

## Assessing And Managing Suicide Risk Guidelines Fo

The Harvard Medical School Guide to Suicide Assessment and Intervention  
 Suicide Risk Assessment and Prevention  
 Helping the Suicidal Person  
 Handbook of Military and Veteran Suicide  
 Reducing Suicide  
 American Psychiatric Association Practice Guidelines  
 Assessing and Managing Suicide Risk  
 Managing Suicidal Risk  
 A Clinician's Guide to Suicide Risk Assessment and Management  
 The Suicidal Crisis  
 A Concise Guide to Understanding Suicide  
 Evidence-Based Treatment Approaches for Suicidal Adolescents  
 Clinical Manual for Assessment and Treatment of Suicidal Patients  
 Treating Suicidal Behavior  
 The American Psychiatric Publishing Textbook of Suicide Assessment and Management  
 Adolescent Suicide  
 The Oxford Handbook of Suicide and Self-Injury  
 Handbook of Cognitive Behavioral Approaches in Primary Care  
 Ethics in Psychotherapy and Counseling  
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 How to Identify Suicidal People  
 Assessing and Managing Suicide Risk  
 Relational Suicide Assessment  
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 Assessing and Managing Risk in Psychological Practice  
 Clinical Handbook for the Diagnosis and Treatment of Pediatric Mood Disorders  
 Teen Suicide Risk  
 Understanding the Complex Phenomenon of Suicide: From Research to Clinical Practice  
 Nature and Nurture in Mental Disorders  
 Suicide Risk Management  
 Behavioral Emergencies for the Emergency Physician  
 Suicide Risk Management  
 Managing Suicide Risk in Primary Care  
 Nonsuicidal Self-Injury  
 The Neurobiological Basis of Suicide  
 Preventing Patient Suicide  
 Suicide Assessment and Treatment  
 Emergency Psychiatry  
 The Assessment and Management of Suicidality

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### **ELLEN ELENA**

The Harvard Medical School Guide to Suicide Assessment and Intervention Guilford Press

Since the first edition of Clinical Manual for Assessment and Treatment of Suicidal Patients was published in 2005, advances have been made that increase our understanding of suicidal and self-destructive behavior. Although clinicians cannot unerringly predict which patients will die by suicide, they can focus more successfully on early identification of suicidal behavior and effective intervention, and this new edition of the clinical manual thoroughly explores not only assessment of suicidality but what comes after an at-risk patient has been identified. The authors argue that treating specific psychiatric disorders is not enough to prevent suicide, and they offer clinicians the necessary information and strategies to bridge that gap. The authors' main premise is that suicide is a dangerous and short-term problem-solving behavior designed to regulate or eliminate intense emotional pain -- a quick fix where a long-term effective solution is needed -- and this understanding is the underpinning of the assessment and treatment strategies the authors recommend. The content of this new edition has been thoroughly reviewed and revised, and substantive changes have been made to specific chapters to ensure that the book represents the most current thinking and research, while retaining the strengths of the previous edition. The chapter on assessment has been revised to put the fundamental components of effective treatment in a clinical, case-oriented context

and includes an easy-to-use assessment protocol that allows clinicians to determine where individual patients stand on seven dimensions (cognitive rigidity, problem-solving deficits, heightened mental pain, emotionally avoidant coping style, interpersonal deficits, self-control deficits, and environmental stress and social support deficits). The many issues involved in the use of psychotropic medications in suicidal patients are addressed in a new chapter, which includes information on the relevant classes of drugs (such as antidepressants and anti-anxiety agents) and the issues that may arise with their use, including side effects, degree of lethality, and tendency to aggravate suicidality on introduction and withdrawal of the medication. The chapter on special populations has been expanded to include adolescents, elders, and patients with co-occurring substance abuse or psychosis. Because of additional vulnerabilities, treating these groups may call for the use of added or special techniques to ensure the best therapeutic outcomes. Primary care physicians are the first point of contact for many patients, and they may require additional preparation in order to assess and respond to those experiencing suicidal thoughts. The chapter "Suicidal Patients in Primary Care" explores strategies for screening, recognizing, and assessing risk; treating the initial crisis; and developing a crisis management plan. "Tips for Success" appear at intervals, and "The Essentials" are included at the end of each chapter, highlighting the most important concepts. In addition, there are scores of helpful charts and exercises. Practical, accessible, and reader-friendly, the Clinical Manual for Assessment and Treatment of Suicidal Patients is not an academic book but rather is one designed to become an indispensable part of clinicians' working libraries. *Suicide Risk Assessment and Prevention* American Psychiatric Pub

Providing clinically useful information for mental health professionals encountering patients at risk, *The American Psychiatric Publishing Textbook of Suicide Assessment and Management* calls on the authority of 40 expert contributors reflecting a wide range of clinical and forensic experience.

