

Materia Medica Available Online

Organic Materia Medica
 Adaptogens in Medical Herbalism
 A Guide to Chinese Medicine on the Internet
 Herbal Medicine in India
 Herbal Medicine and Reproductive Health
 The Healing Power of Chinese Herbs and Medicinal Recipes
 Homeo-Nano Medicine
 Homeopathy
 The Silver Branch and the Otherworld
 The Western Herbal Tradition
 Evidence-based Medicine to Inform Practice: Assessing Clinical Effectiveness and Economic Burden of Medicine
 Homeopathy
 Ordering the Myriad Things
 Mobile Devices and Smart Gadgets in Medical Sciences
 Medical Herbalism
 Homeopathic Pharmacy
 Grow It, Heal It
 Homeopathic Practice
 Marijuana
 Herbal Antibiotics
 Travellers in Ottoman Lands
 Effects of Iodine Intake on Human Health
 Integrative Dermatology
 Learning the Valley
 Complementary and Alternative Medicine
 The Homeopathic Revolution
 Guide to Reference in Medicine and Health
 Revitalize Your Hormones
 Towards Legal, Sustainable and Equitable Wildlife Trade
 The Bloomsbury Handbook to the Medical-Environmental Humanities
 The Forest Reminds Us Who We Are
 A Cultural History of Plants in the Early Modern Era
 Integrative Pharmacology-based Research on Traditional Medicine: Methodologies, Medical and Pharmacological Applications
 Taste and the Ancient Senses
 Cutting-Edge Therapies for Autism
 Homeopathic Pharmacy E-Book
 Natural Medicines
 Integrative Medicine - E-Book
 Integrative Medicine

Materia Medica Available Online Downloaded from intra.itu.edu by guest

YOSEF MELANY

Organic Materia Medica University of Washington Press
 With antibiotic-resistant infections on the rise, herbal remedies present a naturally effective alternative to standard antibiotics. Herbal expert Stephen Harrod Buhner explains the roots of antibiotic resistance, explores the value of herbal treatments, and provides in-depth profiles of 30 valuable plants, noting the proper dosages, potential side effects, and contraindications of each.

Adaptogens in Medical Herbalism Springer Nature
 Counterstrain -- Acupuncture for headache -- Acupuncture for nausea and vomiting -- Saline nasal irrigation -- Bioenergetics -- Integrating spiritual assessment and care -- Therapeutic homeopathy -- Human energetic therapies -- Other therapeutic considerations -- Creating a greener clinic: the impact of global warming on health -- Creating ceremony and ritual in the medical encounter -- Appendix: laboratory testing resources in integrative medicine.

A Guide to Chinese Medicine on the Internet Routledge
 Collected Works of Dr. Satti on Homeopathic-Nano Medicine.
Herbal Medicine in India Routledge
 Integrative Pharmacology can be used to determine the multi-pharmacological effects of traditional medicines such as traditional Chinese medicine (TCM), Kampo, Sa-sang, Ayurveda, etc.). Through qualitative and quantitative pharmacokinetic-pharmacodynamic (PK-PD) correlations among multi-constituents and multi-targets, integrating chemical profiling, ADME/PK processes, molecular network calculation and resulting experimental validation, the use of Integrative Pharmacology has become widespread. The data has provided a novel paradigm to evaluate the druggability of bioactive ingredients of herbs or formulae, to decipher the pharmacological mechanisms of drug action and to screen potentially new indications for approved drugs and previously unidentified adverse events. On this basis, Integrative Pharmacology may offer an effective way to test the potential scientific basis for traditional medicines and to assess what roles of traditional medicine can and cannot play in pharmaceuticals.

