

# Defend Against Wide Attacking Soccer Drills

Principles of Team Play

Detail

Soccer iQ Presents Shutout Pizza

Coaching the 4-2-3-1

Soccer Strategies

Inverting The Pyramid

64 Small Sided Soccer Games

Coaching Advanced Soccer Players

Playing the Modern 3-5-2 Soccer Formation

Soccer Smarts for Teens

Attacking Soccer

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Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices

Football Tactics and Strategies For Senior Players

The Science of Soccer Team Defending

The Art of Defending

Coaching Soccer Tactics

Soccer iQ Presents High Pressure

Essential Soccer Skills

What Does a Midfielder Do?

Diego Simeone Defending Tactics - Tactical Analysis and Sessions from Atlético Madrid's 4-4-2

The Art of Defending Part 2: 11v11 and Phase Play

Soccer Speed

Coaching the Flex 1-3-3-1-3

The Complete Guide to Coaching Soccer Systems and Tactics

Positional Play: Midfield

Soccer Small Sided Games

Transition & Counter Attacking

Football in a Pandemic

Soccer Strategies: Defensive and Attacking Tactics

The Soccer Academy: 100 Defending Practices and Small Sided Games

Game Situation Training for Soccer: Themed Exercises and Small Sided Games

The Sweeper

Coaching the Juventus 3-5-2 - Tactical Analysis and Sessions

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## ALESSANDRA KARSYN

[Principles of Team Play](#) eBook Partnership

A collection defensive and offensive soccer strategies.

[Detail](#) Meyer & Meyer Sport

WARNING: This is not a goalkeeping book. From the best-selling author of Soccer iQ comes a book dedicated to teaching and organizing a back four. Coach Dan Blank led the Southeastern Conference's best defense at two different universities in consecutive years. It began with a handbook he created for his defenders that ensured everyone was on the same page. Shutout Pizza is a vastly expanded version of that handbook. It introduces the governing principles that guided the SEC's best defenses, and covers a broad spectrum of scenarios that commonly occur during matches. Shutout Pizza is packed with diagrams that will help the reader visualize the concepts discussed in the text, and includes several of most effective drills for training these concepts. This is an excellent book for coaches and players who want to defend more effectively.

[Soccer iQ Presents Shutout Pizza](#) Reedswain Inc.

The art of good defending takes a disciplined mind and body and all players should be taught how to do it properly. This book takes you progressively through the techniques and tactics of defending from 1v1 through to 8v8 small sided situations. This is the most comprehensive and useful book on defence training we have seen.

[Coaching the 4-2-3-1](#) Reedswain Inc.

This book is a comprehensive resource for coaching the 3-5-2 formation at all levels. The level of detail and tactical solutions included will help you emulate how top coaches, such as Antonio Conte (Inter) and Nuno Espírito Santo (Wolverhampton Wanderers), use the 3-5-2 to great success. This book goes into great detail to show the movement of all players within the 3-5-2 system of play in various tactical situations and against different formations, in the attacking and defensive phase. This will enable you to optimise your team's tactical awareness and performance. Tactical solutions are provided for all game situations, in relation to how to counteract the opponent's positioning, organisation and decision making. This book will teach you to coordinate and solve specific game situations in a flexible way with many different options and tactical solutions. As a coach, you can train these patterns of play repetitively, so that the players' reading of the game becomes automatic and the team is quickly able to recognise and find the best solutions to solve every conceivable tactical situation. This book includes: Tactical Strengths and Weaknesses of the 3-5-2 Formation 3-5-2 Tactics Against Different Formations (4-4-2, 4-2-3-1, 4-3-3, 4-3-1-2, 3-5-2 and 3-4-3)

Overcoming the First Line of Pressing (Build-up Play from the Back) Moving the Ball in Between the Opposition's Midfield and Defensive Lines Playing in Behind the Opposition's Defensive Line Defensive Organisation and Pressing Organisation of the Defensive Line 41 Practices and Variations to Apply Tactical Solutions with the 3-5-2 Renato Montagnolo has a UEFA 'B' Coaching Licence and a Patentino Match Analyst Licence. He has been working as a First Team Assistant Manager and Match Analyst for the past few years in Serie C in Italy. With experience of writing books and articles, speaking and teaching, Renato is a respected football tactics expert.