*Helping the Suicidal Person* Springer Nature

This highly practical book explains how to identify and manage suicidal individuals and supports the health professional in assisting the patient to choose life rather than death.

*Handbook of Military and Veteran Suicide* Springer Publishing Company

Suicide is a perplexing human behavior that remains among the leading causes of death worldwide, responsible for more deaths each year than all wars, genocide, and homicide combined. Although suicide and other forms of self-injury have baffled scholars and clinicians for thousands of years, the past few decades have brought significant leaps in our understanding of these behaviors. This volume provides a comprehensive summary of the most important and exciting advances in our understanding of suicide and self-injury and our ability to predict and prevent it. Comprised of a formidable who's who in the field, the handbook covers the full spectrum of topics in suicide and self-injury across the lifespan, including the classification of different self-injurious behaviors, epidemiology, assessment techniques, and intervention. Chapters probe relevant issues in our society surrounding suicide, including assisted suicide and euthanasia, suicide terrorism, overlap between suicidal behavior and interpersonal violence, ethical considerations for suicide researchers, and current knowledge on survivors of suicide. The most comprehensive handbook on suicide and self-injury to date, this volume is a must-read text for graduate students, fellows, academic and research psychologists, and other researchers working in the brain and behavioral sciences.

*Reducing Suicide* Springer Publishing Company

This book is an authoritative and contemporary guide to the assessment and management of childhood-onset mood disorder.

*American Psychiatric Association Practice Guidelines* American Psychiatric Pub

The Second Edition of *Assessing and Managing Risk in Psychological Practice: An Individualized Approach* adds significant new content to its coverage of the basic principles of risk management and its descriptions of how risk management strategies can be applied to specific areas of professional practice. This includes work with children and families, forensic psychology, assessment, psychotherapy, and other emerging areas of practice. Special attention is given to applying risk management principles in accordance with overarching ethical principles with the goal of improving the quality of services provided. The Second Edition will help readers: • Identify the contexts or circumstances that increase the risk of a disciplinary complaint; • Integrate the risk management strategies (documentation, informed consent, and consultation) based on overarching ethical principles into their practices; • Adapt patient-focused risk management strategies according to Bloom's Taxonomy of Learning; • Describe unique ethical and legal risks and practice concerns when considering issues of competence, multiple relationships, and confidentiality; • Describe unique ethical and legal risks and practice concerns when treating couples, children or families, patients who threaten to harm themselves or others, or other difficult patients; • Describe unique ethical and legal risks and practice concerns when engaging in assessment, court appearances, or acting as a consultant or supervisor; and • Describe unique ethical and legal risks and practice concerns when billing for services, considering retirement, or purchasing professional liability insurance. Note that this publication is available in eBook formats.

*Assessing and Managing Suicide Risk* Routledge

*Helping the Suicidal Person* provides a highly practical toolbox for mental health professionals. The book first covers the need for professionals to examine their own personal experiences and fears around suicide, moves into essential areas of risk assessment, safety planning, and treatment planning, and then provides a rich assortment of tips for reducing the person's suicidal danger and rebuilding the wish to live. The techniques described in the book can be interspersed into any type of therapy, no matter what the professional's theoretical orientation is and no matter whether it's the client's first, tenth, or one-hundredth session. Clinicians don't need to read this book in any particular order, or even read all of it. Open the book to any page, and find a useful tip or technique that can be applied immediately.

*Managing Suicidal Risk* Charles Press Pubs(PA)

The book includes a chapter, written by the treatment developer(s), on each of the six treatments that have been shown in randomized controlled trials to reduce suicidal and/or self-harm behavior in adolescents with prior histories of these behaviors.