Herbal Medicine and Reproductive Health Skyhorse Publishing Inc.
 China's vast and ancient body of documented knowledge about plants includes horticultural manuals and monographs, comprehensive encyclopedias, geographies, and specialized anthologies of verse and prose written by keen observers of nature. Until the late nineteenth century, however, standard practice did not include deploying a set of diagnostic tools using a common terminology and methodology to identify and describe new and unknown species or properties. Ordering the Myriad

Things relates how traditional knowledge of plants in China gave way to scientific botany between the mid-nineteenth and mid-twentieth centuries, when plants came to be understood in a hierarchy of taxonomic relationships to other plants and within a broader ecological context. This shift not only expanded the universe of plants beyond the familiar to encompass unknown species and geographies but fueled a new knowledge of China itself. Nicholas K. Menzies highlights the importance of botanical illustration as a tool for recording nature—contrasting how images of plants were used in the past to the conventions of scientific drawing and investigating the transition of “traditional” systems of organization, classification, observation, and description to “modern” ones.

The Healing Power of Chinese Herbs and Medicinal Recipes North Atlantic Books

A guide book for tapping into the medicinal power of wild plants for recovering and maintaining spiritual, emotional, and mental wellbeing. Our ancestors drew health, strength, nourishment, and meaning from their relationship to the natural world, and yet today most of us have lost that vital connection. It should then come as no surprise that we are living in an age of unprecedented anxiety, depression, loneliness, and illness. Drawing from herbal medicine, somatic psychology, Celtic wisdom, and his own experiences, author Seán Pádraig O'Donoghue outlines an approach to herbal healing for the mind and spirit that is uniquely suited to our modern times. Plants are our wild kindred and have the power to connect us with the life within and around us. O'Donoghue takes readers on a journey through some of the ways our bodies, minds, and spirits have become unbalanced in an unbalanced world. He then blends lyrical, mythic, and scientific understandings to help us to understand the potent power of plant medicine. Also included are simple rituals designed to deepen our connections to our own bodies, the land, and both new and familiar plant allies. This is the ideal book for anyone new to herbalism, as well as seasoned herbalists, naturopaths, body workers, and psychologists.

Homeo-Nano Medicine Bloomsbury Publishing USA
 This book highlights the medical importance of and increasing global interest in herbal medicines, herbal health products, herbal pharmaceuticals, nutraceuticals, food supplements, herbal cosmetics, etc. It also addresses various issues that are hampering the advancement of Indian herbal medicine around the globe; these include quality concerns and quality control, pharmacovigilance, scientific investigation and validation, IPR and biopiracy, and the challenge that various indigenous systems of medicine are at risk of being lost. The book also explores the role of traditional medicine in providing new functional leads and modern approaches that can offer elegant strategies for facilitating the drug discovery process. The book also provides in-

depth information on various traditional medicinal systems in India and discusses their medical importance. India has a very long history of safely using many herbal drugs. Folk medicine is also a key source of medical knowledge and plays a vital role in maintaining health in rural and remote areas. Despite its importance, this form of medicine largely remains under-investigated. Out of all the traditional medicinal systems used worldwide, Indian traditional medicine holds a unique position, as it has continued to deliver healthcare throughout the Asian subcontinent since ancient times. In addition, traditional medicine has been used to derive advanced techniques and investigate many modern drugs. Given the scope of its coverage, the book offers a valuable resource for scientists and researchers exploring traditional and herbal medicine, as well as graduate students in courses on traditional medicine, herbal medicine and pharmacy.

Homeopathy CRC Press
 Iodine, a key component of thyroid hormones, is considered an essential micronutrient for proper health at all life stages. Indeed, an inadequate dietary intake of iodine is responsible for several functional and developmental abnormalities. The most serious consequences of iodine deficiency include hypothyroidism, early abortion, low birth weight, preterm delivery, neurocognitive impairment, and mental retardation. On the other hand, the consequences of mild-to-moderate iodine deficiency, such as goiter, are less well understood but represent an important priority for research and public health practice. Over the last several decades, many countries across the globe have introduced mandatory salt iodization programs, which have dramatically reduced the number of iodine-deficient countries. However, despite substantial progress worldwide, mild-to-moderate deficiency is still prevalent even in many developed countries. Thus, the ongoing monitoring of the population iodine status remains crucially important, and attention may need to be paid to vulnerable life stage groups.

