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# Maurice Frydman

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I Am that

Social and Political Thought of Mahatma Gandhi

Face to Face with Sri Ramana Maharshi

The Experiential Dimension of Advaita Vedanta

The Seven Steps to Awakening

Nectar of Immortality

Mahatma Gandhi

Papaji

Beyond Freedom

Gandhi's Body

Seeds of Consciousness

The Open Path

The Aundh Experiment

Aphorisms, the Arts, and Late Writings

Mountain Path

Lovelove

The Mind of J. Krishnamurthi

The Teachings of Ramana Maharshi (The Classic Collection)

Himalayan Memoirs

Shadows on the Path

Science of Person

Prior to Consciousness

I Am that

Day by Day with Bhagavan

The Wisdom-teachings of Nisargadatta Maharaj

Toward Wisdom

I am that I am : a tribute to Sri Nisargadatta Maharaj

The Ultimate Medicine  
Mahatma Gandhi and His Apostles  
Apotheosis Now  
I Am that  
J. Krishnamurti  
The Nisargadatta Gita  
Maurice Frydman  
Jean Dunn Journals  
Maurice Frydman  
Gandhi as Disciple and Mentor  
Collection of Three Typed Letters Signed  
Discovering Your Personality Type  
Maurice Frydman

*Maurice  
Frydman*

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## **CASSIUS BAILEY**

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*I Am that* Motilal  
Banarsidass Publishes  
High Quality Content  
by WIKIPEDIA articles!  
Maurice Frydman  
(Maurycy Frydman or  
Maurycy Frydman-Mor  
in Polish), aka Swami  
Bharatananda (1901 in  
Warsaw, Poland - 9  
March 1976, India),  
was an engineer and  
humanitarian who

spent the later part of  
his life in India. He  
lived at the ashram of  
Mahatma Gandhi and  
took an active part in  
India's fight for  
independence-notably  
in helping to draft a  
new constitution for  
the State of Aundh that  
became the Aundh  
Experiment. He was a  
Polish Jew who  
subsequently  
converted to Hinduism.  
**Social and Political  
Thought of Mahatma  
Gandhi** University of

Pennsylvania Press  
 Ramana Maharshi,  
 1879-1950, Hindu  
 philosopher and saint  
 from Tamil Nadu, India.

**Face to Face with Sri  
 Ramana Maharshi**

Bombay : Chetana  
 Longtemps abrité dans  
 les formes et les  
 contours, l'art de  
 Maurice Frydman  
 connaît depuis une  
 quinzaine d'années  
 une étrangeté qui se  
 radicalise à mesure de  
 son avancée. L'artiste  
 a renversé le cours de  
 l'image et l'a fait  
 remonter à son  
 empreinte originelle.

**The Experiential  
 Dimension of  
 Advaita Vedanta**

Popular Prakashan  
 The Nisargadatta Gita  
 was first released on  
 the internet in  
 February 2008; since  
 then it has been  
 acclaimed worldwide  
 as one of the best

expositions of the  
 teachings of Sri  
 Nisargadatta Maharaj,  
 and used as a  
 meditation manual by  
 many. The essence of  
 the teaching has been  
 expressed in a very  
 clear and lucid style.  
 The Nisargadatta Gita  
 Gita has only one  
 chapter 'I AM', which  
 consists of 231  
 condensed quotes of  
 Sri Nisargadatta  
 Maharaj along with a  
 short commentary on  
 each quote. These  
 quotes have been  
 prepared from a  
 collection of 572 'I AM'  
 quotes compiled from  
 10 main books  
 (Beginning with 'I Am  
 That') which cover  
 almost all the recorded  
 dialogues of Sri  
 Nisargadatta Maharaj.  
 This third edition is the  
 first official printed  
 version and has an  
 appendix titled I Am

That - A Realization, which is a tribute to the Guru by his disciple.

The Seven Steps to Awakening

AuthorHouse

Discussing Maurice Frydman's I Am That: Talks with Sri Nisargadatta Maharaj and encouraging Huff to buy a copy.

**Nectar of**

**Immortality** Book on

Demand Limited

This collection of the timeless teachings of one of the greatest sages of India, is a testament to the uniqueness of the seer's life and work. The book (now in its ninth printing) continues to draw new audiences and to enlighten anxious seekers for self-realisation. Sri Nisargadatta Maharaj was a teacher who did

not propound any ideology or religion but gently unwrapped the mystery of the self. His message is simple, direct and yet sublime. The book preserves his dialogues with the followers who came from around the world seeking guidance in destroying false identities. The sage's sole concern was with human suffering and the ending of suffering. It was his mission to guide the individual to an understanding of his true nature and the timelessness of being. He taught that mind must recognise and penetrate its own state of being, not 'being this or that, here or there, then or now', but just timeless being. This is a legacy from a unique teacher who helps the reader to a clearer understanding of

himself.