*A Clinician's Guide to Suicide Risk Assessment and Management* Springer Publishing Company

For the past decade, *Adolescent Suicide: Assessment and Intervention* has been recognized as the best and most authoritative text on this most tragic of subjects. This long-awaited second edition incorporates almost 15 years of new research and critical thinking about clinical assessment and intervention in addition to an expanded focus on prevention. Authored by three of the world's leading experts on suicide, this book is a must-have reference and text for those working with this at-risk population.

*The Suicidal Crisis* John Wiley & Sons

This book describes a new method -- an actual system -- of conducting suicide risk assessments that are clinically sound, professionally responsible, and legally defensible. This is the first attempt to simplify and organize the risk assessment process into a logical, structured format, with practical guidelines and specific step-by-step instruction that can be followed from the beginning of the assessment to the end.

*A Concise Guide to Understanding Suicide* American Psychiatric Pub

*Psychiatry in Primary Care: A Concise Canadian Pocket Guide* is a comprehensive, practical resource designed to support the work of primary care providers who encounter challenging mental health problems in their daily practices. Following a "just the pearls" approach, *Psychiatry in Primary Care* provides realistic, clinically-tested guidance on detecting and managing mental health problems within the primary care context. Topics covered range from depression, anxiety and personality disorders to psychotherapy in primary care and managing mental health-related disability and insurance claims. Designed for quick access, the guide features useful tools, established diagnostic criteria, useful approaches and alternatives to pharmacotherapies and other resources. Edited by David Goldbloom and Jon Davine, *Psychiatry in Primary Care* features leading contributors from across Canada.

*Evidence-Based Treatment Approaches for Suicidal Adolescents* John Wiley & Sons

This book explores suicide prevention perspectives from around the world, considering both professionals' points of view as well as first-person accounts from suicidal individuals. Scholars around the globe have puzzled over what makes a person suicidal and what is in the minds of those individuals who die by suicide. Most often the focus is not on the motives for suicide, nor on the phenomenology of this act, but on what is found from small cohorts of suicidal individuals. This book offers a tentative synthesis of a complex phenomenon, and sheds some light on models of suicide that are less frequently encountered in the literature. Written by international experts, it makes a valuable contribution to the field of suicidology that appeals to a wide readership, from mental health professionals to researchers in suicidology and students.

*Clinical Manual for Assessment and Treatment of Suicidal Patients* National Academies Press

Today's psychiatrists practice in an environment that poses difficult challenges. Both treatment time and duration are limited by insurance requirements; many facilities are understaffed; split treatment arrangements are typical; and high-risk, acutely suicidal patients are admitted to inpatient units for short lengths of stay. In addition, law now plays a pervasive role in the practice of psychiatry. The doctor-patient relationship is no longer defined solely by the involved parties. Clinicians must juggle these requirements and limitations while providing the very best care to their patients, especially those at high risk. *Preventing Patient Suicide: Clinical Assessment and Management* provides the wisdom of Dr. Robert I. Simon's vast clinical experience, combined with the latest insights from the evidence-based psychiatric literature, to offer a cutting-edge survey of suicide prevention and management techniques. The author: Addresses sudden improvement in high-risk suicidal patients, a phenomenon both common and perilous, with techniques for determining whether the improvement is real or feigned. Explores in depth the misuse of suicide risk assessment forms, with emphasis on their inherent limitations. Examines the many entrenched myths and traditions about suicide, exposing them to the critical light of evidence-based medicine, including the concept of "imminent suicide risk" and the myth of "passive suicide ideation". Discusses the continuum of chronic and acute high-risk suicidal patients, the fluidity with which one can become the other, and the difficulty in assessing these patients. Explores how the law and psychiatry interact in frequently occurring clinical situations, and the importance of therapeutic risk management. In addition, the book contains a variety of features that illuminate the subject and enhance the reader's understanding, including: Inclusion of illustrative case studies, combined with commentary on commonly occurring but complex clinical situations. Key points at the end of each chapter that identify critical information. A Suicide Risk Assessment Self-Test, a teaching instrument that consists of fifty questions designed to enhance clinician suicide risk assessment by incorporating evidence-based risk and protective factors. Dr. Simon provides a nuanced, empathic, yet pragmatic perspective on identifying, assessing, and managing the suicidal patient while successfully navigating a complex legal and clinical environment that poses its own risks to the practitioner.