The Silver Branch and the Otherworld Bloomsbury Publishing
 Olives, bread, meat and wine: it is deceptively easy to evoke ancient Greece and Rome through a few items of food and drink. But how were their tastes different from ours? How did they understand the sense of taste itself, in relation to their own bodies and to other modes of sensory experience? This volume, the first of its kind to explore the ancient sense of taste, draws on the literature, philosophy, history and archaeology of Greco-Roman antiquity to provide answers to these central questions. By surveying and probing the literary and material remains from the Archaic period to late antiquity, contributors investigate the cultural and intellectual development towards attitudes and theories about taste. These specially commissioned chapters also open a window onto ancient thinking about perception and the body. Importantly, these authors go beyond exploring the

functional significance of taste to uncover its value and meaning in the actions, thoughts and words of the Greeks and Romans. Taste and the Ancient Senses presents a full range of interpretative approaches to the gustatory sense, and provides an indispensable resource for students and scholars of classical antiquity and sensory studies.

[The Western Herbal Tradition](#) Frontiers Media SA

A Cultural History of Plants in the Early Modern Era covers the period from 1400 to 1650, a time of discovery and rediscovery, of experiment and innovation. Renaissance learning brought ancient knowledge to modern European consciousness whilst exploration placed all the continents in contact with one another. The dissemination of knowledge was further speeded by the spread of printing. New staples and spices, new botanical medicines, and new garden plants all catalysed agriculture, trade, and science. The great medical botanists of the period attempted no less than what Marlowe's Dr Faustus demanded - a book "wherein I might see all plants, herbs, and trees that grow upon the earth." Human impact on plants and our botanical knowledge had irrevocably changed. The 6 volume set of the Cultural History of Plants presents the first comprehensive history of the uses and meanings of plants from prehistory to today. The themes covered in each volume are plants as staple foods; plants as luxury foods; trade and exploration; plant technology and science; plants and medicine; plants in culture; plants as natural ornaments; the representation of plants. Andrew Dalby is an independent scholar and writer, based in France. Annette Giesecke is Professor of Classics at the University of Delaware, USA. Volume 3 in the Cultural History of Plants set. General Editors: Annette Giesecke, University of Delaware, USA, and David Mabberley, University of Oxford, UK.

Evidence-based Medicine to Inform Practice: Assessing Clinical Effectiveness and Economic Burden of Medicine American Library Association

A foundational textbook on the scientific principles of therapeutic herbalism and their application in medicine • A complete handbook for the medical practitioner • Includes the most up-to-date information on preparations, dosage, and contraindications • By the author of *The Complete Illustrated Holistic Herbal Medical Herbalism* contains comprehensive information concerning the identification and use of medicinal plants by chemical structure and physiological effect, the art and science of making herbal medicine, the limitations and potential of viewing herbs chemically, and the challenge to current research paradigms posed by complex plant medicines. It also includes information on toxicology and contraindications, the issues involved in determining dosage and formulation types for an individual, guides to the different measurement systems and conversion tables, and the pros and cons of both industrial and traditional techniques. With additional sections devoted to the principles of green medicine, the history of Western Herbalism, the variety of other medical modalities using medicinal plants, an extensive resource directory, and a discussion of treatments organized by body system, *Medical Herbalism* is the comprehensive textbook all students and practitioners of clinical herbalism need to develop their healing practices.

Homeopathy Elsevier Health Sciences

Each day, new applications and methods are developed for utilizing technology in the field of medical sciences, both as diagnostic tools and as methods for patients to access their medical information through their personal gadgets. However, the maximum potential for the application of new technologies within the medical field has not yet been realized. *Mobile Devices and Smart Gadgets in Medical Sciences* is a pivotal reference source that explores different mobile applications, tools, software, and smart gadgets and their applications within the field of healthcare. Covering a wide range of topics such as artificial intelligence, telemedicine, and oncology, this book is ideally designed for medical practitioners, mobile application developers, technology developers, software experts, computer engineers, programmers, ICT innovators, policymakers, researchers, academicians, and students.