Mahatma Gandhi

iUniverse

This book is about a spiritual journey to answer the two fundamental questions that have troubled the author: What am I? & What is the purpose of life? These questions may not be articulated in the same way by everyone, but they are the basic questions that mould our lives and shape our actions and relationships. Our beliefs about them define what we are. This book discusses the answers that the author arrived at in his search. They have given him a lot of peace and clarity of purpose. The hope is that they will do the same for readers.

Papaji Chetana Private Limited

There is no scientific

evidence of the existence of freewill in thoughts. The objects which existed in the past moments continue to exist only in the mind in their past and not outside the mind. There is no evidence of knower of object ever separating from the object or idea known in the mind. In the sciences, objects in their past states are illusorily outside the mind independent of the knower. The predispositions are patterns of past desires of the ego that create imageries and ideas in the mind. The latent tendencies are innate bodily actions towards goals desired by persons in their past life. They are carried by life into the present birth of every human spirit which identifies with idea of a body as

the person.

Beyond Freedom

Grove/Atlantic

The globally renowned spiritual teacher offers a guide to awakening our most enlightened nature—the unified awareness behind all consciousness. Interest in nondual awareness as the essence of spiritual awakening is rapidly expanding throughout the Western world. Those who follow spiritual paths, such as Buddhism, Hinduism, Sufism, and Kabbalism, often come up against a kind of ceiling due to their religion’s cultural context or a belief system that places awakening beyond the reach of adherents. For years, Elias Amidon has helped seekers break through their blockages with his nine-month Open Path

trainings conducted all over the world. In *The Open Path*, Amidon shares the lessons and exercises of these trainings. It is a guide to the realization of the silent ground of all being, and to expressing that realization in your daily life.

*Gandhi's Body*

Houghton Mifflin

Harcourt

Jean Dunn was one of Nisargadatta's closest devotees. These are her original journals covering 1977-1981 when she was with the Master. They offer great insights into Sri Nisargadatta's highest teachings, during the last period of his life. They reveal Jean Dunn's closeness with her Guru and her journey from illusion to Reality. A riveting read!

Seeds of  
Consciousness  
Cambridge University  
Press  
No single person is  
more directly  
associated with India  
and India's struggle for  
independence than  
Mahatma Gandhi. His  
name has equally  
become synonymous  
with the highest  
principles of global  
equality, human  
dignity, and freedom.  
Joseph Alter argues,  
however, that Gandhi  
has not been  
completely understood  
by biographers and  
political scholars, and  
in *Gandhi's Body* he  
undertakes a  
reevaluation of the  
Mahatma's life and  
thought. In his  
revisionist and  
iconoclastic approach,  
Alter moves away from  
the usual focus on  
nonviolence, peace,

and social reform and  
takes seriously what  
most scholars who  
have studied Gandhi  
tend to ignore:  
Gandhi's preoccupation  
with sex, his obsession  
with diet reform, and  
his vehement  
advocacy for  
naturopathy. Alter  
concludes that a  
distinction cannot be  
made between  
Gandhi's concern with  
health, faith in  
nonviolence, and his  
sociopolitical agenda.  
In this original and  
provocative study,  
Joseph Alter  
demonstrates that  
these seemingly  
idiosyncratic aspects of  
Gandhi's personal life  
are of central  
importance to  
understanding his  
politics—and not only  
Gandhi's politics but  
Indian nationalism in  
general. Using the

Mahatma's own writings, Alter places Gandhi's bodily practices in the context of his philosophy; for example, he explores the relationship between Gandhi's fasting and his ideas about the metaphysics of emptiness and that between his celibacy and his beliefs about nonviolence. Alter also places Gandhi's ideas and practices in their national and transnational contexts. He discusses how and why nature cure became extremely popular in India during the early part of the twentieth century, tracing the influence of two German naturopaths on Gandhi's thinking and on the practice of yoga in India. More important, he argues that the reconstruction

of yoga in terms of European naturopathy was brought about deliberately by a number of activists in India—of whom Gandhi was only the most visible—interested in creating a "scientific" health regimen, distinct from Western precedents, that would make the Indian people fit for self-rule. Gandhi's Body counters established arguments that Indian nationalism was either a completely indigenous Hindu-based movement or simply a derivative of Western ideals. The Open Path North Atlantic Books Experience afresh, the true essence of his teaching Recently, some long-forgotten tapes of Nisargadatta Maharaj's talks were unearthed from the



archives of S. K. Mullarpattan, Maharaj's interpreter for the longest time. These tapes contained recordings of some of Maharaj's talks with seekers, held during the last two years of his life. They capture afresh the essence and flavour of the teachings of this world-renowned Master of Advaita - the Hindu philosophy of Non-duality. These dialogues find a new relevance for our times. For, in one of these talks, Maharaj made a special reference to his earlier book *I Am That* and said, "That book and whatever was expounded at that time was only relevant for that period. I am speaking differently today. As a matter of fact, this should also

have been recorded and published as it is in greater detail, and is emphasizing different aspects." More than 25 years later, that wish of Nisargadatta Maharaj is being fulfilled with the publication of these talks in *Beyond Freedom*. This is a book all devotees of Maharaj will want to read with ardent fervour and enthusiasm.