*Treating Suicidal Behavior* American Psychiatric Association Publishing

This highly practical book explains how to identify and manage suicidal individuals and supports the health professional in assisting the patient to choose life rather than death. *Suicide Risk Management: A Manual for Health Professionals* provides health professionals with the tools to recognize, assess, and manage the suicidal or potentially suicidal patient and presents important information regarding the epidemiology, risk factors and associated aspects of suicide. The book presents two unique assessment tools - TASR and SRAG - created for use in the authors' own practice. Refined through actual experience, these proven tools help assess and evaluate patients with confidence. The Tool for Assessment of Suicide Risk (TASR) provides instruction on how to use it appropriately in the clinic, while the Suicide Risk Assessment Guide (SRAG) acts as a self-study program to assess clinical evaluation skills, without running the risk of mishandling a suicidal patient. Throughout *Suicide Risk Management: A Manual for Health Professionals*, bulleted lists, tables and flowcharts effectively describe how to use the many factors to assess the risk of suicide in an individual patient. A summary card at the back of the book also provides an 'at a glance' guide to the assessment process.

*The American Psychiatric Publishing Textbook of Suicide Assessment and Management* CRC Press

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*Adolescent Suicide* Centre for Addiction and Mental Health

Nonsuicidal self-injury (NSSI) is a baffling, troubling, and hard to treat phenomenon that has increased markedly in recent years. Key issues in diagnosing and treating NSSI adequately include differentiating it from attempted suicide and other mental disorders, as well as understanding the motivations for self-injury and the context in which it occurs. This accessible and practical book provides therapists and students with a clear understanding of these key issues, as well as of suitable assessment techniques. It then goes on to delineate research-informed treatment approaches for NSSI, with an emphasis on functional assessment, emotion regulation, and problem solving, including motivational interviewing, interpersonal skills, CBT, DBT, behavioral management strategies, delay behaviors, exercise, family therapy, risk management, and medication, as well as how to successfully combine methods.

*The Oxford Handbook of Suicide and Self-Injury* John Wiley & Sons

A comprehensive guide to this emerging field, fully updated to cover clinical, policy, and practical issues with a user-centred approach.

*Handbook of Cognitive Behavioral Approaches in Primary Care* Frontiers Media SA

"The Harvard Medical School Guide to Suicide Assessment and Intervention is an essential reference that provides clinicians with information and strategies for appropriate responses to patients or clients who are at risk for suicide"--Book jacket.

*Ethics in Psychotherapy and Counseling* Oxford University Press

The ethics book no psychology student or professional should be without Thoroughly updated and expanded to include recent research findings, landmark legal decisions, the Hoffman Investigation Report, and changes in the ethical guidelines of the American Psychological Association and the Canadian Psychological Association, the new 5th edition of *Ethics in Psychotherapy and Counseling* covers the latest developments in ethical thinking, standards, and practice. You'll learn how to strengthen your ethical awareness, judgement, and decision-making. Distinguished Emeritus Professor Don Meichenbaum described the 5th edition as 'a MUST READ book for both beginning and seasoned clinicians' and Professor David H. Barlow wrote, 'A stunningly good book. . . . If there is only one book you buy on ethics, this is the one.' Covers the many changes and challenges brought about by

new technology, EHRs, videoconferencing, and texting, as well as practicing across state and provincial borders Discusses moral distress and moral courage Includes 5 chapters on different aspects of critical thinking about ethical challenges, including a chapter on 'Ethics Placebos, Cons, and Creative Cheating: A User's Guide' Deals with complex issue of culture, race, religion, sexual identity, sexual orientation, and politics Provides steps to strengthen ethics in organizations Offers guidance on responding to ethics, licensing, and malpractice complaints—not to imply that you'll need to after reading this book! Keeps the focus on practical, creative approaches to the responsibilities, challenges, and opportunities encountered by

therapists and counselors in their work.

*Primary Care Mental Health* Springer

The Suicidal Crisis has everything clinicians need to evaluate the risk of imminent suicide. What sets it apart is its clinical focus on those at the highest risk--the book includes individual case studies of acutely suicidal individuals, detailed instructions on how to conduct risk assessments, test cases with answer keys, and empirically validated Suicidal Crisis risk assessment scales.

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