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*Christian Body Modesty And The Bible*

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## LAUREN RHETT

*Nudity and Christianity* Thomas Nelson

Updated with a new introduction, this fifteenth anniversary edition of *A Return to Modesty* reignites Wendy Shalit's controversial claim that we have lost our respect for an essential virtue: modesty. When *A Return to Modesty* was first published in 1999, its argument launched a worldwide discussion about the possibility of innocence and romantic idealism. Wendy Shalit was the first to systematically critique the "hook-up" scene and outline the harms of making sexuality so public. Today, with social media increasingly blurring the line between public and private life, and with child exploitation on the rise, the concept of modesty is more relevant than ever. Updated with a new preface that addresses the unique problems facing society now, *A Return to Modesty* shows why "the lost virtue" of modesty is not a hang-up that we should set out to cure, but rather a wonderful instinct to be celebrated. *A Return to Modesty* is a deeply personal account as well as a fascinating intellectual exploration into everything from seventeenth-century manners to the 1948 tune "Baby, It's Cold Outside." Beholden neither to social conservatives nor to feminists, Shalit reminds us that modesty is not prudery, but a natural instinct—and one that may be able to save us from ourselves.

*That Famous Fig Leaf* The Church of Jesus Christ of Latter-day Saints

"Sheila speaks to both the heart and habits of the woman who is wife and mother. The lessons in this book are biblical, doable, and affordable!"--Margaret B. Buchanan From advertisements to mommy blogs to Pinterest, scenes of domestic bliss abound, painting a picture of perfection and expectation nearly impossible to live up to. Why can't you work a full-time job, stylishly clothe yourself and your children, plan a party for twelve with handmade decorations, keep your house sparkling clean without chemicals, and bake a gourmet meal in the same day? Everyone else is doing it! For many women, housework has become more than chores that need to be done; it is a symbol of identity. Sheila Wray Gregoire wants to stop that thinking in its tracks and help women back to a life of balance—for their sakes and for their families. She encourages women to shift their focus from housekeeping to relationships and shows them how to foster responsibility and respect in all family members. The second edition retains the helpful, concrete advice on everyday situations such as strategies for tackling chores and budgets and tips on effective communication, while incorporating the wisdom Sheila has gained through her interaction with thousands of readers of her blog and through her speaking ministry over the past ten years. Through the principles in *To Love, Honor, and Vacuum*, Gregoire promises readers they can grow and thrive in the midst of their hectic lives—even if their circumstances stay the same.

*Dressing with Dignity* Simon and Schuster

Everyone knows that we live in a "skin-is-in" society, heavily driven by media and immodesty. So how does a young Christian woman reconcile a fashionable wardrobe with maintaining her integrity? Written by international professional model Rachel Lee Carter, *Fashioned by Faith* offers a cutting-edge approach to the concept of beauty with a Biblical foundation that will attract moms and daughters alike. Readers will love hearing about Carter's exciting story as she leads them on an engaging study that touches on a huge felt need for young women: real beauty has nothing to do with looks. Offering three valuable perspectives—teen boys, a professional model, and God's Word—Carter explains her standards of modesty in a way that will make readers acquire a specific understanding of the author's wardrobe choices and the impact those choices can make on others. Readers will also learn to season their self-image with daily quiet time with God. A tour of Scripture will reveal the value of heart issues like modesty and why they're important to God. Never compromising her sense of style or her faith, every young lady can discover what it means to be *Fashioned by Faith*. Moms and girls will love this book!