Ordering the Myriad Things Llewellyn Worldwide

This 2nd edition gives every health professional and pharmacist the broad information they need to dispense and counter-prescribe homeopathic methods with confidence. Designed as both a complete source of initial information and an everyday reference, *Homeopathic Pharmacy* provides detailed information on the procedures, principals, and applications that are essential in the practice of homeopathic medicine. It describes the application of homeopathy for both general situations, such as first aid, dentistry, sports care, and pet care, and for specific situations, such as allergies, infections, and teenagers' problems. Details procedures relevant to pharmacists and other health professionals - including manufacturing, dispensing, and counter-prescribing. Outlines the theoretical principles of homeopathic prescribing. Describes the application of homeopathy for both general and specific situations. Provides easy-to-use reference tables for 60 common remedies and the symptoms related to their prescription. Critically reviews important research papers and provides a guide to designing research tools. Discusses the legal status of homeopathic remedies. Gives an account of the historical development of homeopathy in Europe and beyond. Contains practical information such as homeopathic pharmacopoeias, methods of preparation of homeopathic medicines, nomenclature for potencies, dosage forms, and interpreting, dispensing, and pricing prescriptions. Covers new developments in pharmacy. Section on research expanded and improved, taking a more evidence-based approach. Fully updated legal section incorporates legal status in the USA, Canada, and Europe.

Mobile Devices and Smart Gadgets in Medical Sciences Elsevier Health Sciences

The popularity of homeopathy has been increasing dramatically both in America and worldwide. Annual world sales of homeopathic remedies are approaching two billion dollars. In this thorough examination of homeopathy, physicist Jay W. Shelton analyzes the history, the remedies, the logical inconsistencies, and the effectiveness of this popular alternative medicine. Invented by German physician Samuel Hahnemann (1755-1843), homeopathy is based on two key principles: (1) the law of similars--symptoms induced in healthy volunteers after ingestion of a substance are the same symptoms in sick people that this substance will cure; and (2) the concept of "potentization"--the most diluted remedies have the greatest curative power. Shelton clearly shows that although these principles may have had the ring of science in the early 19th century, they are not well supported by today's science. And yet, most patients who visit homeopaths are better afterwards. Homeopaths assume the remedies are the cause. Shelton finds explanations based on known science to be better supported by the evidence. Unassisted natural healing, changes in lifestyle urged by the homeopath, the placebo effect, and cessation of harmful treatments are more probable causes of improved health. This being the case, he pursues the question why so many people continue to believe that the remedies themselves are responsible. Among the contributing factors Shelton notes: the plausible-sounding explanations of homeopathic theory, a fundamental misunderstanding among homeopaths of science and its methods, and, ultimately, the poor quality of education in critical thinking and science. This reasoned, balanced, and in-depth assessment will interest both homeopaths and conventional medical practitioners, as well as consumers curious about a well-known and much-publicized alternative medicine.

Medical Herbalism Rodale Books

Uniquely approaches the subject of homeopathy by demonstrating how the theoretical principles underpinning practice directly translate to day-to-day practice. Contents include homeopathic theory and the need for an evidence base, homeopathic drug provings and the *Materia Medica*, the production and use of homeopathic medicines, and use of homeopathy by different healthcare providers working in a variety of global settings.

Homeopathic Pharmacy Nanopathy

The Western Herbal Tradition Singing Dragon

Grow It, Heal It North Atlantic Books

A Guide to Chinese Medicine on the Internet frees readers from having to sift through countless websites to find up-to-date, high quality, reliable information on all types of Chinese medicine. This handy resource provides an introduction to the terms and philosophies of Chinese medicine in addition to an extensive categorized listing of online sites related to Chinese culture and medicine, complete with a brief description of each site's content. Guidelines are provided for searching, cataloging, and evaluating websites concerned with Chinese medicine, based on the author's research and personal experience as a practitioner and user of Chinese medicines.