### **The Aundh**

**Experiment** Motilal Banarsidass Publishe  
This multi-faceted volume includes a collection of aphorisms, a selection of teachings on Buddhism and the arts, and two collections of late writings.

### **Aphorisms, the Arts, and Late Writings**

Random House  
Toward Wisdom

addresses the nature of wisdom, humanity's need for it, and ways and means of developing it. The situation the world faces today is extremely complex. Long-cherished values have begun to conflict with each other: material comfort vs. an uncontaminated world; economic growth now vs. economic well-being for our grandchildren. Toward Wisdom takes the position that the only way to make the world a better place is to make it a wiser place. Wisdom is no longer an option or a frill. We, and the world, need wisdom-based analyses of our problems followed by wisdom-based action. In the past, becoming wise was left to chance; a few people

became wise before they died, but most did not. This lackadaisical approach will no longer do. Wisdom can be developed intentionally, and Toward Wisdom shows us how. The book examines some of the key impediments to wisdom — what they are, how they work, how they came to be — and introduces us to techniques for getting beyond them.

#### Mountain Path

#### Sentient+ORM

What makes an apparently ordinary human being, unfavoured by either heredity or environment, suddenly achieve greatness? The present volume is a study of this rare phenomenon as reflected in the life and thought of one man who had greatness

thrust upon him early in life and who later achieved a different kind of greatness, only to give it all up J. Krishnamurti. It uncovers a strange mind, still very imperfectly understood.

**LoveLove** Yanhao Huang

The Experiential Dimension of Advaita Vedanta provides a clear, concise and precise introduction to Advaita Vedanta, on the basis of something more powerful than argument, namely, experience.

The Mind of J.

Krishnamurthi Jaico

Publishing House  
Reprint of 1993 edition.  
Includes new preface, afterword, and chronology.

*The Teachings of Ramana Maharshi (The Classic Collection)*

Penguin UK

The Seven Steps to Awakening is the most powerful collection of quotes ever assembled on the subject of how to directly experience the true Self whose nature is Infinite-Eternal-Awareness-Love-Bliss and how to bring the impostor self, its tricks and all suffering to a final end in this lifetime. Most books on the subject of Self-realization are written by those who have only conceptual knowledge and no direct experience of the infinite Self. All seven of the sages quoted in The Seven Steps to Awakening lived in the infinite and their knowledge came from their direct experience of the infinite Self. The quotes in The Seven Steps to Awakening are

doorways to liberation and a loving transmission from the Infinite Self to you. When the impostor self attempts to derail you from your journey to Awakening, reading the quotes in *The Seven Steps to Awakening* can inspire and encourage you to get back on track. Only the most essential and most powerful quotes that have no distractions or detours were selected for *The Seven Steps to Awakening*. The first collection of quotes describes how to tell the difference between a conceptual journey and a journey to Awakening. The second points out that the world, etc. is a dreamlike illusion. The third reveals why it is necessary to bring the impostor self to its final

end. The fourth is about the importance of increasing your desire for liberation. The fifth is for the purpose of encouraging, inspiring and motivating you to actually practice all seven steps. The sixth is about turning your attention inward. The seventh describes the most rapid, direct and effective method that brings the impostor self, its tricks and all suffering to their final end so that you can remain forever in the true Self whose nature is Infinite-Awareness-Love-Bliss.

### **Himalayan Memoirs**

Columbia University Press

Sri Ramana Maharshi is widely thought of as one of the most outstanding Indian spiritual leaders of recent times. Having

attained enlightenment at the age of 16, he was drawn to the holy mountain of Arunachala in southern India, and remained there for the rest of his life. Attracted by his stillness, quietness and teachings, thousands sought his guidance on issues ranging from the nature of God to daily life. This book brings together many of the conversations Maharshi had with his followers in an intimate portrait of his beliefs and teachings. Through these conversations,

readers will discover Maharshi's simple discipline of self-enquiry: knowing oneself and looking inwards as the road to true understanding and enlightenment. This updated edition will appeal to anyone looking for peace, self-awareness, and guidance on how to embrace the self for well being and calm. Shadows on the Path Routledge Study of village autonomy in Aundh, former princely state in Maharashtra.

Best Sellers - Books :

- [The Creative Act: A Way Of Being By Rick Rubin](#)
- [What To Expect When You're Expecting](#)
- [I Will Teach You To Be Rich: No Guilt. No Excuses. Just A 6-week Program That Works \(second Edition\)](#)
- [You Will Own Nothing: Your War With A New Financial World Order And How To Fight Back By Carol Roth](#)
- [Iron Flame \(the Emphyrean, 2\)](#)

- [The Shadow Work Journal: A Guide To Integrate And Transcend Your Shadows](#)
- [Little Blue Truck's Valentine By Alice Schertle](#)
- [A Court Of Thorns And Roses Paperback Box Set \(5 Books\) By Sarah J. Maas](#)
- [Feel-good Productivity: How To Do More Of What Matters To You By Ali Abdaal](#)
- [I Love You Like No Otter: A Funny And Sweet Board Book For Babies And Toddlers \(punderland\)](#)