*Women Living Well* Thomas Nelson

Discover a renewed biblical vision for sex, singleness, and relationships, and transform into an empowered woman of faith equipped to navigate today's dating culture with vision, clarity, and freedom. Let's face it: being single in today's culture as a woman of faith can be a STRUGGLE FEST. But it doesn't have to be. With real talk and straight wisdom, speaker, podcaster, and founder of *The Refined Woman* Kat Harris says it's time for a new conversation about singleness, sex, and desire. Growing up at the height of the purity movement, Kat knew this much: good Christians don't have sex until marriage. But approaching 30 and thrust into the New York City dating scene, she found a set of rules was not a compelling enough reason to keep her clothes on. Caught between purity culture's rules and popular culture's do what feels good, Kat began a multi-year journey searching for answers to the biggest questions about sexuality and faith: What does the Bible really say about sex? Why does almost everyone deal with some sort of sexual shame? But really--what's a single girl to do with her sexual desire? What if we never get married . . . then what? It turns out Kat was asking questions that countless women were dying to ask but didn't know they had the permission to do so. Hungry for clarity, she researched, wrestled, and discovered a God who wasn't afraid or ashamed of sex and desire as she thought He might be. In actuality, God created sex and desire within humanity and called it very good. Now she believes God desires to restore a generation disillusioned with purity culture and Christian dating, discouraged about their singleness, ashamed of their sexual desire, and uncertain how to practically walk this season out well. Join Kat on her messy, sometimes painful, and always honest journey to discovering God's heart for sexuality, desire, singleness, and our purpose within it all.

*Carnal Knowing* Beacon Press

Award-winning author Mary Kassian provides readers a biblical guide to becoming the strong, resilient, capable women God created them to be. Our culture teaches us that it's important for women to be strong. The Bible agrees. Unfortunately, culture's idea of what makes a woman strong doesn't always align with the Bible's. As a result, Christians often have a skewed view of what constitutes strength. In *The Right Kind of Strong*, Mary Kassian delves into Paul's exhortation in 2 Timothy about the women of the church in Ephesus and uncovers warnings and truths about seven habits that can sap women's strength. She helps readers avoid these pitfalls by carefully considering the people they allow into their lives, taking control of their minds by taking every thought captive, quickly and regularly confessing sin, intentionally engaging their emotions, living out what they're learning, developing confident convictions, and embracing their human weakness and leaning on the Lord. She reveals how, by implementing these seven habits, Christian women can walk in freedom and grow to be strong God's way.

*Reshaping It All* B&H Publishing Group

Inundated by popular culture, many women have lost their bearings and no longer trust the internal compass that intuitively affirms those things that are good, true, and noble about womanhood. As Jesus' favorite and most powerful teaching tactic was the parable, it is appropriate that Mary Kassian walks the reader through the compelling tale of the wild versus wise woman found in Proverbs 7. By using 20 points of contrast, she helps readers discern wild from wise, saucy from biblically savvy, and more. *Girls Gone Wise in a World Gone Wild* will captivate, convict, and challenge women to become decreasingly worldly and increasingly godly, and it will equip them with truth for that journey. Includes questions for personal reflection at the end of each chapter

**10 Ultimate Truths Girls Should Know** Zondervan

An in-depth look at what it means to be created in the image of God and how our bodies serve as icons that illuminate God's purposes instead of ours. The human body is an amazing gift, yet today, many people downplay its importance and fail to understand what Christianity teaches about our bodies and their God-given purposes. Many people misunderstand how the body was designed, its

role in relating to others; and we lack awareness of the dangers of objectifying the body, divorcing it from its intended purpose. Timothy Tennent covers topics like marriage, family, singleness, and friendship, and he looks at how the human body has been objectified in art and media today. For the Body offers a biblical framework for discipling people today in a Christian theology of the body. Tennent—theologian and president of Asbury Theological Seminary—explores the contours of a robust Christian vision of the body, human sexuality, and the variety of different ways we are called into relationships with others. This book will reveal a theological vision that: Informs our self-understanding of our own bodies. Examines how we treat others. Reevaluates how we engage today's controversial and difficult discussions on human sexuality with grace, wisdom, and confidence. For the Body is a call to a deeper understanding of our bodies and an invitation to recapture the wonder of this amazing gift.