[Soccer Strategies](#) Reedswain Inc.

This truly complete tactical coaching manual covers the Principles of Attack and Defense, Team Shape, Man-to-Man and Zonal Marking, Formations, Positions and Roles, Coaching Methods, Patterns of Play, Possession, Substitutions and more. Well written and full of clear and precise diagrams, this book is perfect for coaches at any level.

[Inverting The Pyramid](#) CreateSpace

Put your opponents on their heels and the ball in goal! Use the strategies, plays, skills, and drills of Attacking Soccer to develop a high-powered offensive team that will take your club, high school, or college league by storm. The expert contributing coaches cover the following: - Playing out of the thirds - Possession soccer - Changing points of attack - Quick counterattacks and transitions - Flank attacks - Offensive patterns of play - Restart plays - Individual skill development Editor Joe Luxbacher, head coach at the University of Pittsburgh, has assembled many of the game's top offensive-minded coaches including Dave Sarachan of D.C. United, Jay Hoffman of the U.S. Women's National Team, former Tampa Bay Mutiny coach John Kowalski, and college coaches Dean Foti of Syracuse, Sam Koch of Massachusetts, and Dave Masur of St. John's. Each coach explains and illustrates a specific aspect of developing an attacking offense, helping you develop and implement the tactics, skills, and drills that are needed to maximize scoring opportunities.

[64 Small Sided Soccer Games](#) Human Kinetics

This comprehensive book contains 40 excellent drills geared towards players age 16 and older. Included are exercises for passing skill and possession, running with the ball and 1v the keeper, crossing and finishing, long range shooting, defending against opponents with backs to goal, marking, heading, goalkeeping, supporting, losing a marker and more.

[Coaching Advanced Soccer Players](#) Reedswain Inc.

In this installment of the Soccer iQ series, college soccer coach and best-selling author, Dan Blank, educates coaches and players on the most effective ways to implement a high-pressure style of team defending. Nearly 80% of goals scored are the result of three or fewer passes, and more than half of all goals scored

begin when a team wins possession of the ball in its attacking half of the field. The numbers clearly indicate a statistical advantage to winning the ball in the opponent's end of the field, and that's exactly what high pressure is designed to do. High pressure is perhaps the most misunderstood term in soccer's vocabulary. There are countless coaches who want their teams to play high pressure, but many of them aren't always quite so sure about what that means. They tend to translate 'high pressure' into 'run around like you stole something until we score.' They only extract the urgency of which the term implies without much understanding of the nuance that makes high pressure a formidable system of team defense. Those coaches understand that high pressure requires a high work rate, but they don't understand the tactical savvy that can maximize the output of that work. As a result, their teams feature only the madness but not the method behind successful high pressure. High Pressure provides an easy-to-follow blueprint for coaches and players so they know not only what to do, but why they are doing it. In this book, Dan Blank clarifies the differences between high and low pressure and explains the big picture of high pressure defending. You will learn the roles of each position, the importance of restraining lines, and how to set up pressure funnels to win the ball in the attacking half. Coach Blank also details the telltale cues that signal a team to step up or back off its pressure, and much, much more. High pressure defending requires more than just hard work. It requires organization, communication and an indefatigable team spirit. This book will show you how to create and implement these elements to get a maximum return on your team's effort.

[Playing the Modern 3-5-2 Soccer Formation](#) Bold Type Books

The Art of Defending Part 2: 11v11 and Phase Play Reedswain Inc.

[Soccer Smarts for Teens](#) Reedswain Inc.

The Science of Soccer Team Defending covers zonal defending, zonal pressing, pressing and key defensive principles and strategies. The training sessions are from some of the top clubs in the world. The book is literally a culmination of the best drills and information I have gathered in 20+ years of coaching soccer. I use every training session in the book with my teams; applying the strategies and principles to all the formations we use. I am confident "The Science of Soccer Team Defending" will improve your ability to coach defense.

[Attacking Soccer](#) Human Kinetics

This second part of Harrison's excellent team defending series covers all aspects of 11v11 defending. Through phase plays, full squad exercises in which the defence is coached specifically, duties and responsibilities are taught in each third of the field. Well-organised and very useful, this book is a must for coaches who need to work on the defensive side of the game.

