, this book is essential for practitioners and officials in both palliative and public health care. All proceeds from sales of this book will be used to support the growth of palliative care programs in India.

How To Break Bad News Oxford University Press

A compassionate, practical guide to end-of-life matters, empowering us to clarify and share our wishes and continue to live life to the fullest • Addresses the emotional, spiritual, and practical aspects of end-of-life planning to help you prepare well for your death • Enables the reader to make well-informed decisions about their end-of-life care and facilitate conversations with family and friends about this difficult topic • Includes guiding questions, exercises, and recording tools, as well as worksheets available for download and supportive online courses Many people say "I wish I had known what they wanted" when their loved one has died. Too often, a person's wishes for end-of-life care, and for after they have gone, have not been recorded. With this valuable guide, you can now begin to do this for yourself, so your relatives will be able to honor your wishes more easily, saving them unnecessary stress and upset at a potentially intense time. *Before I Go* addresses the emotional, spiritual, and practical aspects of end-of-life planning to help you make well-informed decisions about your end-of-life care and prepare well for your death. Jane Duncan Rogers guides you with equanimity, care, and humor through subjects such as how to have a conversation about dying, the impact of grief on relatives responsible for estate matters, DIY funerals and what that entails. She states clearly what you need to have in place to ensure the best end of life possible, helps you identify your values and beliefs in this area, and demonstrates which actions you then need to take, and when. With a full resource pack of essential information available to you, including guiding questions, exercises, and recording tools, as well as downloadable worksheets and supportive online courses, decision-making will be much easier and you will find relief and peace of mind knowing you have taken care of outstanding matters. You will also be giving a great gift to your loved ones. When they have this information in advance, you spare them many difficult decisions and administrative hassle at a time when they will be grieving and not in a fit state to cope. It can bring great comfort to those left behind to know they are indeed carrying out your wishes. It also provides an opportunity for you to record your achievements and history, giving them a legacy they would otherwise not have. You can update your wishes at any time, meaning you'll have a sense of control of your life and its ending and feel confident that if anything happens to you suddenly, you and your family will be as well-prepared as possible to deal with it. With your end-of-life wishes clearly defined, you gain the freedom to continue living your life to the full, knowing the difficult decisions have been handled.

ESSENTIALS FOR THE HOSPICE CARE NURSE McGraw Hill Professional

This practical handbook will equip readers with the tools to have meaningful conversations about death and dying Death is a part of life. We used to understand this, and in the past, loved ones generally died at home with family around them. But in just a few generations, death has become a medical event, and we have lost the ability to make this last part of life more personal and meaningful. Today people want to regain control over health-care decisions for themselves and their loved ones. *Talking About Death Won't Kill You* is the essential handbook to help Canadians navigate personal and medical decisions for the best quality of life for the end of our lives. Noted palliative-care educator and researcher Kathy Kortés-Miller shows readers how to identify and reframe limiting beliefs about dying with humor and compassion. With robust resource lists,

Kortes-Miller addresses advance care plans for ourselves and our loved ones how to have conversations about end-of-life wishes with loved ones how to talk to children about death how to build a compassionate workplace practical strategies to support our colleagues how to talk to health-care practitioners how to manage challenging family dynamics as someone is dying what is involved in medical assistance in dying (MAID) Far from morbid, these conversations are full of meaning and life — and the relief that comes from knowing what your loved ones want, and what you want for yourself.

[Hospice and Palliative Care](#) Oxford University Press

For many health care professionals and social service providers, the hardest part of the job is breaking bad news. The news may be about a condition that is life-threatening (such as cancer or AIDS), disabling (such as multiple sclerosis or rheumatoid arthritis), or embarrassing (such as genital herpes). To date medical education has done little to train practitioners in coping with such situations. With this guide Robert Buckman and Yvonne Kason provide help. Using plain, intelligible language they outline the basic principles of breaking bad news and present a technique, or protocol, that can be easily learned. It draws on listening and interviewing skills that consider such factors as how much the patient knows and/or wants to know; how to identify the patient's agenda and understanding, and how to respond to his or her feelings about the information. They also discuss reactions of family and friends and of other members of the health care team. Based on Buckman's award-winning training videos and Kason's courses on interviewing skills for medical students, this volume is an indispensable aid for doctors, nurses, psychotherapists, social workers, and all those in related fields.