*Girl Defined* Bloomsbury Publishing

Uh oh, another book on modesty. And look, here's a surprise...it's written by men. Is that sort of what you're thinking? If so, we want to assure you that this book is different. We promise. When it comes to discussions of modesty among Christians, the problems you have probably experienced and the challenges we face as authors have the same root: expectations based on experience. Christians have come to associate any discussion of modesty as necessarily involving a certain focus and vocabulary. We just know that words like "spaghetti straps" and "bikinis" will very quickly become part of the conversation. Maybe even "head coverings." And when a man is the speaker or the author or the one leading the discussion? That's when women, in particular, often brace themselves, fearing an assault on their fashion sense and wondering if they are about to be blamed for all male struggles with sexual lust. Does he think I have to be ugly to be godly? We know this is a problem. We've read those books, heard those sermons, attended those small groups, and reviewed those pamphlets. And we are just as perplexed and frustrated as you are. That's why we knew from the start that this book had to be different. In the pages that follow, we are not going to focus on your wardrobe. In a sense, we don't even care about your wardrobe. But we care a great deal about your heart, and that is true whether you're a man or a woman. We want to see your heart so gripped by the gospel of grace that modesty becomes beautiful and desirable to you, not just in your wardrobe but in all of life. We want you to understand that modesty isn't just motivated by the gospel, it's an entailment of the gospel—it flows naturally from a solid grasp of the gospel.

*#ChurchToo* Moody Publishers

A young feminist finds herself questioning why "hotness" has become necessary for female empowerment—and looks for alternatives. Looking good feels good. But in a society where looking good is posited as being strong, while negotiating for better pay is statistically proven to damage our careers, is it fair to say that wicked eyeliner, weekly blowouts, and a polished Instagram feed are the keys to our liberation? If so—if "hot" really is a good enough synonym for "empowered"—why do so many of us feel, deep in our bones, that the sexy-as-strong model is a distraction? Is "pretty" still the closest to power women can get? Why is looking fierce an acceptable substitute for living in a world where women are safe? Inspired in seminary by American Muslimahs who wear the hijab for feminist reasons, Lauren Shields took off what she calls the Beauty Suit—the "done" hair, the tasteful and carefully applied makeup, the tight clothes and foot-binding shoes—for nine months. She'd really only wanted to do an experiment. Instead, her life—especially her views on what constitutes "liberation"—changed forever. Rooted in feminist theory and religious history, and guided by a snappy personal narrative, *The Beauty Suit* unpacks modern American womanhood: a landscape where the female body is still so often the battleground for male ideals, and where we struggle with our rights as human beings to define and exercise our freedom.

*Dressed to Kill* Zondervan

When we look at Michelangelo's David, we see a nakedness that expresses physical prowess, self-knowledge, and spiritual discipline. What do we see when we look at Hans Baldung's Eve, the Serpent, and Death or Master Francke's Martyrdom of Saint Barbara? Why should those naked female images symbolize wantonness and shame? How do ideas about nakedness formed at the dawn of Christianity continue to shape today's sexual values? What must women do to take their bodies back? This revolutionary study by Margaret R. Miles, formerly Bussey Professor of Historical Theology at the Harvard Divinity School and author of the acclaimed *Images as Insight*, sifts through centuries of Christian writing and religious ritual and, above all, Western art to reveal the origins of our attitudes toward women's bodies and their encoded meanings. Broad enough to encompass fourth-century descriptions of Christian baptism and contemporary theories of representation, *Carnal Knowing* is a brilliant, startling work of scholarship whose implications extend far beyond the academy to the way we live and see.