Homeopathic Practice Bloomsbury Publishing

Where there's a symptom, there's also a homegrown cure. With just a windowsill, container, or small space, it's easy to grow an instant herbal remedy. Whether it's a cough, heartburn, joint pain, or neuralgia, readers will discover how easy it is to treat 40 ailments and conditions using herbs and herbal preparations they grow and make themselves. With inspiration found in science, tradition, and modern herbalistic practices, *Grow It, Heal It* touts the healing power of more than 50 herbs—from anise hyssop to yerba mansa. Two of the nation's premiere herbalists share growing, harvesting, and healing advice in this easy-to-use and friendly guidebook for herbal newbies, featuring teas, tinctures, salves, poultices, compresses, and aromatherapy. Among the many benefits of growing do-it-yourself remedies, readers will discover the convenience of preparing healing potions and salves when they're most needed; the advantage of having organic, fresh, and high-quality herbs they've nurtured themselves; and how empowering it is to engage in self-care and why that's important to the healing process. Growing herbs at home allows readers to take an active role in their own health care.

Marijuana MDPI

Globally, natural medicine has been considered as an important alternative to modern allopathic medicine. Although natural medicines are popular in society, only limited medicinal herbs have been scientifically evaluated for their potential in medical treatment. This book connects various aspects of the complex journey from traditional medicine to modern medicine. It provides information on topics including global regulations and regulatory hurdles, diverse nutritional challenges and potential health benefits, novel food innovations especially seed-to-clinic approaches, and future trends. **FEATURES** • Provides information on sustainable use of natural products in the development of new drugs and clinically validated herbal remedies • Discusses issues on evaluation and clinical aspects of herbal medicine, promotion and development, safety evaluation, metabolite profiling, biomarker analysis, formulation, and stability testing • Describes traditional uses of natural medicine through identification, isolation and structural characterization of their active components • Elucidates mechanisms of biological action, adverse effects and identification of their molecular targets of natural medicine • Multidisciplinary appeal including chemistry, pharmacology, pharmacognosy and cell and molecular biology, as well as integration with clinical medicine This book serves as an essential guide for individuals researching natural medicines, and industry employees in areas including drug development, pharmacology, natural products chemistry, clinical efficacy, ethnopharmacology, pharmacognosy, phytotherapy, phyto-technology and herbal science.

Herbal Antibiotics Singing Dragon

This book offers the most up-to-date and evidence-based information surrounding integrative treatments for acne and rosacea. Ranging from topical solutions, to nutrition, to mind-body medicine, each chapter addresses evidence for use and patient outcomes. Discussions regarding oral and topical botanical supplements and dietary modifications are complemented by the examination of non-Western healing systems' approach to acne and rosacea. Backed by clinical evidence, chapters feature real patient outcomes with complete explanations of the viability of the treatment. Concise and unique, *Integrative Dermatology: Practical Applications in Acne and Rosacea*, is an invaluable text for not only the dermatologist, but the pediatrician, family practitioner, internist, and holistic/alternative provider.

Best Sellers - Books :

• [Can't Hurt Me: Master Your Mind And Defy The Odds By David Goggins](#)

• [Reminders Of Him: A Novel By Colleen Hoover](#)

• [Why A Daughter Needs A Dad: Celebrate Your Father Daughter Bond This Father's Day With This Special Picture Book! \(always In My Heart\) By Gregory E. Lang](#)

• [Meditations: A New Translation](#)

• [Girl In Pieces](#)

• [Too Late: Definitive Edition](#)

• [The Subtle Art Of Not Giving A F*ck: A Counterintuitive Approach To Living A Good Life](#)

• [I Love You To The Moon And Back By Amelia Hepworth](#)

• [The Creative Act: A Way Of Being](#)

• [Atomic Habits: An Easy & Proven Way To Build Good Habits & Break Bad Ones](#)