[Attacking Soccer](#) Human Kinetics

Essential Soccer Skills progresses from beginner basics to advanced techniques, featuring illustrated sequences on how to learn and master key skills, and tips on how to improve your overall form. Essential Soccer Skills covers everything from the basics and rules of the game to the types of players--goalkeepers, defenders, midfielders, attackers--to skills and team tactics like stepovers, heading, and volleying. Essential Soccer Skills is the go-to guide for anyone interested in learning more about soccer and becoming a better player.

**Defending in Soccer** Sourcebooks, Inc.

Adjusting your game plan to counter the tactics and abilities of your opponent is crucial in today's ultra-competitive world of soccer. This book underlines the importance of defensive organisation to not only stop the opponent but to be able to be in a position to counterattack upon regaining possession and offers tactical solutions to counteract your opponents system of play. Systems covered include: 4-4-2; 4-3-3; 3-5-2; 3-4-1-2; 3-4-3. Also includes a discussion of the offside rule and the pros and cons of using it as a tactical strategy.

**Soccer Human Kinetics**

Juventus are the most successful team using the 3-5-2 formation in modern football. Juve have won 4 consecutive Serie A league titles including an unbeaten run of 49 games, 1 Coppa Italia and reached the Champions League final in 2014. Juventus are a very successful defensive team that focus on maintaining a numerical advantage at the back, pressing to force the ball wide, tightly marking all potential receivers, keeping a compact formation and blocking through passes. Athanasios Terzis is a successful author of some of the best-selling Football Coaching books, most notably with 'Jurgen Klopp's Attacking and Defending Tactics' and 'FC Barcelona Training Sessions' which won the Italian FA Award for "Best Coaching Book" in 2014. In this book the popular author presents a full and extensive analysis of the Juventus 3-5-2 formation during the 2013-14 season. This tactical blueprint is clearly presented with supporting diagrams and detailed descriptions which enable you to discover exactly how Juventus defended in all situations, providing the positioning and movement of the players in all possible game situations. This detailed analysis has been used to produce 12 full training sessions (40 practices) including functional practices, opposed/unopposed zone play, transition games, game situations and small sided games. This will enable you to coach your team to defend like one of the most successful defensive teams in Europe.

**Attacking Soccer** Reedswain Inc.

Detail offers a unique insight into the many levels of depth and perspective that currently exist for coaches of the beautiful game. With almost 2 million listens to the Modern Soccer Coach Podcast, Gary has spent four years talking to some of the biggest and brightest names in the sport. At the same time, he's been working at the professional level and pursuing his own coaching journey. This book takes the life of a coach and goes deeper to question

certain facets and separate theory from practice. From development to results and family to career advice, this book has everything for a coach who wants to explore coaching much deeper than sessions and games. In a tough profession, Gary delivers coaches with perspective that can help them navigate through the tough times and enjoy the good times.

**Attacking Soccer** Booktango

Soccer is played on a big field. For midfielders, this means lots of running all over the pitch. A professional midfielder runs many miles over the course of a game, playing on offense and defense. This book takes readers onto the pitch, patrolling the midfield with the game's best as they learn how to play one of the soccer's most challenging positions. From battling for free balls in the air to settling passes and looking for open teammates, this book dribbles through defenders and scores with readers looking to learn new skills to help them dominate **The Beautiful Game** with their friends.

**Attacking Soccer** SoccerPoet LLC

Up your game with advanced soccer strategies for players ages 12 to 16 Working on your own skills is an important part of being a team player, and Soccer Smarts for Teens is here to help you. With this inspirational choice in soccer books for teens, you'll work your way through 50 different techniques and strategies you can implement right away—on your own or with your team—to help you take your game to the next level. Go beyond other soccer books for teens with: Expert guidance—Get clear instructions for practicing moves like speed dribbling and long-distance passing, then move into more complex game strategies like creating space on the field. A range of difficulty levels—Each exercise is labeled with its level of difficulty so you can continue to challenge yourself as you improve. Tips and motivation—Find info about how to stay hydrated and keep your cleats from smelling, along with space to write notes and motivational profiles on pro players. Explore the tricks and techniques that can boost your skills with this top choice among soccer books for teens.