*To Love, Honor, and Vacuum* Baker Books

The Bible has plenty to say about the human body and clothing in ancient times, but modern translations and socially conditioned assumptions have drifted significantly away from ancient cultures and the intent of the earliest texts. Do you know what the Bible really says in the original Greek and Hebrew, or have you trusted what you hear? Perhaps it is time to make a detailed exposition of what the Bible has to say about clothing and nakedness for a believer's life. In these pages, journey with me through a comprehensive study of nearly every passage relating directly to the topic so that we can definitively establish a clear, Biblical position directly from the Bible's words while removing subjective culture and fallible bias as much as we possibly can. Packed with detailed references, archeological illustrations, and historical insights, this painstaking Bible study book will illuminate your readings of misunderstood and mistranslated passages, exposing generations of false interpretation and shameful teachings for a fresh look at a beautiful topic.

*Help Me, Jesus! I Have Nothing to Wear!* P & R Publishing

Increasing numbers of women are engaging in the development and discussion of modest dressing; a movement matched by a growing media and popular demand for intelligent commentary about the topic. *Modest Fashion* sets out to meet that need. As a trend, modest dressing is spreading across the world, yet it is rarely viewed as 'fashion'. Studying consumers and producers, retailers and bloggers, *Modest Fashion* provides an up to the minute account of the art of dressing modestly - and fashionably. Leading scholars in the area, along with journalists, fashion designers, entrepreneurs and bloggers discuss the emergence of a niche market for modest fashion among and between Jewish, Christian and Muslim faith groups as well as secular dressers. Crossing creeds and cultures, analysing commentary alongside commerce, the book probes the personal and the political

Best Sellers - Books :

- [Never Never: A Romantic Suspense Novel Of Love And Fate By Colleen Hoover](#)
- [Oh, The Places You'll Go! By Dr. Seuss](#)
- [Never Lie: An Addictive Psychological Thriller](#)
- [Twisted Games \(twisted, 2\) By Ana Huang](#)
- [The Five-star Weekend By Elin Hilderbrand](#)
- [House Of Flame And Shadow \(crescent City, 3\)](#)
- [The Mountain Is You: Transforming Self-sabotage Into Self-mastery](#)
- [Brown Bear, Brown Bear, What Do You See?](#)
- [How To Catch A Mermaid](#)

as well as religious, aesthetic and economic implications of contemporary dress practices and the debates that surround them.

*Modest Fashion* Wipf and Stock Publishers

*Don't Tease the Wizard* is an explosive cocktail mixed by Max Reno to drink in one gulp. Ingredients? Action. Mystery. Traces of science fiction. With two unforgettable characters: Cyclonette, a sexy and dynamic agent of the Special Affairs Department, and her antagonist G. Hunt, famous scientist called the Wizard for his unusual powers. *Don't Tease the Wizard* by Max Reno is an explosion of astonishing events, from the frantic search for the terrific Red Sky project through China and Russia to the hi-tech marvels of the wizard, from the great passions to the final struggle. Cyclonette vs. the Wizard. It's a match to the bitter end. Because Supermind the fabulous invention of the Wizard and his Bright Dawn plan are a danger for mankind. Who'll be the winner?

*A Return to Modesty* Broadleaf Books

Modesty matters. But since the sexual revolution of the sixties, Americans have found it increasingly difficult to talk about modesty. We have instead become so desensitized to immodesty that the very notion of virtue seems almost to have been lost in the onrushing flood of sensualism. In the face of this relentless trend, Diane and David Vaughan propose a Christian approach to this serious cultural problem. Defining modesty as "dressing, acting, or speaking with propriety, respect, and moderation," they present an approach to modesty that is solidly rooted in Scripture, rather than culture, that shows what modesty is and what it is not, why modesty is so important, and what must be done to nurture modesty in our families and churches. The authors are not content to blame society. Rather, they insist that the problem has worsened because churches and families are doing very little, if anything, to instill an ethic of modesty in children, teens, and adults. Written largely for a Christian audience, *The Beauty of Modesty* is a valuable resource for pastors, educators, youth workers, and parents who are fighting the immodest onslaught that threatens to overwhelm us. - Publisher.

*Sexless in the City* Xulon Press

A much needed tonic for every Christian parent.