[Palliative Care](#) ECW Press

Textbook of Palliative Medicine provides an alternative, truly international approach to this rapidly growing specialty. This textbook fills a niche with its evidence-based, multi-professional approach and global perspective ensured by the international team of editors and contributing authors. In the absence of an international curriculum for the study of palliative medicine, this textbook provides essential guidance for those both embarking upon a career in palliative medicine or already established in the field, and the structure and content have been constructed very much with this in mind. With an emphasis on providing a service anywhere in the world, including the important issue of palliative care in the developing nations, Textbook of Palliative Medicine offers a genuine alternative to the narrative approach of its competitors, and is an ideal complement to them. It is essential reading for all palliative care physicians in training and in practice, as well as palliative care nurses and other health professionals in the palliative care team

[That Good Night](#) OUP USA

Compassionate communities are communities that provide assistance for those in need of end of life care, separate from any official health service provision that may already be available within

the community. This idea was developed in 2005 in Allan Kellehear's seminal volume- Compassionate Cities: Public Health and End of Life Care. In the ensuing ten years the theoretical aspects of the idea have been continually explored, primarily rehearsing academic concerns rather than practical ones. Compassionate Communities: Case Studies from Britain and Europe provides the first major volume describing and examining compassionate community experiments in end of life care from a highly practical perspective. Focusing on community development initiatives and practice challenges, the book offers practitioners and policy makers from the health and social care sectors practical discussions on the strengths and limitations of such initiatives. Furthermore, not limited to providing practice choices the book also offers an important and timely impetus for other practitioners and policy makers to begin thinking about developing their own possible compassionate communities. An essential read for academic, practitioner, and policy audiences in the fields of public health, community development, health social sciences, aged care, bereavement care, and hospice & palliative care, Compassionate Communities is one of only a handful of available books on end of life care that takes a strong health promotion and community development approach.

[Extreme Measures](#) Andrews UK Limited

Textbook of Palliative Care is a comprehensive, clinically relevant and state-of-the art book, aimed at advancing palliative care as a science, a clinical practice and as an art. Palliative care has been part of healthcare for over fifty years but we still find ourselves having to explain its nature and practice to colleagues and to the public in general. Healthcare education and training has been slow to recognize the vital importance of ensuring that all practitioners have a good understanding of what is involved in the care of people with serious or advanced illnesses and their families. However, the science of palliative care is advancing and our understanding concerning many aspects of palliative care is developing rapidly. The book is divided into separate sections for ease of use. Over 100 chapters written by experts in their given fields provide up-to-date information on a wide range of topics of relevance to those providing care towards the end of life no matter what the disease may be. We present a global perspective on contemporary and classic issues in palliative care with authors from a wide range of disciplines involved in this essential aspect of care. The Textbook includes sections addressing aspects such as symptom management and care provision, organization of care in different settings, care in specific disease groups, palliative care emergencies, ethics, public health approaches and research in palliative care. This Textbook will be of value to practitioners in all disciplines and professions where the care of people approaching death is important, specialists as well as non-specialists, in any setting where people with serious advanced illnesses are residing. It is also an important resource for researchers, policy-and decision-makers at national or regional levels. Neither the science nor the art of palliative care will

stand still so we aim to keep this Textbook updated as the authors find new evidence and approaches to care.

[Dying Well](#) Simon and Schuster

Advance Care Planning (ACP) is an essential part of end of life care in the UK and most developed countries. It enables more people to live well and die as they would choose, and has significant implications for the individual person, their family and carers, and our wider society. In the context of an ageing population and increasing possibilities for medical interventions, ACP is a particularly important aspect of quality care. Expanded and fully updated throughout, this new edition gives a comprehensive overview of ACP and explores a wide range of issues and practicalities in providing end of life care. Written by experts from around the world, the book takes a comprehensive look at the subject by exploring the wide range of issues and practicalities in providing ACP; framing the purpose, process, and outcomes of these plans; and providing an important update on national and international research, policy and practice. Chapters also discuss values, goals and priorities, and include detailed case examples to aid best practice. This book is an invaluable resource for all clinicians involved in the caring for people in their final stages of life. It is of particular value to GPs, palliative care specialists, geriatricians, social care teams, researchers and policy leads interested in improving end of life care.

[The Palliative Care Nurse The Complete Guide](#) Lulu.com

This new and expanded edition is aimed directly at the learning needs of student nurses and is unique in that context. Whilst there are many high quality books available for academic study in palliative care this is currently the only one that balances a strong educational focus for developing nursing practice with an understanding of the particular needs of student nurses. The text maintains a sensitive and supportive approach to the key themes of palliative care nursing, but contains important new material of a wide range of initiatives that are impacting on end of life care across the UK. It will provide the reader with a concise, easy to read and learning oriented text that will give advice and direction to the many challenges faced in this most important area of patient care. Each chapter examines a key component of care and new features include: Learning outcomes at the start of each chapter to guide the reader Clinical anecdotes to illustrate the reality and complexity of practice Extensive use of recognisable symbols to guide the reader and improve the usability of the text Competency assessment to help gauge knowledge and progress Reflective points to aid professional development Reflective activities to enable the student to reinforce learning from practice Links to appropriate clauses of the current 2008 NMC Code of Professional Conduct Quality internet resources relevant to chapter content Self assessment multiple choice tests at the end of each chapter to consolidate learning An extensive palliative care quiz covering the main topic areas of the book to test knowledge. This can be used as evidence with professional portfolios.

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