**Coaching 3-5-2 Tactics - 125 Tactical Solutions & Practices** Reedswain Inc.

Make Defending Fun! For too long, defending practice has been presented by coaches and received by players as a necessary evil, filled with unimaginative drills that provide players with little or no reward for getting it right. This book contains 100 exercises and small sided games designed to inspire players to become better defenders both tactically and technically in a fun and competitive training environment. The games are set up to re-create the unpredictability of actual match play, with no long queues or endless repetitions. Because of this, players are more involved in the practice and are thus learning "how to play the game" and developing the skills to deal with the ever-evolving situations on the pitch.

**Football Tactics and Strategies For Senior Players**

Reedswain Inc.

This book provides a full tactical analysis of Diego Simeone's 4-4-2 Defending Tactics (123 Tactical Situations) for you the

coach to learn from one of the best defensive coaches in the world. Learn to how to Defend "from one of the best coaches in the world" with 47 Practices & Variations based on 123 Tactical Situations from Atlético Madrid's 4-4-2 Athanasios Terzis is a UEFA 'A' Licence Coach and has used this analysis of Atlético Madrid's tactics to produce 47 Practices and Variations. You can use these ready-made sessions to practice Diego Simeone's defending tactics and implement them into your training sessions. Tactical organisation is the key to Atlético Madrid's success during Diego Simeone's reign. He has built a winning culture of commitment, passion, aggressiveness and commitment, and a winning game plan based on excellent defensive organisation. They are extremely difficult to break down, even by the top attacking sides, like Barcelona, Real Madrid and Liverpool, and have consistently been one of the toughest teams to play against in the whole of Europe. Diego Simeone's Atlético Madrid have used these defending tactics to achieve great success when competing against teams with far greater resources. These are some examples of their incredible success against all odds: La Liga Winners (2014) UEFA Champions League Runners-up (2014 + 2016) UEFA Europa League Winners (2012 + 2014) UEFA Super Cup Winners (2012 + 2018) Copa Del Rey (2013) Fewest Goals Conceded in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Most Clean Sheets in La Liga (2012-2013, 2013-2014, 2015-2016, 2016-2017, 2017-2018, 2018-2019) Tactical Analysis and Session/Practice Topic Examples: How the Centre Backs Defend the Forwards' Movements Rear Block's Positioning and Movements to Control Wide Areas Pressing High Up the Pitch (from the Goalkeeper) Positioning of the Forwards to Prepare for Counter Attacks Counter-Pressing After Losing Possession During Combination Play Practice Examples: Defensive Line Controlling Gaps Between Centre Backs and Full Backs Rear Block's Defensive Reactions After Wide Players Receive Controlling Wide Areas with the Rear Block in a Functional Practice Compact Midfield Line Blocking Through Passes in a Functional Game Negative Transition After Losing Possession in a Conditioned Game **The Science of Soccer Team Defending** Reedswain Inc. The 2020/21 football calendar was like no other. The first full Premier League season played during a global pandemic saw the schedule shortened with games played seemingly every day between September and May. The stadiums were empty, revenues fell and coaches had to adapt as players tested positive for Covid-19, but the beautiful game carried on. Football in a Pandemic takes an in-depth look at the tactics and strategies used during this unique season, whether a side was competing at the very summit, clinging to survival or somewhere in between. From high pressing, to low-block defending, patient build-up play and quick-fire counter attacking, UEFA A-licensed coach Sam Hudson puts the game plans under the microscope, highlighting the many intricacies and micro-tactics used by some of football's finest coaching minds.

Best Sellers - Books :

- [Lord Of The Flies By William Golding](#)
- [The Light We Carry: Overcoming In Uncertain Times](#)
- [House Of Flame And Shadow \(crescent City, 3\)](#)
- [Lord Of The Flies](#)
- [Fast Like A Girl: A Woman's Guide To Using The Healing Power Of Fasting To Burn Fat, Boost Energy, And Balance Hormones](#)
- [Playground By Aron Beauregard](#)
- [American Prometheus: The Triumph And Tragedy Of J. Robert Oppenheimer By Kai Bird](#)
- [The Housemaid's Secret: A Totally Gripping Psychological Thriller With A Shocking Twist](#)
- [The Very Hungry Caterpillar](#)
- [Stone Maidens](#)