*The Cristian Body* Vision Forum

In a Culture of Distortions, Discover God-Defined Womanhood and Beauty In a culture where airbrushed models and career-driven women define beauty and success, it's no wonder we have a distorted view of femininity. Our impossible standards place an incredible burden of stress on the backs of women and girls of all ages, resulting in anxiety, eating disorders, and depression. One question we often forget to ask is this: What is God's design for womanhood? In *Girl Defined*, sisters and popular bloggers Kristen Clark and Bethany Beal offer women a countercultural view of beauty, femininity, and self-worth. Based firmly in God's design for their lives, this book helps women rethink what true success and beauty look like. It invites them on a liberating journey toward a radically better vision for femininity that ends with the discovery of the kind of hope, purpose, and fulfillment they've been yearning for. *Girl Defined* helps readers · discover God's design for femininity and his definition of a successful woman · uncover the secrets of lasting worth, purpose, and fulfillment · be equipped and empowered to live out a radically better vision for womanhood · gain personal insight through the chapter-by-chapter study guide

*The Beauty Suit* HarperChristian + ORM

Straight but sensitive talk to young women about modesty, beauty, self-image, and who God created them to be.

*Women and Modesty in Late Antiquity* Neem Tree Press

Nothing that God created is the source of our human temptation. To the contrary! The human body is the crown of God's creation—consummated by his declaration that it was good. That God's people are unable to view the body without sinning is not an indictment of the body itself, but of the immaturity of the post-modern evangelical mind. We live in a culture whose inhabitants spend billions of dollars a year to see each other naked on internet sites and in pornographic films, yet are often uncomfortable changing in front of each other in locker rooms or even being seen in a swimsuit on the beach. Could it be that we have so profoundly fused the image of the exposed body with sexual gratification that there is no context left for it to be laid bare without evoking either shame or arousal? In *That Famous Fig Leaf*, Chad Thompson explores the spiritual implications of the physical body and, surprisingly, uncovers a new kind of freedom from sexual addiction along the way. Chad critiques the Christian purity movement for conflating purity with prudery, and reveals that changing how we esteem our bodies has the power to heal the hypersexualized body consciousness of our culture.

*Christian Modesty* Wipf and Stock Publishers

The volume discusses nudity and clothing in the Hebrew Bible, covering anthropological, theological, archaeology and religious-historical aspects. These aspects are addressed in three separate sections, enhanced by over a hundred pictures and illustrations. Part I places nudity and clothing in its ancient Israelite context, with discussions of methodology, the ancient Near Eastern evidence (including material culture and iconography), and an assessment of central aspects of the biblical material such as fabrication and uses of textiles, lexicography, theological and anthropological implications. Part II looks at key themes such as mourning, death, encounters with the divine and issues of power and status. Finally, Part III presents several close studies of key passages from narrative, prophetic and wisdom texts where clothing and nudity play an important role.

*The Beauty of Modesty* Cambridge University Press

Candace Cameron Bure first became known to millions as a co-star on the hit ABC television series *Full House*. Today, like her brother Kirk Cameron (*Growing Pains*, *Fireproof*), she is the rare Hollywood actor who is outspoken about her Christian faith and how it helps overcome certain obstacles. Bure's healthy lifestyle has been featured in *US Weekly* and *People* magazines as well as national talk shows including *The View* and *NBC's Today*. In *Reshaping It All*, she continues the story, inspiring women to embrace a healthier lifestyle by moving faith to the forefront, making wise choices, and finding their worth in the eyes of God. Candace shares a candid account of her struggle with food and ultimately her healthy outlook on weight despite the toothpick-thin expectations of Hollywood. More than a testimony, here is a motivational tool that will put readers on the right track and keep them there. In addition to practical advice, Candace offers a biblical perspective on appetite and self control that provides encouragement to women, guiding them toward freedom. Includes 16-page black and white photo insert.



- [The Mountain Is You: Transforming Self-sabotage Into Self-mastery By Brianna Wiest](#)